



FALCON 411

Thursday, August 27, 2009

Fall 2009

Good for You: Creating Healthy Networks

Alrigh, so by now I have a good feeling your social network account is set-up, you've gone through tons of pictures, looking for that perfect profile picture, and you've perfected your profile so that anyone can read it and get a real sense of who you are.

If you haven't set-up an account, I can almost guarantee that you will join or at the least feel pressure to join from your peers in the very near future. While online social communities can be a lot of fun it is extremely important for users to be conscious of the choices they are making regarding how they choose to publicly represent themselves.

Some items to be conscious of while utilizing any social community are:

- **Postings:** Remember the "Golden Rule" don't say anything about someone else that you wouldn't want said about yourself.
- **Pictures:** Do you really want a picture posted of you that doesn't represent you positively?
- **Passwords:** Keep your password

private and change it regularly.

- **Personal Information:** Be mindful of personal information posted. Access to cell phone numbers, class schedules, and home addresses should be restricted via the privacy settings.

- **Groups:** Be sure to read the purpose of the groups that you join. Again, do you really want to join a group that doesn't represent you positively?

- **Your Future:** Remember that not only students have access to online social communities. HR offices may research candidates on Facebook and pictures remaining in cyberspace attached to your name. These can be reasons that candidates are eliminated from a job or internship search. You should treat your online accounts as an online resume and not a private diary.

For more information on socializing safely on online communities, check out: <http://its.uwrf.edu/support/computing/social-networking-guidelines.php>

Mortarboard:

Connect to Campus

Are you nervous about heading down the new path called college? Excited for independence and new experiences, but not so sure what to expect? Or maybe you're worried you won't get along with your new roommate or classmates? Don't worry because you aren't the only student feeling this way.

Make the most of your college experience and connect to UWRF as soon as you can! Once you have developed relationships across campus you are more likely to be a successful college student and you will have the time of your life getting to know the campus community and all of the wonderful people that shape our university!

Here are some ways to get connected:

1. **Join a student organization!** On Tuesday, September 2, a wide variety of UWRF student organizations will be represented at the Involvement Fair in front of the University Center so you can get information about them and start signing up.
2. **Meet with your professors** 1-on-1 during office hours or invite them to lunch with you and some of your friends.
3. **Have dinner** with someone from your class or the people down the hallway in your residence hall.
4. **Go to WOW2** programs throughout the school year! So get out and start connecting! And like always, the FYE Office is here to help so let us know if you have any questions!!

Falcon Challenges:

Information about Falcon Challenges can be found on the next page. Please visit www.uwrf.edu/fye/falconchallenges.htm for more information and to view upcoming Falcon Challenges events!

Career Corner:
Looking for a job? Use
Hire-A-Falcon to help you!

Hidden Gem:
Walk down by the
Kinnickinnic River!

“When you always do what you’ve always done, you’ll always get what you’ve always got. When you want something you’ve never had, you do something you’ve never done before.”

—Mike Murdoch

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FYI from FYE

Attend Weeks of Welcome

Weeks of Welcome (WOW) is designed to help you become successful and well-oriented members of our campus community. WOW gives you the opportunity to meet other new students, returning student leaders, and the University community; all while providing a complete orientation to the “ins and outs” of campus. You don’t want to miss out! Check out WOW online to see our schedule of WOW Activities, night events, and for more details about our program at <http://www.uwrf.edu/fye/weeksofwelcome.htm>

STUDENTS LIVING ON CAMPUS:

Your Resident Assistant will help you find your way to the Weeks of Welcome Activities.

NON TRADITIONAL AND TRANSFER STUDENTS:

Meet at the Falcon’s Nest in the University Center at 8:30am on Tuesday, September 2. The fun doesn’t stop there though. Be sure to check out the WOW2 events scheduled for the rest of the semester at <http://www.uwrf.edu/fye/WOW2.htm>

FYE Falcon Challenges

Falcons, We Challenge You! We challenge you to go, to attend, to cheer, to learn, to have fun! New students kick off their first-year at UWRF with Falcon Challenges as a way to learn about campus activities, events and resources.

By visiting web sites, campus offices, and attending events you will be entered into a raffle drawing to win prizes each week. Then at the end of each semester, there will be a grand prize drawing. The more Falcon Challenges you complete, the greater chances you have to win!

Falcon Challenges may be events, visits to campus offices, or web site searches such as attending athletic events, participating in WOW2 activities, and making appointments with Career Services.

Falcon Prizes may include pizza parties for you and your friends, sideline seating at an athletic event, or an Intramural Team Registration Fee Waiver.

Be sure to visit www.uwrf.edu/fye/falconchallenges.htm for more information!

At a Glance:

Friday, August 21	Fall tuition due to avoid all finance charges
Saturday, August 29	First meal plan meal of fall semester-Dinner Residence halls open for new students
Sunday, August 30	Weeks of Welcome Activities
Monday, August 31	More Weeks of Welcome Activities
Tuesday, September 1	Academic Day Block Party (<i>University Center Mall</i>)
Wednesday, September 2	First day of fall semester-Classes begin
Friday, September 4	Falcon Spirit Day Last day to change a meal plan for fall 2009 Twilight, Movie at 7 and 10 p.m. (<i>Kinnickinnic Theater, UC</i>)
Saturday, September 5	Falcon Tailgate (<i>University Center Mall</i>) Billy Madison, Movie at 7 and 10 p.m. (<i>Kinnickinnic Theater, UC</i>) Late Night DJ and Dance (<i>Falcon’s Nest, University Center</i>)
Sunday, September 6	Labor Day on a Stick (<i>Minnesota State Fairgrounds</i>) Reservoir Dogs, Movie at 7 and 10 p.m. (<i>Kinnickinnic Theater, UC</i>)

Update eSIS Contact Information

This information is important because it’s how you are notified in case of emergencies and how mail is forwarded on to their summer and school year addresses. Students should update their information as soon as possible, preferably before classes begin.

Step 1: Visit www.uwrf.edu

Step 2: Click on eSIS Log On

Step 3: Log in

Step 4: Scroll to bottom of page

Step 5: Review Contact info: Home Address, Main Phone Number, Other Addresses

Step 6: Click on Main Phone Number and add an Emergency Message Phone Type (*Be sure to enter your number without any punctuation and SAVE*)

Need help? Contact IT Support at (715) 425-4357.

University Dining Services

First Meal for Meal Plan Participants

The first meal plan meal will be Dinner on Sunday, August 31 from 4 p.m. until 7:30 p.m. in Riverside Commons on the Lower Level of the University Center.

All-Campus Picnic

Meal plan participants can enjoy an outdoor picnic dinner on Tuesday, September 2 from 5 p.m. until 7:30 p.m. at the University Center Mall. This meal will be considered your dinner for your meal plan.

Fall Semester Meal Plan Change Period

You can change your meal plan online from Monday, August 25 through Friday, September 5. All changes will be invoiced according to your meal plan selection. Contact the University Dining Services for more information regarding invoicing policies and price adjustments.

For more dining services information visit:

<http://sa.uwrf.edu/sa/dining-services/>

Advice from Upperclassmen

“Stick to your gut and don’t let others make up your mind for you. Remember this is NOT high school; professors treat you as adults and expect you to act like one.”

“Keep up with your work; it may take some time along the way, but it will save you lots of time at the end when you are trying to cram!”

“Ask for help if you need it. No one will look down on you for trying to help yourself. All professors that I have talked with are more than willing to go over extra questions you may have and clarify things for you.”

“Seek out all the campus resources students utilize to make them a better student such as the Writing Center, Career Services, Student Health Services, and leadership programs.”

This Edition of the Falcon 411 Has Been Brought to You By:

First-Year Experience Office • Career Services • Accounts Receivable • Dining Services • IT Support