Women’s Basketball

2009-10 UW-River Falls Women’s Basketball Roster
Oct. 26

<table>
<thead>
<tr>
<th>No</th>
<th>Name</th>
<th>Pos.</th>
<th>Hgt.</th>
<th>Yr.</th>
<th>Hometown/Last Team</th>
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<tbody>
<tr>
<td>14</td>
<td>Katie Theisen</td>
<td>G</td>
<td>5-6</td>
<td>Sr.</td>
<td>Andover, MN</td>
</tr>
<tr>
<td>20</td>
<td>Brittany Gregorich</td>
<td>F</td>
<td>5-9</td>
<td>Fr.</td>
<td>Altoona</td>
</tr>
<tr>
<td>21</td>
<td>Tess Lardie</td>
<td>G</td>
<td>5-8</td>
<td>Jr.</td>
<td>Eagan, MN</td>
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<tr>
<td>22</td>
<td>Taylor House</td>
<td>F</td>
<td>5-11</td>
<td>So.</td>
<td>Maple Grove, MN</td>
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<tr>
<td>23</td>
<td>Tiffany Gregorich</td>
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<td>5-5</td>
<td>So.</td>
<td>Altoona</td>
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<tr>
<td>24</td>
<td>Jenna Hanson</td>
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<td>Sr.</td>
<td>Altoona</td>
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<tr>
<td>25</td>
<td>Lauren Pellowski</td>
<td>G</td>
<td>5-6</td>
<td>Jr.</td>
<td>St. Paul, MN/Tartan HS</td>
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<tr>
<td>31</td>
<td>Nikki Guhr</td>
<td>G</td>
<td>5-7</td>
<td>Fr.</td>
<td>Muskego</td>
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<tr>
<td>33</td>
<td>Kelli Hilt</td>
<td>G</td>
<td>5-6</td>
<td>Sr.</td>
<td>Lakeville, MN/North HS</td>
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<tr>
<td>34</td>
<td>Lindsey Olson</td>
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<td>6-0</td>
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<td>Plainview, MN/Plainview-Elgin-Millville HS</td>
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<tr>
<td>35</td>
<td>Maranda Dohrn</td>
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<td>So.</td>
<td>Lake City, MN</td>
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<tr>
<td>40</td>
<td>Alise Holst</td>
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<td>5-8</td>
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<td>42</td>
<td>Melissa Carmody</td>
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<td>Fr.</td>
<td>Barneveld</td>
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<tr>
<td>44</td>
<td>Tracie Gillund</td>
<td>F</td>
<td>6-0</td>
<td>Fr.</td>
<td>Blaine, MN</td>
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**Head coach:** Cindy Holbrook  
**Assistant coaches:** Kathy Holbrook, Mike Babler, Traci Reimann  
**Managers:** Brittany Johnson, Jillian Peterson, DeAnne Bechtold, Kim Lehrmann
<table>
<thead>
<tr>
<th>Name</th>
<th>Position</th>
<th>School Year</th>
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<tr>
<td>Melissa Carmody</td>
<td>Guard</td>
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<td>#42</td>
<td>Barneveld, Wisconsin</td>
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<td>Maranda Dohrn</td>
<td>Forward</td>
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<td>#35</td>
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<td>Outstanding Defensive Player 2009</td>
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<td>Tracie Gillund</td>
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<td>Brittany Gregorich</td>
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<td>Tiffany Gregorich</td>
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<td>Nikki Guhr</td>
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<td>#31</td>
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<tr>
<td>Jenna Hanson</td>
<td>Guard</td>
<td>Senior</td>
<td>5'6</td>
<td>#24</td>
<td>Altoona, Wisconsin</td>
<td>WIAC Scholastic Honor Roll 2009, WIAC Scholastic Honor Roll 2008</td>
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CAREER HIGHS

- Points: 17 vs. Martin Luther, Jan. 26, 2009
- Rebounds: 14 vs. La Crosse, Jan. 21, 2009
- Assists: 3 vs. Eau Claire, Feb. 7, 2009
- Steals: 2 vs. Grinnell, Nov. 29, 2008

CAREER HIGHS

- Points: 17 vs. Martin Luther, Jan. 26, 2009
- Rebounds: 14 vs. La Crosse, Jan. 21, 2009
- Assists: 3 vs. Eau Claire, Feb. 7, 2009
- Steals: 2 vs. Grinnell, Nov. 29, 2008

CAREER HIGHS

- Rebounds: 5 vs. Stevens Point, Jan. 28, 2009
- Assists: 7 vs. Whitewater, Feb. 21, 2009
- Steals: 5 vs. La Crosse, Feb. 11, 2009

CAREER HIGHS

- Points: 17 vs. Oshkosh, Feb. 14, 2009
- Rebounds: 8 vs. Hamline, Dec. 18, 2008
- Assists: 4 vs. Superior, Feb. 4, 2009

Letters: 2
Last Team: Winona State
Kelli Hilt
Guard
5-6
Senior #33
Lakeville, Minnesota
* WIAC All-Sportsmanship Team 2009
* Best Free throw Shooter 2009
* WIAC Scholastic Honor Roll 2009
* Most Steals Award Winner 2008
* WIAC Scholastic Honor Roll 2006
CAREER HIGHS
Points: 18 vs. Stevens Point, Jan. 9, 2008
Rebounds: 8 vs. Oshkosh, Feb. 16, 2008
Steals: 5 vs. Viterbo, Dec. 3, 2009

Alise Holst
Forward
5-8
Sophomore
#40
Plainview, Minnesota
* WIAC Player of the Week, Feb. 2-8, 2009
CAREER HIGHS
Assists: 8 vs. Oshkosh, Feb. 14, 2009

Taylor House
Forward
5-11
Sophomore
#22
Maple Grove, Minnesota
CAREER HIGHS
Points: 19 vs. Judson, Nov. 21, 2008
Rebounds: 11 vs. Judson, Nov. 21, 2008
Assists: 4 vs. Martin, Jan. 26, 2009

Tess Lardie
Guard
5-8
Junior
#21
Eagan, Minnesota
CAREER HIGHS
Points: 16 vs. La Crosse, Feb. 13, 2008
Rebounds: 7 vs. Eau Claire, Feb. 20, 2008
Assists: 6 vs. Saint Mary’s, Nov. 16, 2007
Steals: 3 vs. Platteville, Feb. 2, 2008

Lauren Pellowski
Guard
5-6
Junior
#25
St. Paul, Minnesota
CAREER HIGHS
Points: 14 vs. La Crosse, Jan. 23, 2008
Rebounds: 9 vs. La Crosse, Feb. 13, 2008
Assists: 4 vs. Eau Claire, Feb. 7, 2009
Steals: 3 vs. Stout, Feb. 18, 2009
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<tr>
<th>Name</th>
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<tr>
<td>Katie Theisen</td>
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<td>#14</td>
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<td>DeAnne Bechtold</td>
<td>Manager</td>
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<td>Brittany Johnson</td>
<td>Manager</td>
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<tr>
<td>Kim Lehrmann</td>
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<tr>
<td>Jillian Peterson</td>
<td>Manager</td>
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<td>Lakeville, Minnesota</td>
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Schedule

18-7 Overall, 10-6 WIAC

Nov. 17 River Falls 112, Crown 28
Nov. 19 River Falls 82, Martin Luther 53
Nov. 21 River Falls 78, Viterbo 61
Nov. 24 River Falls 68, Macalester 67

Dec. 2 River Falls 73, Superior 52*
Dec. 5 River Falls 72, Stevens Point 61*
Dec. 15 River Falls 49, Northwestern 37
Dec. 28 River Falls 74, SUNY-Purchase 21 Surf City Classic
Dec. 29 River Falls 63, Washington & Jefferson 59 Surf City Classic

Jan. 2 River Falls 70, St. Scholastica 31
Jan. 6 River Falls 68*, Stout 65* (OT)
Jan. 9 Whitewater 76, River Falls 62*
Jan. 13 La Crosse 67, River Falls 52*
Jan. 16 River Falls 88, Platteville 59*
Jan. 23 Stout 80, River Falls 67*
Jan. 26 Superior 55, River Falls 54*
Jan. 30 River Falls 59, Oshkosh 50*
Feb. 3 River Falls 83, Eau Claire 62*
Feb. 6 River Falls 64, Whitewater 48*
Feb. 13 Stevens Point 70, River Falls 46*
Feb. 17 La Crosse 76, River Falls 67*
Feb. 20 River Falls 57, Platteville 46*
Feb. 23 Stout 86, River Falls 70 WIAC Tournament

* WIAC Games

Game Results

<table>
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<tr>
<th>Date</th>
<th>Location</th>
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<td>Feb. 23</td>
<td>Johnson Fieldhouse, Menomonie, Wis.</td>
<td>UW-Stout 86, UW-River Falls 70</td>
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<td>Feb. 20</td>
<td>Bo Ryan Court, UW-Platteville</td>
<td>UW-River Falls 57, UW-Platteville 46</td>
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<td>Feb. 17</td>
<td>La Crosse, Wis. (Mitchell Hall)</td>
<td>UW-La Crosse 76, UW-River Falls 67</td>
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<td>Feb. 13</td>
<td>Stevens Point, Wis. - Berg Gym</td>
<td>UW-Stevens Point 70, UW-River Falls 46</td>
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<td>Feb. 6</td>
<td>River Falls, Wis. Karges Center</td>
<td>UW-River Falls 64, UW 48</td>
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<td>Feb. 3</td>
<td>Eau Claire, WI - Zorn Arena</td>
<td>UW-River Falls 83, UW-Eau Claire 62</td>
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<td>UW-Superior 55, UW-River Falls 54</td>
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<td>Johnson Fieldhouse Menomonie, WI</td>
<td>UW-Stout 80, UW-River Falls 67</td>
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<td>Jan. 16</td>
<td>River Falls, Wis. Karges Center</td>
<td>UW-River Falls 88, UW-Platteville 59</td>
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<td>Jan. 13</td>
<td>River Falls, Wis. Karges Center</td>
<td>UW-La Crosse 67, UW-River Falls 52</td>
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<td>Jan. 9</td>
<td>Whitewater, WI</td>
<td>UWW 76, UW-River Falls 62</td>
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<td>Jan. 6</td>
<td>River Falls Wis. Karges Center</td>
<td>UW-River Falls 68, UW-Stout 65</td>
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<td>Jan. 2</td>
<td>River Falls, Wis. (Karges Center)</td>
<td>UW-River Falls 70, St. Scholastica 31</td>
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<td>Dec. 29</td>
<td>Irvine, CA (CU Arena)</td>
<td>UW-River Falls 63, Wash. &amp; Jefferson 59</td>
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<td>Dec. 28</td>
<td>Irvine, CA (CU Arena)</td>
<td>UW-River Falls 74, Purchase 21</td>
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<td>Dec. 15</td>
<td>River Falls, Wis.</td>
<td>UW-River Falls 49, Northwestern College 37</td>
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<td>Dec. 12</td>
<td>Kolf Sports Center - Oshkosh, Wis.</td>
<td>UW-River Falls 57, UW-Oshkosh 56</td>
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<td>Dec. 10</td>
<td>River Falls, Wis.</td>
<td>UW-River Falls 70, UW-Eau Claire 59</td>
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<td>UW-River Falls 72, UW-Stevens Point 61</td>
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<td>Dec. 2</td>
<td>Mertz Mortorelli Gymnasium</td>
<td>UW-River Falls 73, UW-Superior 52</td>
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<td>Nov. 24</td>
<td>St. Paul, Minn. (Leonard Center)</td>
<td>UW-River Falls 68, Macalester 67</td>
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<td>R.W. Beggs Senior Gymnasium</td>
<td>UW-River Falls 78, Viterbo University, Wis. 61</td>
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<td>Nov. 19</td>
<td>New Ulm, Minn.</td>
<td>UW-River Falls 82, MLC 53</td>
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<td>Nov. 17</td>
<td>River Falls, Wis.</td>
<td>UW-River Falls 112, Crown College 28</td>
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Falcon News

March 4, 2010

Guards Tiffany Gregorich (So., Altoona, Wis.) and Kelli Hilt (Sr., Lakeville, Minn. North HS) and forward Maranda Dohrn (So., Lake City, Minn.) have all been named to 2010 All-WIAC teams.

Gregorich was named to the first team. Dohrn earned honorable mention and Hilt was named to the All-Sportsmanship team.

Gregorich, 5-5, led the Falcons in scoring averaging 13.8 points a game. She also led the Falcons in assists (56) and was second in steals (47). She shot 110-228 (.482) from the field, including 33-87 (.379) from three point range. She finished 65-81 (.802) from the line. Gregorich, who earned honorable mention to the 2009 All-WIAC team, scored a career-high 30 points in the team's game against Eau Claire on Feb. 3. She also had a career-high eight rebounds in the team's game against Washington & Jefferson on Dec. 29. She scored in double figures in 16 games. Gregorich was named the team's Player of the Week four times and was named the WIAC Player of the Week on Dec. 8.

Dohrn, 6-0, averaged seven points and 7.1 rebounds a game for the Falcons. She led the Falcons in rebounding and blocked shots (20). She also had 13 assists and 19 steals. She shot 68-144 (.472) from the field, including 1-5 (.200) from behind the arc. She was 37-59 (.627) at the line. Her best game of the year was against Bluffton on Feb. 23 when she scored a career-high 23 points and grabbed a career-high 22 rebounds. The 22 rebounds tied the school record. Dohrn was named the team's Player of the week twice and was named the WIAC Player of the Week on Feb. 23.

Hilt, 5-6, averaged 6.1 points and 2.7 rebounds a game. She had 38 assists, 41 steals and a blocked shot. She shot 53-134 (.396) from the field, including 5-31 (.161) from three point range. She was 42-63 (.667) from the line. Hilt, who was named to the 2009 All-Sportsmanship team, scored in double digits three times. She twice scored 11 points in a game and had a season-high six rebounds in the team's game against Stouten Jan. 6. The WIAC's All-Sportsmanship team is for individuals that displayed exemplary sportsmanship throughout the season. The team included one member from each school as selected by that school.

Falcons Lose at UW-Stout in WIAC Tournament Game

Feb. 23, 2010

The Falcon women's basketball team lost a 86-70 decision at UW-Stout in the first round of the WIAC Tournament on Tuesday night.

Stout took control of the game early, played solid defense, and shot well to get the win. The Falcons did not shoot well in the game which hurt their chances.

The first five minutes of the first half were close with the score tied, 9-9, with 15:26 to play when UWRF's Brittany Gregorich hit a jumper. But from there Stout went on a 13-0 run to take a 22-9 lead with 11 minutes to play. The Blue Devils hit three straight three pointers during the run.

The Falcons got the lead back down to single digits when Tiffany Gregorich hit a three with 9:12 to play. But then Stout hit another three to put the Blue Devils lead back to 12, 27-15, with 8:20 to play. With 5:39 to play UWRF's Jenna Hanson hit a jumper to pull the Falcons to within 10, 30-20. With 1:41 to play Stout opened up an 18 point, 40-22 lead when Tricia VanVreede hit a jumper, was fouled, and made the free throw to complete a three-point play. Stout added one more bucket later to take a 42-22 lead into the locker room at halftime.

Tiffany Gregorich led the Falcons with five first half points. Brittany Gregorich, Maranda Dohrn and Alise Holst all scored four. UWRF shot just 8-26 (.308) from the field, including 1-5 (.200) from behind the arc. They were 5-8 from the line. Julia Hirrsig led UWS with 13 points; she was a perfect 4-4 from the field. VanVreede added six points. UWRF shot 14-27 (.519) from the field, including 4-7 (.571) from three-point range. Stout finished 10-15 at the line. UWRF had a 14-13 advantage in rebounds.

UWS started the second half on a 4-0 run to take a 48-22 lead with 17:27 to play. But baskets by UWRF's Holst and Hanson cut the lead to 48-26 with 16:05 to go. Stout opened up a 30 point, 58-28, lead with 13:11 to go when VanVreede hit two free throws.

But the Falcons played hard over the next few minutes going on an 11-0 run. UWRF got back to within 18 points, 67-49, with 8:49 to play when Katie Theisen hit a layup, was fouled and finished the three-point play.

With just under 10 minutes to play the Falcons got a three from Brittany Gregorich to cut the UWS lead to 25 and make it a 67-42 game. The Falcons kept playing hard and with 5:02 to play trailed by 17, 75-58, when Brittany Gregorich hit two free throws. With 2:15 to play Kelli Hilt completed a three-point play to get the Falcons to within 15, 81-66. But that's as close as the Falcons could get on this night.

Holst and Brittany Gregorich led the Falcons with 13 points each. Hilt and Theisen each scored 11. Hilt also led the Falcons with three assists and she tied for the lead with three steals. Holst and Dohrn led UWRF with seven rebounds. The Falcons shot 24-66 (.364) from the field and 3-15 (.200) from behind the arc. They were 19-32 (.594) from the line.

Hirrsig led UWS with 20 points and nine rebounds. VanVreede was second with 19 points and eight rebounds. Stout shot 25-49 (.510) from the field, including 4-9 (.444) from three-point range. They were 32-42 ( 7.62) from the line. Stout had a slight, 41-39, advantage in rebounds.

The Falcons end their season with a 18-7 record.
Feb. 23, 2010

Forward Maranda Dohrn (So., Lake City, Minn.) had a career best day in the Falcon win at UW-Platteville on Saturday and has been named the WIAC Player of the Week according to league Sports Information Director, Matt Stanek.

Dohrn, 6-0, scored a career high 23 points and grabbed a career high 22 rebounds in the team's 57-46 win. The 22 rebounds ties the Falcon record for most rebounds in a game. In the team's two games last week she scored 33 points and had 28 rebounds. She also had one assist, one blocked shot and two steals.

This year Dohrn is fourth on the team in scoring averaging seven points a game. She is the team's top rebounder averaging 7.1 per game and top shot blocker with 20. She also has 12 assists and 19 steals.

Tuesday the Falcons play at UW-Stout at 6 p.m., in the first round of the WIAC Tournament.

Feb. 21, 2010

The Falcon women's basketball team has qualified for the WIAC Tournament and will open play on Tuesday at UW-Stout. Tip off is set for 6 p.m.

The Falcons finished the regular season with an 18-6 overall record. UWR finished 10-6 in the WIAC and tied with UW-La Crosse and Stout for third place. But after a series a tie breakers, La Crosse earned the No. 3 seed, Stout No. 4 and the Falcons No. 5. UW-Whitewater has the No. 1 seed and UW-Stevens Point is No. 2. UW-Eau Claire has the sixth seed.

The Falcons and Blue Devils split in the two games the teams played this year. Both teams won on their home court. On Jan. 6 the Falcons took a 68-65 win in overtime at the Karges Center. On Jan. 23 Stout took an 80-67 win in Menomonie.

Guard Tiffany Gregorich leads the Falcons averaging 14.2 points a game. Her sister, Brittany, averages eight points a game and Maranda Dohrn averages seven. Dohrm had a career-best game on Saturday in the team's 57-46 win at UW-Platteville. She scored 23 points and grabbed 22 rebounds. The 22 rebounds ties the Falcon single game record.

Dohrn is a team's leading rebounder averaging 7.1 a game. Brittany Gregorich is second with a 5.1 average. Tiffany Gregorich leads the team with 56 assists and Alise Holst leads UWRF with 47 steals. Dohrn leads the team with 20 blocks and Taylor House has 19. The Falcons average about 42 rebounds a game - about eight more per contest than their opponents.

UWS finished the regular season with a 15-10 overall record. Julia Hirssig, a 2009 WIAC Player of the Year finalist, leads the Blue Devils averaging 21.1 points a game. She has led Stout in scoring in all but five games this season. She is the league's leading scorer. Kim Stokke is second in scoring averaging 11 points per contest.

Hirssig is also the top rebounder averaging 10.5 per game. She is second in the WIAC in rebounding. Hirssig leads Stout with 44 steals and Stokke leads with 83 assists.

Stout averages 74.4 points and 40.3 rebounds a game.

In the other first round game, Eau Claire will travel to La Crosse on Tuesday. The two winners from Tuesday's games will advance to the WIAC semifinals and those games will be played Thursday. Whitewater will host the lowest remaining seeded team and Stevens Point will host the highest remaining seeded team. The WIAC championship game is slated for Saturday at the site of the highest remaining seeded team.

Feb. 20, 2010

Behind a career-night from Maranda Dorhn, the Falcon women's basketball team beat UW-Platteville on the road in their final WIAC game of the season, 57-46.

Dohrn scored a career-high 23 points, shooting 11-15 from the field, and ripped down a career-high 22 rebounds on the night, tying the single-game record for rebounds. She also recorded one block and had only two personal fouls in the game.

After being tied with UWP with 15:46 left in the first half, the Falcons never gave up the lead again. The team's largest lead came with 13:07 remaining in the second half, when they led by 19 points after a Taylor House free throw.

Stacia Nemitz led the Pioneers with 18 points. Claire Poad shot 4-6 from the field and 3-4 from the three-point line, scoring 11 for UWP. Poad also brought down a team-high six rebounds.

Adding to the front for the Falcons, Jenna Hanson and Kelli Hilt each scored nine points. Brittany Gregorich chipped in seven points and 11 rebounds. Katie Theisen and Alise Holst ended with three and two steals on the evening, respectively.

As a team, the Falcons shot 23-60 (.383) from the field, 1-9 (.111) from beyond the arc and 10-17 (.588) from the free throw line. The team recorded seven steals, and totaled 51 rebounds, almost doubling UWP's efforts with 28 total boards.

The game was the final WIAC game of the season for the Falcons, and they finished with a 10-6 conference record (18-6 overall), tying for third in the conference behind UW-Whitewater and UW-Stevens Point.
UWRF will travel to UW-Stout on Feb. 23, as the No. 5 seed, in the first round of the WIAC Tournament. Tip-off is scheduled for 7 p.m.

**Falcons Fall at UW-La Crosse, 76-67**

Feb. 17, 2010

The Falcon women's basketball team lost on the road to UW-La Crosse, 76-67, in one of their last WIAC games of the season.

The Falcons shot ice cold throughout the game, finishing at 27-72 (.375) from the field, 6-18 (.333) from the three-point line and 7-14 (.500) from the free throw line.

UWRF led only once after a Tiffany Gregorich layup at 16:05 in the first half. La Crosse's Dana Churchill answered with a layup of her own, and the Eagles never trailed again.

It was Churchill and Danielle Frank who led the way for the Eagles, scoring 15 points each. Lindsey Litrenta added 12 points, and Melissa Lang and Taylor Larson scored 11 and 10, respectively. Frank also pulled down 11 rebounds.

Gregorich led the Falcons with 14 points, regardless of shooting 5-15 from the field. She also recorded three steals. Alise Holst had three steals of her own, as well. Katie Theisen added 12 points, after shooting 4-8 from behind the arc. Maranda Dohrn added 10 points on the night with two steals, as well.

Brittany Gregorich finished with nine points, shooting 4-15 from the field, and nine rebounds, leading all Falcons on the boards. As a team, the Falcons out-rebounded the Eagles, 40-36.

The loss puts the Falcons at 9-6 in the WIAC (17-6 overall). The team's next, and final conference game, is Saturday, Feb. 20 at UW-Platteville. The game with tip off at 4 p.m.

**Falcons Lose WIAC Game at UWSP**

Feb. 13, 2010

The Falcon women's basketball team lost a 70-48 decision at UW-Stevens Point on Saturday afternoon.

The game featured two of the three teams that were tied for first place in the WIAC going into Saturday's action. UWSP controlled most of the game to take the win and will at worst stay tied for the league lead with two games to play. Whitewater is the other team that entered Saturday's play tied for first place.

The loss dropped the Falcons to 17-46 overall and 9-5 in WIAC play. UWSP improved to 18-5 and 10-4 in the WIAC.

UWSP's biggest second half lead was 28 points, 58-30, with 9:25 to play. The Falcons made a run after that outscoring UWSP 11-0 to make it a 58-41 game. Nikki Guhr scored five of the 11 points in the run. But the Falcons could not keep the run going and UWSP held on for the win.

Brittany Gregorich led the Falcons with 14 points. Guhr came off the bench to score 12 points. She was 2-2 from behind the arc. Alise Holst scored nine points and Maranda Dohrn led the team with seven rebounds. The Falcons shot just 12-42 from the field, including 2-11 from behind the arc. The Falcons finished 20-27 at the line.

UWSP was led by Britta Petersen who scored 17 points and Andrea Please who scored 14. UWSP was 26-63 from the field, including 4-12 from behind the arc. UWSP was 14-19 at the line. UWSP held a 42-31 advantage in rebounds.

UWSP, ranked No. 20 in the D3hoops.com poll, jumped out to an 8-4 lead in the first half and then went on a 6-0 run to take a 14-4 lead with 14:30 left to play. After a Gregorich basket with 14:09 to go, UWSP went on a 10-2 run to take a 24-8 lead with 11:46 to play. The Pointers kept the pressure on and took a 22 point, 33-11, lead with 5:31 to play when Josi Schultz hit a jumper. Gregorich hit a jumper, Guhr hit a three and Kelli Hilt hit two free throws to make it a 33-18 game with 2:22 to play in the half. Gregorich added two more free throws with 1:43 to go to cut the UWSP lead to 35-20. But the Pointers scored the final four points of the half to take a 39-20 lead into the halftime.

Gregorich led the Falcons with 10 first half points. The Falcons shot just 5-20 in the first half from the field, including 1-6 from behind the arc. URF turned the ball over 14 times compared to seven by the Pointers. UWSP shot 16-34 form the field in the first half and had a 21-16 advantage in rebounds.

The Falcons will next play at UW-La Crosse on Wednesday with action starting at 7 p.m.

**Dohrn Scores Career High 18 Points to Help Falcons to 64-48 Win Over UWW**

Feb. 6, 2010

Maranda Dohrn scored a career-high 18 points to help the Falcon women's basketball team to a 64-48 win over UW-Whitewater on Saturday at the Karges Center.

The win over UWW lifted the Falcons into second place in the WIAC standings. UWRF is just a half game behind first place UW-Stevens Point with three games to play.

Dohrn finished 7-9 from the floor and 4-4 from the line to lead UWRF. Brittany Gregorich added 14 points to aid the Falcon cause. The 14 points ties her career high. Taylor House led the Falcons with nine rebounds.
The Falcons went on to win the game by a margin of 10, 59-49. With 6:20 remaining in the game, Hannah Mesick completed a three-point play for UWEC, and the Falcon lead was cut to ten. The Falcons went on a 9-0 run, not allowing the Blugolds to score a single point for over two minutes, bulking the UWRF lead to 19 with 4:02 remaining.

Mesick went on to score a total of 18 points for Eau Claire, and Jess Freagon chipped in 12. Plendl led all players with 10 rebounds and two blocks.

In addition to Tiffany's performance, Brittany Gregorich chipped in 10 points, seven boards and a block. Katie Theisen had nine points, and Kelli Hilt and Tess Lardie each recorded seven points of their own. Maranda Dohrn managed to rip down seven rebounds as well. Nikki Guhr tied with Tiffany to lead all players with three steals.

As a team, UWRF shot 31-53 (.585) from the field, 9-17 (.529) from the three-point line and 12-16 (.750) from the free throw line.

The victory puts the Falcons at 17-4 overall and 9-4 in the WIAC. UWRF will next play at Stevens Point on Feb. 13 with action starting at 3 p.m. First place in the WIAC will be on the line.

Gregorich Scores Career High; Falcons Beat Blugolds, 83-62
Feb. 2, 2010

Tiffany Gregorich scored a career-high 30 points at UW-Eau Claire on Wednesday night, helping lead the Falcons to an 83-62 victory over the Blugolds.

Gregorich had 20 of her 30 points at the end of the first half. She shot 10-12 from the field and 4-5 from the free throw line. In addition, Gregorich went 6-8 from the behind the arc, putting her in possession of the third most three pointers made in a single in UWRF women's basketball history. She also had five rebounds and three steals.

The Blugolds led only once, off a free throw by Ellen Plendl to put the first points on the board for either team. But after 30 seconds had gone by, the Falcons were ahead, never to trail again.

With 6:20 remaining in the game, Hannah Mesick completed a three-point play for UWEC, and the Falcon lead was cut to ten. The Falcons went on a 9-0 run, not allowing the Blugolds to score a single point for over two minutes, bulking the UWRF lead to 19 with 4:02 remaining.

Mesick went on to score a total of 18 points for Eau Claire, and Jess Freagon chipped in 12. Plendl led all players with 10 rebounds and two blocks.

In addition to Tiffany's performance, Brittany Gregorich chipped in 10 points, seven boards and a block. Katie Theisen had nine points, and Kelli Hilt and Tess Lardie each recorded seven points of their own. Maranda Dohrn managed to rip down seven rebounds as well. Nikki Guhr tied with Tiffany to lead all players with three steals.

As a team, UWRF shot 31-53 (.585) from the field, 9-17 (.529) from the three-point line and 12-16 (.750) from the free throw line.

The victory puts the Falcons at 16-4 overall, 8-4 in the WIAC. They are one game out of first place (behind Stevens Point) and a half-game out of second (behind Whitewater). The team's next game is Saturday, Feb. 6. The Warhawks of UW-Whitewater travel to take on the Falcons at the Karges Center for a 5 p.m. tip off.

Falcons Pull Out Win Over UW-Oshkosh, 59-50
Jan. 30, 2010

Behind the Gregorich sisters, the Falcons were able to pull out a victory over the Titans of UW-Oshkosh Saturday night at the Karges Center. After leading at halftime by only two, UWRF managed to win the game with a final score of 59-50.

The lead waivered back and forth between the two teams for the majority of the first half. Around the 13:37 mark, Oshkosh seemed to run away for a bit, leading by seven after a Megan Wenig three pointer.

When the clock read 6:09, a three pointer by Katie Kitzke put the Titans up by eight. By the time there was 5:45 remaining in the half, Tiffany and Brittany Gregorich fired up, scoring a combined eleven points. Brittany assisted the ball to Tiffany who sunk a three pointer to put the Falcons within five. After a strong defensive stop, Tiffany turned around to assist a Brittany-shot three pointer. Tiffany went on to score another three pointer while Brittany finished on a solid lay up. After Tiffany's second three, the Falcons had pulled ahead by one, and Brittany's lay up at 3:40 put UWRF ahead by three.

At the end of the first half, the Falcons were ahead by two, 29-27. UWRF held their lead until 8:15 remained in the second half. Another Kitzke three put the Titans ahead by one. With 5:14 remaining, the game was tied at 42. Ashley Winterfeldt shot two free throws, putting the Titans up by one. They would not see the lead again.

The Falcons went on to win the game by a margin of 10, 59-50.

Tiffany Gregorich led all scorers with 18 points, two steals and seven rebounds. Kelli Hilt chipped in 11 points, and Brittany Gregorich finished with 10 points. Maranda Dohrn pulled down seven boards, and Tess Lardie added two steals. It was Kitzke who led the Titans, finishing with 10 points.
As a team the Falcons shot 20-48 (.417) from the field, 5-10 from the three-point line and 14-20 (.7) from the free throw line. They finished with six steals, 16 turnovers and 36 total rebounds.

The victory puts the Falcons at 7-4 in the WIAC (15-4 overall). Their next game will be Wednesday at UW-Eau Claire, starting at 7 p.m.

Yellowjackets Sting Falcons in 55-54 Upset
Jan. 27, 2010

After leading by as many as 13, the Falcons fell to the UW-Superior Yellowjackets on Wednesday night at the Karges Center, regardless of a 21-point night by Tiffany Gregorich.

The Falcons led by 13 after a Jenna Hanson field goal with 12:10 remaining in the first half. After fouls by Tess Lardie, Alise Holst, Maranda Dohrn and Kelli Hilt within five minutes, UWRF led by only five, 24-19 with 4:57 left in the half. Superior guard Connie Urmsani hit a lay-up at the end of the half. The Falcons led by three to start the second half, 29-26.

With 12:27 left in the second half, Urmsani hit a three-pointer to tie the game at 36. UWRF and UWS battled throughout the rest of the game, neither team leading by more than five.

Superior led by five with 2:42 to play. After a 1-1 appearance at the free throw line by Taylor House, the Falcons pulled within four, 51-47. Later, Gregorich went 1-1 from the charity stripe and was immediately fouled again. On her encore performance at the free throw line, she made both shots, cutting the Yellowjacket lead to one, 51-50.

After a missed free throw by Superior, Gregorich made a lay-up, putting UWRF up by one. Superior made a lay-up, but Gregorich regained a Falcon lead after sinking two more free throws. With 0:15 left in the game, UWRF led 54-53.

Casteel Miller drove the lane and sank the shot for the Yellowjackets with 0:03 remaining. Falcon Head Coach Cindy Holbrook called two timeouts back-to-back to set up a last-second play. Gregorich received the ball at half court and missed the final shot by inches. The final scored showed Superior on top, 55-54.

Gregorich led the Falcons with 21 points and six rebounds. She also led all defenders with three steals. She shot 6-10 from the field, 1-4 from behind the arc and 8-9 from the free throw line.

House finished with seven points and four rebounds. Brittany Gregorich chipped in nine rebounds, to lead all players.

As a team, the Falcons shot 18-55 (.327) from the field, 2-16 (.125) from behind the arc and 16-24 (.667) from the free throw line. They turned the ball over 21 times and ripped down 41 total rebounds. In addition, UWRF finished the game with 12 steals.

The loss puts the Falcons at 64-67 WIAC Game at UW-Stout
Jan. 23, 2010

The Falcon women's basketball team, ranked No. 21 in the nation, fell to UW-Stout in Menomonie on Saturday night, 80-67, to fall to 14-3 on the year.

The Falcons started fast in this contest. The Falcons jumped out to a seven point lead at the first media timeout after Alise Holst hit a jumper. Stout would then go on a run to take its biggest lead, 35-27, with 2:51 to play. But the Falcons would respond and a layup by Taylor House with just a few seconds remaining in the first half would bring the Falcons within four points at halftime, 39-35.

The Falcons would not take the lead back for the rest of the game. Stout began to pull away from the Falcons with about 13 minutes left when Danielle DeWitt hit two free throws to put Stout up by double digits. Kimmy Keehr of Stout would hit a shot from beyond the arc to put her team up 14 with 9:16 left in the game.

Tiffany Gregorich and Maranda Dohrn were the only Falcons to score in double figures. Gregorich had 12 points with seven assists and six rebounds in her attempt to take over the contest. Dohrn led the team with 16 points and added eight rebounds, falling just shy of a double-double. Holst had eight points to go along with a team high four steals on the evening.

The Falcons shot 33 percent from the field and 72 percent from the charity stripe. Defensively the Falcons allowed Stout to shoot over 50 percent for the evening and 43.9 percent from beyond the arc. The Falcons had trouble containing Julia Hirssig who scored 20 and she grabbed a career-high 18 rebounds.

The Falcons will next host UW-Superior on Wednesday at the Karges Center. Action starts at 7 p.m. UWRF is now 6-3 in WIAC play. UWRF is a game out of first place in the WIAC standings.

Falcons Drop 80-67 WIAC Game at UW-Stout
Jan. 23, 2010

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The Falcons will next host UW-Superior on Wednesday at the Karges Center. Action starts at 7 p.m. UWRF is now 6-3 in WIAC play. UWRF is a game out of first place in the WIAC standings.

**Falcons Snap Losing Streak With Big Win Over UW-Platteville**

Jan. 16, 2010

The Falcons beat UW-Platteville, 88-59, Saturday night at the Karges Center to improve to 14-2 this season.

With the Falcon win, combined with a Whitewater loss, UWRF is now in first place in the WIAC standings with a 6-2 record. Whitewater, Stevens Point and Eau Claire are all 5-2 in WIAC play.

The Falcons started off well in Saturday’s contest, but it wasn’t until about halfway through the first half that the Falcons would really take off. Britanny Gregorich drained a three-point shot with 11:36 left in the first half to put the Falcons up by eight. Nikki Guhr followed that up with a steal and layup on the ensuing possession to pull the Falcons ahead by double digits. The two teams would exchange hoops throughout the first half and the Falcons took a 40-29 lead into halftime.

The Falcons would pull away little by little in the second half. With 14:39 remaining in the game Katie Theisen hit a three-point shot from downtown to put the Falcons up by 20 points. Taylor House’s layup with 12:59 left put the Falcons up by 25 points. With 5:36 left in the game Jenna Hanson would hit a three-point shot to put the Falcons up by 34, their largest lead of the night.

The Falcons played a very impressive game to snapped their two game losing streak. The Falcons shot 50 percent from the field, including five field goals from beyond the arc.

House led the Falcons in scoring with a career-high 21 points coming off the bench. She also added six rebounds an assist and a steal. Britanny Gregorich also scored in double figures with 13 points in the contest to go along with nine rebounds and six assists. Many other players added to the scoring including Tiffany Gregorich and Maranda Dohrn with nine and eight points respectively. Kelli Hilt added four points, five rebounds, two assists and two steals.

The Falcons will go on the road to take on UW-Stout on Saturday at 4 p.m.

**Falcons Drop WIAC Game to UWL, 67-52**

Jan. 13, 2010

The Falcon women's basketball team fell to UW-La Crosse on Wednesday night, 67-52, at the Karges Center.

La Crosse jumped out to a lead early on and did not relinquish the lead for the rest of the night. Consecutive three-point shots from downtown by La Crosse's Taylor Larson put the Eagles up by 10 points early in the first half. Tiffany Gregorich hit a shot with 2:33 left and was fouled. Gregorich would convert on the free throw to pull the Falcons within 10. Britanny Gregorich made two free throws to pull UWRF to within eight points. The Falcons would be down by 10 at the half, 33-23.

River Falls would not recover from this deficit throughout the second half. La Crosse would battle the Falcons with a balanced attack. Five Eagles scored in double figures and one player score nine points. Only two Falcons would score in double figures in the contest.

La Crosse shot over 50 percent from the field in this contest. River Falls only converted 29.5 percent from the field. La Crosse also shot 40 percent from downtown while River Falls only shot 18.2 percent. River Falls got 20 points from their bench. Tiffany Gregorich led the team with 13 points, and Maranda Dohrn scored 10. Taylor House led the team in rebounds with six.

River Falls, now 13-2 overall and 5-2 in WIAC play, will next host UW-Platteville at 5 p.m., on Saturday at the Karges Center.

**Falcons Lose for First Time at UWW, 76-62**

Jan. 9, 2010

The Falcon women's basketball team lost at UW-Whitewater, 76-62, on Saturday night to snap the team's winning streak at 13 games.
The Falcons would keep it close with Whitewater for the beginning of the first half. Whitewater would go on a run with about
nine minutes to go in the half. Heidi Sonntag hit a jumper to put the Warhawks up, 22-16, and after that Chantel Burg hit a
jump shot and followed that up adding two free throws. The Warhawks would continue to pull away from the Falcons until
Taylor House hit two free throws to pull UWRF to within 12 points.

The second half would not go much differently than the first. The two teams traded baskets until the Warhawks again went on
another run. The Falcons were down 11 points when the Warhawks Kelsey Henderson knocked down a three-point shot. The
trey was followed by a couple of layups before the Falcons would score again.

House would be the main source of points in the later part of the game on her way to 21 points on the night. With 5:34 left in
the second half and the Falcons behind by 13, House gave the Falcons a glimmer of hope beginning with a layup. Following
that House would add three consecutive free throws. She would score two more driving shots in the game; the later of the two
with 1:47 remaining, but the Falcons trailing by 13 still.

The Warhawks proved to be too much for the Falcons on this night. The Falcons shot just 39 percent from the field in this
game, and were a disappointing 0-7 from beyond the arc. Twenty-four turnovers plagued the Falcon offense. Whitewater
would shoot a whopping 40 free throws throughout the course of the game.

House was the main source of offense for the Falcons. She led the team with 21 points and also added five rebounds and a
steal; House shot 8-9 from the field in the game. Tiffany Gregorich added 14 points, three rebounds and an assist in the
contest. 

Defensively the Falcons played a good game. With eight steals in the game and 31 total rebounds the Falcons were very close
statistically with the Warhawk defensive numbers. Brittany Gregorich led the Falcons squad with seven rebounds on the night.

The Falcons were ranked No. 13 in the D3hoops.com poll, while the Warhawks were ranked No. 19. The Falcons are 5-1 in
WIAC play now, a half game ahead of the 4-1 Warhawks. The Falcons set a school record with 13 straight wins before
Saturday's loss at UWW.

The Falcons will take their 13-1 overall record back to the Karges Center when they host UW-La Crosse at 7 p.m., on
Wednesday.

**Falcons Top Stout in OT to Remain Unbeaten**

**Jan. 6, 2010**

River Falls remains undefeated as they beat UW-Stout in a thrilling overtime game, 68-65, on Wednesday night at the Karges
Center.

The Falcons moved to 13-0 on the season and remained perfect in conference play moving their impressive record to 5-0. The
Falcons entered the game ranked 13th in the D3hoops.com top 25 poll. UW-Stout entered the contest with a record of 7-5 and
was 3-1 in the WIAC play.

The Falcons and the Blue Devils traded leads early and often in the first half. The Falcons attempted to take a lead and run
away with the game, but the Stout team would not allow that to happen. The Falcons would enter the locker rooms with a lead
during the second half. The second half took much like the first with lead changes and the score very close. With about eight minutes left in the
second half the Falcons took their largest lead of the evening; 48-39 when Alise Holst hit two free throws.

With 6:30 to play Falcon Tess Lardie hit two free throws to give the Falcons another nine point, 50-41, lead. 

But then Stout got back in the game by going on a 7-2 run to draw within 52-50 with 4:28 to go when Julia Hirssig hit two free
throws. With 2:02 to play and with the Falcons leading, 56-54, Stout’s Megan Maslowski hit a three to give her team a one-
point lead.

With 1:41 to go Lardie hit 1-2 free throws to tie the game, 57-57. With 1:16 to play UW’S's Danielle DeWitt hit a jumper to
give her team a 59-57 lead.

With just 16 seconds to play UWRF’s Tiffany Gregorich hit two free throws to tie the game and that’s how regulation ended.

Lardie started the overtime by scoring the first two baskets for the Falcons. River Falls would hold that lead through the
overtime period. The Blue Devils would keep it close with Maslowski adding two of her 12 points with nine seconds left to
come within one point. Kelli Hilt would put in two free throws, part of her 10 points and six rebounds, to give UWRF a three-
point lead that would prove to be the final score.

The Falcons had trouble defending three of the Blue Devil players on Wednesday night. Hirssig, Maslowski, and DeWitt
combined for 42 points for the Blue Devils.

The Falcons were lead by a cast of players as well. Hilt scored 10 points in this contest. Lardie scored 12 points and added six
rebounds. Maranda Dohrn had a wonderful performance earning a double-double with 11 points and 13 rebounds. Tiffany and
Brittany Gregorich added nine and eight points respectively.

The Falcons will take their impressive record to Whitewater on Saturday; they will play at 5 p.m. UWW is ranked No. 19 in
the D3Hoops.com poll and enter the game with a 10-3 overall record. They are just a game behind the Falcons in the WIAC
standings with a 3-1 record.
Falcons Stay Perfect After 70-31 Win Over St. Scholastica

Jan. 2, 2010

The Falcons won big against St. Scholastica Saturday night at the Karges Center. The Falcons won, 70-31, improving to 12-0 on the season.

The Falcons and St. Scholastica battled hard against each other early on. The two teams traded the lead several times early on in the contest. The score was tied at 13 when Maranda Dohrn made a layup that would prove to put the Falcons up for good.

After that the Falcons would run out to a 31-15 advantage at the half.

St. Scholastica did not fare much better in the second half against the Falcons, who are ranked No. 18 in the D3hoops.com top 25 poll. The Falcons would put up 39 second half points and only would allow 16.

The Falcons won the game with a great all around performance. Offensively, the Falcons played great shooting 40 percent from the field. Alise Holst and Taylor House led the Falcon offense with 14 points each. Tess Lardie helped out with 10 points, four rebounds, and two assists. Kelli Hilt also had a great game scoring nine points and adding two rebounds and two assists. Jenna Hanson tallied five points and grabbed three rebounds.

Dohrn was tied for the team lead with six rebounds on the night. The Falcons out-rebounded St. Scholastica offensively 24-12.

The Falcons played a great game on the defensive front as well holding St. Scholastica to .245 shooting from the field. The Falcons also won the defensive rebounding battle 25-19. The Falcons, though, swiped the ball away from St. Scholastica players a whopping 21 times, and scored a total of 25 points off those turnovers. Hanson and House both led the team with four steals each.

The Falcons got a chance to allow every player to gain some experience from this game. Every player in uniform recorded either some points or an assist in this contest.

The Falcons return to WIAC play on Jan. 6 when they host UW-Stout at the Karges Center at 6 p.m. UWRF is in first place in the WIAC with a 4-0 record while UWS is just a game back with a 3-1 overall record. Stout is 7-5 overall.

Gregorich, Holst Named to Surf City Classic All-Tournament Team

Dec. 31, 2009

Sophomores Tiffany Gregorich and Alise Holst were both named to the Surf City Classic All-Tournament team.

The Falcons won both games in the Classic. On Monday the Falcons beat SUNY-Purchase, 74-21, and on Tuesday defeated Washington & Jefferson, 63-59.

The two wins improved the team's record to 11-0. The Falcons are ranked No. 20 in the latest D3hoops.com poll.

Against SUNY-Purchase, Gregorich scored four points and had four rebounds in 16 minutes of playing time. She had one assist and four steals. Holst scored seven points and had four rebounds in the game. She also had two assists and two steals in 15 minutes of action.

Gregorich, a 5-5 guard from Altoona, Wis., led the Falcons in the win over W&J scoring 21 points. She also pulled down eight rebounds, had two assists and three steals. She scored 10 of the team's last 14 points in the come-from-behind win. The Falcons trailed by eight points with 4:09 to play before rallying for the win. Holst, a 5-8 forward from Plainview, Minn., also had a big game scoring 13 points and she had four rebounds, one steal and a blocked shot.

The Falcons will host St. Scholastica in a non-conference game on Saturday at 5 p.m., at the Karges Center. UWRF returns to WIAC play on Jan. 6 when they host UW-Stout at 6 p.m., at the Karges Center. The Falcons are in first place in the WIAC with a 4-0 record.

Falcons Earn Come-From-Behind Win in California; Stay Undefeated

Dec. 29, 2009

The Falcon women's basketball team earned a hard-fought 63-59 come-from-behind win over Washington & Jefferson on Tuesday night in Irvine, Calif.

The Falcons, ranked No. 20 in the latest D3hoops.com poll, won their 11th straight game and stayed perfect on the season. Washington & Jefferson entered the game with a 7-1 overall record.

W&J led for most of the first half and had four seven-point leads. The last came with 3:53 to play. UWRF got to within three points, 22-19, with 22 seconds to play. But W&J's Stephanie Smith hit a three with just seven seconds to go to give her team a 25-19 lead after the first 20 minutes.

The Falcons battled back in the second half and drew to within a couple of points several times. With 8:57 to go the Falcons finally took the lead, 41-40, when Alise Holst hit a jumper. W&J tied the game with 7:56 to go when Kennan Killeen hit two free throws. W&J then went on a 10-2 run over the next three minutes to take a 52-44 lead.
But the Falcons scored the next four points to get back in the game. Three of the points came on a three-pointer by Tiffany Gregorich and the Falcons trailed, 54-50. After Smith hit a jumper to give her team a six point, 54-48, lead with 2:52 to go, the Falcons put on the pressure to get back in the game. UWRF scored the next five points to get within one, 54-53, with 2:06 to go. With 1:52 to play Tiffany Gregorich tied the game, 56-56, when she scored on a layup, was fouled, and made the free throw.

After W&J hit a free throw, the Falcons scored four points to take a 60-57 lead. Kelli Hilt and Tiffany Gregorich both scored on layups to give the Falcons the lead with 46 seconds to play. But W&J's Alyssa Oursler hit a jumper with 31 seconds to play to pull her team to within one, 60-59. With 23 seconds to play Tiffany Gregorich was fouled and she made both free throws to put UWRF ahead, 62-59. The Falcon defense held and with just eight seconds to go Brittany Gregorich was fouled and she made one of two free throws to seal the victory.

Tiffany Gregorich led the Falcons with 21 points and eight rebounds. She also had three steals and two assists. Holst added 13 points and four rebounds. Tess Lardie added nine points and four rebounds. Taylor House finished with a team-high 11 rebounds and she scored seven points. House finished with six offensive rebounds.

UWRF shot 21-63 (.333) from the field, including 3-16 (.188) from three-point range. They were 18-27 (.667) from the line.

W&J was led by Smith who scored 17 points and Oursler who scored 10. W&J shot 19-49 (.388) from the field, including 6-16 (.375) from behind the arc. They were 15-18 (.833) from the line.

On Saturday the Falcons will host St. Scholastica at 5 p.m., at the Karges Center.

**Falcons Get Big Win Over SUNY-Purchase**

**Dec. 28, 2009**

The Falcon women's basketball team put together a big first half en route to a 74-21 win over SUNY-Purchase on Monday night at the Surf City Classic in Irvine, Calif.

The Falcons, ranked No. 20 in the latest D3hoops.com poll, led, 43-14, at halftime. They went on a 13-2 run to take an early lead, 17-2 with 14:03 to play. The team's biggest lead was 31 points, 43-12, with 23 second to play. In the first half Taylor House led the Falcons with nine points. She also had four rebounds. Maranda Dohrn finished the first 20 minutes with six points and six rebounds. The Falcon defense played well holding SUNY-P just to 6-21 shooting (.286) from the field. The Falcons had a dominating 33-13 advantage in rebounds after the first 20 minutes.

The Falcons kept the pressure on in the second half. The team's biggest lead was 55 points, 74-19, with 2:43 to go when Melissa Carmody hit a jumper.

Every Falcon played at least nine minutes in the game and every player scored at least one point. Brittany Gregorich led the offense with 11 points. House finished with nine points and she led the team with three blocks. Jenna Hanson, who scored six points, led UWRF with four assists. Kelli Hilt, who scored six points, led UWRF with five steals.

The Falcons finished the game with 22 steals, 12 blocked shots and 22 assists. The Falcons double up SUNY-P in rebounds and finished with a 62-31 advantage. The Falcons finished with 26 offensive rebounds. UWRF shot 30-70 (.429) from the field, but just 1-15 (.067) from three-point range. The Falcons were 13-20 (.650) from the line.

SUNY-P was led by Jasmine Davis who scored six points and she grabbed five rebounds. Purchase finished 8-52 (.154) from the field, including 2-10 (.200) from behind the arc. They were 3-10 (.300) from the line.

The Falcons, now 10-0 overall, will next play Washington & Jefferson at 6 p.m. (PT) on Tuesday. Washington & Jefferson enters the game with a 7-1 record.

**Falcons, Holst Battle in Win Over Northwestern**

**Dec. 15, 2009**

After leading at halftime with a score of just 12-9, the Falcons battle back to beat Northwestern, 49-37. Alise Holst scored 17 second-half points to help advance the Falcons to an unbeaten 9-0 overall record.

At halftime, the Falcons led the Eagles 12-9, and there were a combined team total of 20 turnovers. Alise Holst had no points, shooting 0-4 from the field and 0-1 from behind the arc. She came out in the second half and made a three-pointer, two lay-ups and free throw in two minutes. Later, she had a five-point play, sinking a three-pointer and two foul shots given after the play. She ended the game with 17 points, all in the second half, four rebounds, four assists and four steals. She shot 6-15 from the field, 2-6 from the three-point line and 3-3 from the charity stripe.

Aiding Holst in the win over the Eagles, Tiffany Gregorich added 15 points, seven rebounds and five steals. Maranda Dohrn pulled down 10 boards, and Kelli Hilt added four steals.

The game was tied at 20 with 8:01 to play, but after a lay-up by Gregorich, two free throws by Katie Theisen, Holst's five-point play and two free throws by Tess Lardie, the Falcons were ahead by nine. After an Eagle timeout and a Lardie foul, the Falcons sealed the deal behind four points from Hilt, two from Gregorich and two from Lardie.

Hilt recorded five points, four assists and four steals in the game, and Lardie finished the night with four points and four rebounds. Brittany Gregorich chipped in four points and seven boards, shooting a cold 1-12 from the field. Lauren Pellowski and Thiesen each added two points.
Leading the front for the Eagles were Katie DeWitt and Kaelee Kendrick who each finished with 11 points and 11 rebounds. DeWitt also had the team high three assists. Ariel Liesch chipped in seven points and six rebounds.

As a team, UWRF shot a dismal 4-42 (.095) from the field in the first half, but managed to shoot 13-29 (.333) in the second for a combined shooting total of 17-71 (.239) on the night. They shot 5-19 (.263) from behind the arc and 10-14 (.714) from the free throw line. The Falcons finished the game with 15 turnovers, after forcing 29 turnovers out of the Eagles. UWRF also recorded 17 steals, as well.

The team is now 9-0 overall, adding to the best start any women's basketball team has ever seen in UWRF history. Their next games are part of the Surf City Classic at Concordia University in Irvine, Calif. On Dec. 28, the team takes on SUNY-Purchase at 8 p.m. (PT), and on Dec. 29, the Falcons will face a tough Washington & Jefferson team at 6 p.m. (PT).

**Falcons Knock Off No. 15 UWSP, Remain Undefeated**

Dec. 9, 2009

The Falcons advance to 6-0, the best start any women's basketball team at UWRF, after beating UW-Oshkosh, 57-56 on Saturday night at the Kolf Sports Center in Oshkosh.

Tiffany Gregorich led the Falcons with 10 points, and Kelli Hilt added nine. Maranda Dohrn and Brittany Gregorich each finished with eight points. Dorhn and Alise Holst each brought down eight rebounds.

At the half, the Falcons were up by six, 26-20; six points was the greatest lead of the half. After back-to-back three pointers by Tiffany Gregorich and Jenna Hanson and a lay-up by Tess Lardie, the Falcons held a six-point lead with 4:34 to go in the half. The Titans made a run, tying the game at 20 with 2:06 remaining, but a Tiffany Gregorich three-pointer and a jump shot by Hilt followed by a 1-2 free throw appearance by Tiffany Greorich gave the Falcons their half-time lead.

The Falcons never trailed in the second half, and they were up by as much as 15 with 5:18 to play. Three UWRF fouls in two minutes helped the Titans crawl back into the game. Free throws by Laura Ebbens, Melissa Franken and Heidi Barneveld helped UWO out in the long run.

With 2:50 remaining, Michelle Boeder hit a three-pointer to put the Titans within 10. After a lay-up, Boeder went on to hit two more clutch three-pointers with 1:18 and :16 remaining. With just :13 left, the Titans trailed the Falcons by five.

A foul by Brittany Gregorich put Ebbens on the line for UWO with :08 remaining. She sunk both free throws, putting the Titans within three. With :01 remaining, Megan Wenig made a lay-up to end the scoring.

Although the win was sloppy and the team gave up a 15-point lead in five minutes, the victory over UWO teamed with a UW-Plateville loss, puts the Falcons in sole possession of first place in the WIAC with a 4-0 record.

In the game, Tiffany Gregorich went 3-8 from the field, 2-5 from the three-point line and 2-4 from the free throw line. Hilt shot 2-5 from the field, 1-3 from behind the arc and a perfect 4-4 from the charity strip. Katie Thiesen shot 2-3 from the three-point line, finishing with six points.

Leading the front for the Titans were Boeder and Ebbens who finished with 15 and 12 points, respectively. Shelby Churchill recorded 10 rebounds on the night.

As a team, the Falcons shot 21-54 (.389) from the field, 7-22 (.318) from the three-point line and 8-12 (.671) from the free throw line. They committed 20 turnovers, and only forced 15 from the Titans. Dohrn and Taylor House each had three blocks. UWRF finished with 41 rebounds, outrebounding UWO by four.

The Falcons will next host Northwestern College on Tuesday at the Karges Center. Tip-off is scheduled for 6 p.m.

**Falcons Remain Unbeaten After Win in Oshkosh**

Dec. 12, 2009

The Falcons advance to 8-0, the best start any women's basketball team at UWRF, after beating UW-Oshkosh, 57-56 on Saturday night at the Kolf Sports Center in Oshkosh.

Tiffany Gregorich led the Falcons with 10 points, and Kelli Hilt added nine. Maranda Dohrn and Brittany Gregorich each finished with eight points. Dorhn and Alise Holst each brought down eight rebounds.

At the half, the Falcons were up by six, 26-20; six points was the greatest lead of the half. After back-to-back three pointers by Tiffany Gregorich and Jenna Hanson and a lay-up by Tess Lardie, the Falcons held a six-point lead with 4:34 to go in the half. The Titans made a run, tying the game at 20 with 2:06 remaining, but a Tiffany Gregorich three-pointer and a jump shot by Hilt followed by a 1-2 free throw appearance by Tiffany Greorich gave the Falcons their half-time lead.

The Falcons never trailed in the second half, and they were up by as much as 15 with 5:18 to play. Three UWRF fouls in two minutes helped the Titans crawl back into the game. Free throws by Laura Ebbens, Melissa Franken and Heidi Barneveld helped UWO out in the long run.

With 2:50 remaining, Michelle Boeder hit a three-pointer to put the Titans within 10. After a lay-up, Boeder went on to hit two more clutch three-pointers with 1:18 and :16 remaining. With just :13 left, the Titans trailed the Falcons by five.

A foul by Brittany Gregorich put Ebbens on the line for UWO with :08 remaining. She sunk both free throws, putting the Titans within three. With :01 remaining, Megan Wenig made a lay-up to end the scoring.

Although the win was sloppy and the team gave up a 15-point lead in five minutes, the victory over UWO teamed with a UW-Plateville loss, puts the Falcons in sole possession of first place in the WIAC with a 4-0 record.

In the game, Tiffany Gregorich went 3-8 from the field, 2-5 from the three-point line and 2-4 from the free throw line. Hilt shot 2-5 from the field, 1-3 from behind the arc and a perfect 4-4 from the charity strip. Katie Thiesen shot 2-3 from the three-point line, finishing with six points.

Leading the front for the Titans were Boeder and Ebbens who finished with 15 and 12 points, respectively. Shelby Churchill recorded 10 rebounds on the night.

As a team, the Falcons shot 21-54 (.389) from the field, 7-22 (.318) from the three-point line and 8-12 (.671) from the free throw line. They committed 20 turnovers, and only forced 15 from the Titans. Dohrn and Taylor House each had three blocks. UWRF finished with 41 rebounds, outrebounding UWO by four.

The Falcons will next host Northwestern College on Tuesday at the Karges Center. Tip-off is scheduled for 6 p.m.

**Falcons Knock Off No. 15 UWSP, Remain Undefeated**

Dec. 5, 2009

Ranked No. 15 in the nation, UW-Stevens Point visited the Karges Center to take on the 5-0 Falcons. The Gregorich sisters teamed up for 33 points in the Falcons 72-61 victory over the Pointers.

Tiffany Gregorich finished the night with 19 points, and Brittany Gregorich chipped in 14 points of her own. Tiffany scored 13 points in the second half, and Brittany had nine second-half points of her own. In addition, Tiffany shot 7-13 from the field, 1-3 from the three-point line and 4-4 from the free throw line. She also had a team-high three steals. Brittany shot an impressive 6-8 from the field and 2-2 from behind the arc. Lauren Pellowski and Kelli Hilt finished with 10 and nine points respectively.

In order to beat Britta Petersen, Stevens Point's leading scorer and rebounder, the Falcons had to outrebound the Pointers. As a team, UWRF finished with 45 rebounds, bettering the Pointers, who only had 29. Maranda Dohrn led the rebounding front for UWRF, finishing with seven boards. Four Falcons added five rebounds, and three others chipped in four. An even rebounding spread for the Falcons helped hoist the team to victory.

The Falcons committed 17 turnovers, as a team, and forced only 10 from the Pointers. As a team, UWRF shot 28-61 (.459) from the field, 5-12 (.417) from the three-point line and 11-19 (.579) from the free throw line.

With the win over the nationally ranked Pointers, the Falcons advance to 6-0 overall, leading the conference at 2-0. The team's next match-up will be against UW-Eau Claire at the Karges Center on Dec. 9 at 7 p.m.
Gregorich, Pellowski lead Falcons to win over UWS

Dec. 2, 2009

Tiffany Gregorich scored 27 points, and Lauren Pellowski scored a career-high 18 as the Falcons beat the UW-Superior Yellowjackets, 73-52. UWRF is now 5-0 in overall play.

Gregorich and Pellowski led all scorers. Gregorich shot 9-12 from the field and 3-5 from behind the arc. She also shot 6-7 from the free throw line. Pellowski went 6-10 from the field and 3-4 from the three-point line, and 3-4 from the charity stripe. Alise Holst and Kelli Hilt contributed six and five points respectively. Kelsey Thingvold led the Yellowjackets with 10 points.

Gregorich, Hilt and Maranda Dohrn each had six rebounds in the game, behind Superior's Hailey Hart, who had seven.

As a team, the Falcons only had 12 turnovers, half of what UWS had, finishing with 24 on the game. UWRF shot 43.9 percent (25-57) from the field and 36.8 percent (7-19) from the three-point line.

This win was the first in conference season play for the Falcons, putting them at 1-0 in the WIAC.

The team's next game is against the No. 15 team in the state, the UW-Stevens Point on Saturday at the Karges Center. The game will tip off at 3 p.m.

Box Score

Falcons Beat Martin Luther to Start Season 2-0

Nov. 19, 2009

Coming off a huge win against Crown College, the Falcons headed to Martin Luther to take on the Knights on Thursday. UWRF pulled out another victory, 82-53, starting their season 2-0.

Tiffany Gregorich led the front for the Falcons. She had 13 points, shooting 4-6 (.667) from the field and 3-4 (.750) from the three-point line. She also only committed one turnover.

Lauren Pellowski led all scorers with 16 points. Freshman forward Brittany Gregorich finished with 12. She shot 5-9 (.556) from the field and 1-2 from behind the arc.

Maranda Dohrn was the team's leading rebounder with 10. Alise Holst and Jenna Hanson each added five boards, as well. Holst also led the team with three steals. Katie Theisen matched Holst's steals, adding three herself.

As a team, the Falcons shot 33-74 (.446) from the field and 9-20 (.450) from the three-point line. The team shot 58.3 percent (7-12) from the free throw line, and finished the game with 44 total rebounds, outrebounding Martin Luther by six. The team also committed an even 20 turnovers, while the Knights turned the ball over 29 times. UWRF finished with 14 steals and three blocks on the night, as well.

The team advances to 2-0 in overall play and will face Viterbo University in La Crosse, Wis., on Saturday, Nov. 21. Tip-off is scheduled for 7 p.m.

Falcons Crush Crown in Season Opener

Nov. 17, 2009

The Falcons opened the 2009-10 season crushing Crown College, 112-28, at the Karges Center on Tuesday night.

Five Falcons scored in double figures led by Tess Lardie who finished with a career-high 17 points. Lindsey Olson (14), Nikki Guhr (13), Lauren Pellowski (11) and Melissa Carmody (10) all scored in double digits. Carmody led the Falcons with five rebounds. Lardie led the Falcons with a career-high eight assists. Lardie and Guhr each had four steals.

The Falcons led, 63-10, at the half. UWRF opened up a 21-0 lead before Crown scored its first point with 13:12 remaining in the first half.

Tiffany Gregorich scored the first four Falcon points and Jenna Hanson added four more to start the Falcon scoring.

The Falcons shot 52-73 from the field, including 4-14 from behind the arc. They shot 4-8 from the line.

Crown was led by Jessica Lemke who scored 10 points.

The Falcons, 1-0 overall, will next play at Martin Luther on Thursday. That game starts at 7 p.m.

Falcons Ready for Opener on Tuesday

Nov. 13, 2009

By Renee Thony
UWRF Sports Information

After finishing sixth in the WIAC last season, the Falcon women’s basketball team is looking forward to the 2009-10 season to make an impression in a competitive conference.
“We need to be the best team we can become throughout the season,” 10th-year Head Coach Cindy Holbrook said about the team’s goals for the upcoming season. “We have the potential to be very good, maybe top three in the WIAC.”

The Falcons return nine letter winners and all five starters from last year’s team that finished 14-12 overall and 7-9 in the WIAC. UWRF finished in sixth place in the tough WIAC. Three teams, Eau Claire, Stevens Point and Whitewater, all advanced to the NCAA playoffs.

Leading scorer, Tiffany Gregorich, who averaged 12.3 points per game, earned honorable mention to the 2008-09 All-WIAC team as a freshman. She finished in the conference’s top 10 lists in assists (2.50/game), field goal percentage (.485), three-point field goal percentage (.350), steals (2.42/game) and three-point field goals made per game (1.38). She averaged 12.3 points a game.

Senior guards Kelli Hilt and Jenna Hanson return as the team’s veteran leaders. Hilt started every game for the Falcons and averaged 7-4 points and 3.4 rebounds a game. She had 43 assists and 45 steals. Hanson also started every game and averaged 7.1 points and 4.1 rebounds. She had 46 assists and 44 steals.

Sophomore forwards Taylor House and Alise Holst started 26 and 25 games respectively in 2008-09. Holst, the team’s second leading scorer averaging 9.6 points a game, placed in the WIAC’s top 10 in rebounds (7.1 per game) and she also finished the season with 45 assists. House was part of the conference’s top five shot blockers with a total of 41 on the season. She averaged 8.6 points and five rebounds a game.

Also back are guards Lauren Pellowski, Katie Theisen and Tess Lardie. Pellowski played in 16 games and averaged 3.3 points and 2.4 rebounds a game. Theisen played in 24 games and averaged 3.3 points a game. She also had 35 steals. Tardie, who played in all 26 games and started 16 times, averaged six points and 2.5 rebounds a game.

Sophomore forward Maranda Dohrn played a key role in the middle for the Falcons. She finished third in rebounding in the WIAC averaging a team-best 7.8 per game. She proved she could score also by averaging 6.5 points a game.

In addition, five freshmen are looking to make a mark at UWRF.

Two new Falcons will help in the backcourt. Nikki Guhr and Melissa Carmody are both 5-7 guards.

The Falcons added some height in the front court. Tracie Gillund is a 6-0 forward, Brittany Gregorich, sister of Tiffany, is a 5-9 forward and Lindsey Olson is a 6-0 forward.

Holbrook said she expects the freshmen group to make an impact. “We have a very good freshmen class that will help our depth this year.”

“The players work individually to become better during the off-season,” she said. “They lift and run and play as much as they can. That’s really the time the best players separate themselves by working hard independently while others might be slacking off. That’s how you pass people from season-to-season.”

Holbrook, who starts her 10th season with the Falcons this year and has a 119-114 career record, likes what she’s seen of the team so far.

“We’re athletic, versatile and hardworking. I like our team a lot. Everything depends on how driven our players will be to play to our strengths, trust the system and do the little things right on a daily basis.”

The Falcons open their season at the Karges Center, on Tuesday, tipping off against Crown College at 7 p.m.
Cindy Holbrook - Head Coach

Oct. 27, 2009

Entering her 10th season as the head women's basketball coach, Cindy Holbrook leads the Falcons through arguably the toughest conference in the country. In her tenure as head coach, the Wisconsin Intercollegiate Athletic Conference has seen three NCAA champions and two-second place finishers.

The Falcons finish a respectable sixth in last year's WIAC standings. They had a six game improvement over the 2008 season in the win column and finished 14-12 overall. With every starter and all but one letter winner back, the Falcons look to make a step up in the WIAC standings this year.

Holbrook ranks 11th in all-time career wins among all-time coaches in the WIAC and is currently fourth among active coaches in the conference. She reached a coaching milestone on Dec. 11, 2007 in a 67-54 win over Martin Luther for her 100th career win.

Her coaching philosophy emphasizes enabling her players to perform to the best of their ability.

“I don’t believe in the coach micro-managing or trying to control everything. Our staff’s job is to teach and prepare them and then trust that preparation and trust our team enough to let them play the game.”

As a passionate coach, Holbrook inspires growth and potential in her student-athletes.

“Whether it is in the classroom or on the basketball floor, being a well-balanced person is what competing and being a student-athlete at the Div. III level is all about,” said Holbrook. “We challenge kids to be prepared and give 100 percent every day. That’s the only way to learn what each of us is really capable of. Our daily performance determines our opportunity for success, that’s why our team motto is “Success is a choice.”

Holbrook has coached 16 women to All-WIAC honors during her career, including then freshman Tiffany Gregorich who earned honorable mention to the 2009 All-WIAC team.

Her experience in the WIAC began as a student-athlete at UW-Stout where she was a two-time All-WIAC first team selection in 1993 and 1994. Her senior season she was named the 1994 WIAC Player of the Year and earned All-American honors. She was named to the second All-WIAC team in 1992. She helped the Blue Devils to a 76-27 record and berths in both the NCAA Div. III and NAIA National Tournaments for four seasons. She was inducted into the UW-Stout Athletic Hall of Fame in November 2005. She is the only person who has been named a WIAC Coach of the Year (2001) and WIAC Player of the Year (1994).

Holbrook was the head tennis coach at UWRF and an assistant basketball coach for five years before taking over the basketball program in 2000.

She is a native of south Minneapolis where she competed in basketball, softball and tennis at Roosevelt High School.

Holbrook earned her psychology undergraduate degree and coaching minor from UW-Stout. She completed her master's degree in kinesiology with an emphasis in sport psychology and sociology at the University of Minnesota. She currently teaches in the UWRF health & human performance department.
Kathy Holbrook

Kathy Holbrook starts her eighth year as an assistant coach with the Falcon women's basketball program. Coach Cindy Holbrook says, “Kathy specializes in working with our post players. She's an excellent teacher of the details of the game, and is especially strong working on individual player development. She keeps kids motivated and always looks for encouraging things to say. Kathy truly believes in the Div. III philosophy and is committed to our student-athletes having a great experience. She is professional, competitive and driven to help us become a better team.”

Holbrook's athletic background is impressive in both basketball and volleyball. At Doane College in Nebraska, she was selected the school's Outstanding Female Athlete her junior and senior years of competition. She earned All-Conference and NAIA All-District recognition for two straight years for her success on the basketball court. She was inducted into the Doane Hall of Fame in 2003 for her excellence as a student-athlete. She is also in the Hall of Fame at Central City High School in Nebraska.

Holbrook is currently a home health physical therapist for Aspen in the Twin Cities. She earned her undergraduate degree in natural science with a biology emphasis at Doane in 1983. She went on to earn a certificate in physical therapy from the Mayo Clinic’s School of Health Related Sciences in Rochester, Minn.

Mike Babler

Mike Babler is in his fourth season as an assistant coach. Coach Cindy Holbrook says, "Mike has a lot of coaching experience and will be a great addition to our staff. He particularly loves coaching the defensive end of the floor and will make us a tougher team at locking down and getting stops on defense. Mike's enthusiasm and ability to break down film for scouting is also a real strength. I'm glad to have him join our staff, he has a lot to add to our program.”

In 2005-06 he was the assistant girl's basketball coach at River Falls High School and before that was an assistant junior varsity coach for three seasons. After moving to River Falls in 1982, he coached several local boys and girls youth teams. He started his teaching and coaching career at Hamilton High School where he was an assistant boy's coach. Babler helped lead Hamilton to WIAA State tournament appearances twice in the three years he coached there.

Babler is a 1977 graduate of UW-Whitewater. He earned his undergraduate degree in education with a coaching minor. He is also the head girl's soccer coach at River Falls High School. He owns Valley Services, Inc. - Heating and Air Conditioning in Hudson. He and his wife, Mary, have two children. Their son Ryan currently attends UW-River Falls, and their daughter Sarah attends UW-Green Bay.

Traci Reimann

Traci Reimann is in her first season as an assistant coach with the Falcons. She was an All-WIAC player for the Falcons and competed with the team for four seasons (2003-07). She was named to the first All-WIAC teams in 2006 and 2007 and earned honorable mention in 2005. She also earned a spot on the All-Defensive team in 2006.

The talented forward scored 1,139 career points and averaged 11.5 points a game. She also grabbed 840 rebounds and averaged 8.4 rebounds a game. She led the 2006 and 2007 teams in scoring and rebounding and led the 2004 team in assists. Reimann is UWRF's all-time career rebound leader and she is seventh in all time points.