### 2007-08 UW-River Falls Women's Basketball Roster

**No. 20**

<table>
<thead>
<tr>
<th>No.</th>
<th>Name</th>
<th>Pos.</th>
<th>Hgt.</th>
<th>Yr.</th>
<th>Hometown/Last Team</th>
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<tbody>
<tr>
<td>12</td>
<td>Tessa Rohl</td>
<td>G</td>
<td>5-7</td>
<td>So.</td>
<td>Buffalo, MN</td>
</tr>
<tr>
<td>14</td>
<td>Katie Thiessen</td>
<td>G</td>
<td>5-6</td>
<td>So.</td>
<td>Andover, MN/Univ. of Mary</td>
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<tr>
<td>21</td>
<td>Tess Lardie</td>
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<td>5-8</td>
<td>Fr.</td>
<td>Eagan, MN</td>
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<tr>
<td>22</td>
<td>Krystal Parr</td>
<td>G</td>
<td>5-6</td>
<td>So.</td>
<td>Bloomer, WI</td>
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<tr>
<td>23</td>
<td>Jana Benitz</td>
<td>G</td>
<td>5-7</td>
<td>Sr.</td>
<td>Plum City, WI</td>
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<tr>
<td>24</td>
<td>Jenna Hanson</td>
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<td>So.</td>
<td>Altoona, WI/Winona State</td>
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<tr>
<td>25</td>
<td>Lauren Pellowski</td>
<td>G</td>
<td>5-6</td>
<td>Fr.</td>
<td>St. Paul, MN/Tartan HS</td>
</tr>
<tr>
<td>30</td>
<td>Brook Romanowski F</td>
<td>F</td>
<td>5-10</td>
<td>Fr.</td>
<td>Cadott, WI</td>
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<tr>
<td>31</td>
<td>Sarah Schoeneck</td>
<td>F</td>
<td>6-1</td>
<td>Fr.</td>
<td>Bloomington, MN/Jefferson HS</td>
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<tr>
<td>33</td>
<td>Kelli Hilt</td>
<td>G</td>
<td>5-6</td>
<td>So.</td>
<td>Lakeville, MN/North HS</td>
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<td>34</td>
<td>Caitlin Hunstock</td>
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<td>5-10</td>
<td>Sr.</td>
<td>Minneapolis, MN/South HS</td>
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<td>35</td>
<td>Nicole Hebl</td>
<td>G</td>
<td>5-7</td>
<td>Fr.</td>
<td>Stewartville, MN</td>
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<tr>
<td>40</td>
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<td>F</td>
<td>5-11</td>
<td>Fr.</td>
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<tr>
<td>44</td>
<td>Ashley Fischer</td>
<td>F</td>
<td>6-1</td>
<td>Fr.</td>
<td>Brooklyn Park, MN/Park Center HS</td>
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</tbody>
</table>

**Head coach:** Cindy Hovet  
**Assistant coaches:** Kathy Holbrook, Mike Babler  
**Managers:** Brittany Johnson, Jillian Peterson

### The Falcons

#### Jana Benitz

Guard • #23  
5-7 • Senior  
Plum City, WI  
Plum City H.S./UW-Stout

#### Caitlin Hunstock

Forward • #34  
5-10 • Senior  
Minneapolis, MN  
South H.S./West Chester Univ.

#### Jenna Hanson

Guard • #24  
5-6 • Sophomore  
Altoona, WI  
Altoona H.S./Winona State Univ.

#### Kelli Hilt

Guard • #33  
5-6 • Sophomore  
Lakeville, MN  
Lakeville North H.S.

#### Krystal Parr

Guard • #22  
5-4 • Sophomore  
Bloomer, WI  
Bloomer H.S.
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<tr>
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<tr>
<td>Tessa Rohl</td>
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<td>Freshman</td>
<td>5-8</td>
<td>Eagan H.S.</td>
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<td>Lauren Pellowski</td>
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<td>5-6</td>
<td>Tartan H.S.</td>
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<td>Sarah Schoeneck</td>
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<td>#31</td>
<td>Freshman</td>
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<td>Bloomington Jefferson H.S.</td>
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Schedule
8-18 Overall, 2-14 WIAC

- Nov. 16 River Falls 74, St. Mary's 59
- Nov. 17 Winona 80, River Falls 45
- Nov. 20 Augsburg 77, River Falls 62
- Nov. 28 River Falls 86, Finlandia 55
- Dec. 1 Oshkosh 69, River Falls 63*
- Dec. 5 Stout 67, River Falls 66*
- Dec. 8 Platteville 67, River Falls 58*
- Dec. 11 River Falls 67, Martin Luther 54
- Dec. 13 River Falls 60, Macalester 57
- Dec. 15 River Falls 72, Northwestern 63
- Dec. 29 Viterbo 66, River Falls 52
- Jan. 2 River Falls 69, St. Scholastica 55
- Jan. 5 Whitewater 86, River Falls 54*
- Jan. 9 Stevens Point 83, River Falls 70*
- Jan. 16 Superior 80, River Falls 72*
- Jan. 19 La Crosse 79, River Falls 66*
- Jan. 23 La Crosse 74, River Falls 50*
- Jan. 30 Stevens Point 81, River Falls 46*
- Feb. 2 Platteville 73, River Falls 56*
- Feb. 6 River Falls 70, Superior 41*
- Feb. 9 Eau Claire 63, River Falls 52*
- Feb. 13 La Crosse 69, River Falls 61*
- Feb. 16 River Falls 71, Oshkosh 55*
- Feb. 20 Stout 82, River Falls 52*
- Feb. 23 Whitewater 82, River Falls 53*
- Feb. 26 Eau Claire 73, River Falls 43**
* WIAC Games
** WIAC Playoff Game

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<tr>
<td>02/23/08</td>
<td>Kachel Gym in Williams Center</td>
<td>UW-Whitewater 82, UW-River Falls 38</td>
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<td>Johnson Fieldhouse, Menomonie, Wis.</td>
<td>UW-Stout 82, UW-River Falls 53</td>
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<td>01/30/08 Berg Gym (Stevens Point, Wis.)</td>
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<td>01/16/08 Mertz Mortorelli</td>
<td>UW-Superior 80, UW-River Falls 72</td>
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<td>UW-Stevens Point 83, UW-River Falls 70</td>
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<td>Viterbo University, WI 66, UW-River Falls 52</td>
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<td>New Ulm, MN</td>
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<td>Kolf Sports Center - Oshkosh, Wis.</td>
<td>UW-Oshkosh 69, UW-River Falls 63</td>
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<td>Augsburg College 77, UW-River Falls 62</td>
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<td>Nov. 17</td>
<td>McCown Gymnasium, Winona, MN</td>
<td>Winona State 80, UW-River Falls 45</td>
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<td>Nov. 16</td>
<td>SMU Gym, Winona, MN</td>
<td>UW-River Falls 74, Saint Mary's 59</td>
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Falcons Lose Playoff Opener Against Eau Claire

Feb. 26, 2008

The Falcons women basketball team lost to UW-Eau Claire Tuesday night 73-43 at Eau Claire’s Zorn Arena.

Cailltun Hunstock led the Falcons in scoring with 9 points while Kelli Hilt was in second with 8. Tess Lardie led the team in rebounds with 7 while Hilt was second with 6. Overall, the Falcons were 16-47 in total field goals (.340) and 10-15 in free throws (.667). They were also 1-14 in three pointers (.071).

The Falcons opened the game well with a steal by Krystal Parr, followed by a three from Caitlin Hunstock to take the early lead. Arciszewski would score on a jumper for Eau Claire and bring it close at 3-2. She would make another jumper to take the lead, but a jumper from Hunstock would put the Falcons back in the lead. A free throw following a foul by Caitlin Hunstock would let Eau Claire tie at 5-5 and it would be one way traffic for the Blugolds. Eau Claire would expand their lead to 23-5 before the Falcons would score again at 8:51 on a layup by Katie Theisen. The Falcons would attempt a comeback, but would fall short, ending the first half 31-19 Eau Claire.

A layup from Kelli Hilt would open the second half, making it 31-21. Eau Claire would hold a commanding lead for the rest of the second half, though, with the Falcons bringing it as close as 35-23 on a jumper from Krystal Parr at 16:41. Eau Claire would hold on though and end the game at 73-43.

Rachel Mueggenborg led Eau Claire in scoring with 29 points while Heidi Arciszewski had 12 and Heather Witt had 10. Amanda Zenner led the team in rebounds with 9 while both Arciszewski and Michelle Burns had 6. Eau Claire was 23-53 in total field goals (.434) and 16-22 in free throws (.727). They were also 11-20 in three pointers (.550).

The Falcons end their season with a record of 8-17 and 2-14 in the WIAC.

The Falcons women’s basketball team will open the 2008 WIAC playoffs at UW-Eau Claire on Tuesday at 7 p.m.

The Falcons, 8-17 overall and 2-14 in the WIAC, placed eighth in the final WIAC standings. Eau Claire, 20-5 overall and 14-2 in WIAC play, tied with UW-Whitewater for first place. The Blugolds got the No. 1 seed after a coin flip. The two teams tied through four tie breakers before the coin flip.

The Falcons and Blugolds met twice during the regular season with UWEC winning both games. On Jan. 19 in River Falls, UWEC won, 79-60. On Feb. 9 in Eau Claire, the Blugolds took a 63-52 win.

In the January game, Krystal Parr led the Falcons with 16 points. Sarah Schoeneck and Caitlin Hunstock each scored 13. Heather Witt and Michelle Burns each scored 10 points to lead UWEC. Burns scored her 1,000th career point in the game.

In February at UWEC, Parr scored 14 points and Hunstock 10 to lead UWRF. Burns scored 25 points to lead UWEC.

UWEC leads in the all-time series, 46-24.

Caitlin Hunstock leads the Falcons in scoring (12.2) and is second in rebounding (4). Sarah Schoeneck, who is third in scoring (7.6) leads the team in rebounding (5.2). Krystal Parr, who is second in scoring (8), leads the team in assists (60) and Kelli Hilt, who is fourth in scoring (6.9) leads the team in steals (45).

The winner of Tuesday’s game will advance to the WIAC semifinals that will be played on Thursday. If the Falcons beat UWEC, they would play at the winner of the Stevens Point-La Crosse contest.

Other first round matchups have UW-Platteville (7) at UW-Whitewater (2); UW-Oshkosh (6) at UW-Stevens Point (3) and UW-La Crosse (5) at UW-Stevens Point (4).

Falcons Lose Last Regular Season Game at Whitewater 82-38

Despite an impressive 17 points from Kelli Hilt, the Falcons women basketball team was defeated at UW-Whitewater 82-38.

Hilt led the team in scoring and was the only Falcon to have double digits. Caitlin Hunstock would be second in scoring with 8 points. Hunstock would lead the team in rebounds with 9, 1 on offense and 8 on defense while Hilt had 6, 3 on offense and 3 on defense. Overall, the Falcons were 16-61 in total field goals (.262) and 3-11 in free throws (.273). They were also 3-16 in three pointers (.188).

Whitewater would score first in the game after a missed three pointer by Krystal Parr that would be followed by a layup from Whitewater’s Kelsey Hendrickson. The Falcons would remain scoreless until 16:56 when a layup from Kelli Hilt would make it 4-2 Whitewater.

Whitewater would make a 15-0 run to take a 33-5 lead at 16:32. The Falcons would come back and cut the lead to 33-18 at 15:55. The Blugolds would make a free throw at 15:09 to jump ahead 34-18. The Falcons would continue to make baskets and cut the lead to 38-26 at 12:17 in the second half. Whitewater would make a 14-0 run to take a 52-26 lead at 8:27. The Falcons would score and make it 52-31 at 7:35.

Whitewater would make a 14-0 run to take a 69-31 lead at 3:31. The Falcons would score and cut the lead to 69-34 at 2:53. The Falcons would continue to make baskets and cut the lead to 69-45 at 2:00. Whitewater would make a 14-0 run to take a 83-45 lead at 1:06. The Falcons would score and cut the lead to 83-49 at 1:00. The Falcons would continue to make baskets and cut the lead to 83-55 at 0:33.

The Falcons would score and cut the lead to 83-63 at 0:15. The Falcons would continue to make baskets and cut the lead to 83-71 at 0:07. The Falcons would score and cut the lead to 83-75 at 0:00. The Falcons would continue to make baskets and cut the lead to 83-79 at 0:00. The Falcons would score and cut the lead to 83-83 at 0:00. The Falcons would continue to make baskets and cut the lead to 83-85 at 0:00.
would stay strong, keeping the Falcons from scoring again until 11:54 when Sarah Schoeneck would make a jumper to make it 17-4 Whitewater. Whitewater would hold the lead for the rest of the first half, with the Falcons coming as close as 29-21 at 5:14, but the half would end at 44-24. Whitewater would open the second half just as strong, scoring first on a layup from Shannon Moore. They would continue to command the lead for the remainder of the game, with the Falcons coming as close as 50-27 on a layup from Kelli Hilt. Whitewater would end the game with a win of 82-38

Tiffany Morton would lead Whitewater in scoring with 25 points while Heidi Sonntag would have 17 and Trisha Thill had 12. Morton also led the team in rebounds with 13, 6 on offense and 7 on defense. Whitewater was 28-63 in total field goals (.444) and 18-23 in free throws (.783). They were also 8-24 in three pointers (.333).

Falcons Women’s Basketball Drop WIAC Game Against UW-Stout

Feb. 20, 2008

The Falcons women basketball team lost to Stout Wednesday night 82-53 in the Karges Center.

Leading the Falcons in scoring was Jenna Hanson with 8, followed by Katie Theisen had 6. Sarah Schoeneck led the team in rebounds with 5 while Caitlin Hunstrock has 4. Overall, the Falcons were 16-45 in total field goals (.356) and 18-26 in free throws (.692). They were also 3-12 in three pointers (.250).

Stout would open the second half in a big way, scoring first for the Falcons in the half at 17:00. Stout would remain solidly in the lead for the rest of the second half.

Leading Stout in scoring was Julia Hirssig with 18 point while Lindsey Gerber and Charlee Edwards had 9. Hirssig also led the team in rebounds with 9, 5 on offense and 4 on defense. Stout was 32-71 in total field goals (.451) and 9-17 in free throws (.529). They were also 9-19 in three pointers (.474).

The Falcons, 8-16 overall and 2-13 in WIAC, play their final regular season game Saturday, Feb. 23rd at UW-Whitewater at 1 p.m.

Falcons Earn 71-55 WIAC Win Over Oshkosh

Feb. 13, 2008

Three members of the Falcon women’s basketball team scored in the double digits to help UWRF beat UW-Oshkosh, 71-55, at the Karges Center on Saturday afternoon.

Caitlin Hunstock led the Falcons in scoring with 16 points while Sarah Schoeneck had 15 and Kelli Hilt had 10. Schoeneck also led the team with a career-high 14 rebounds. Overall, the Falcons were 27-65 in total field goals (.415) and 7-9 in free throws (.778). They were also 10-28 in three pointers (.357).

Oshkosh would open the second half strong with three three-pointers, by Erin Baganz and Amanda Aubrey and Michelle Boeder to get within eight, 42-34, with 17:50 to play. The Falcons held an eight to 11 point lead for the next six minutes. UW-O would draw to within eight, 51-43, with 10:59 to play when Whitney Tyrnner hit a three. But the Falcons weren’t in trouble after that and led by double digits for the last 9:39 of the game.

Leading Oshkosh in scoring was Baganz with 17, followed by Boeder with 14. Pugh led the team in rebounds with even. Oshkosh was 18-58 in total field goals (.310) and 13-22 in free throws (.591). They were also 6-21 in three pointers (.286).

The Falcons, now 8-15 overall and 2-12 in WIAC, next play at UW-Stout on Wednesday in a WIAC game that starts at 7 p.m.

Falcons Lose at La Crosse 69-61

Feb. 13, 2008

The Falcon women basketball team lost at La Crosse, 69-61, despite a career high 16 points from Tess Lardie.

Caitlin Hunstock and Lardie each had 16 points to lead the team in scoring. Lardie’s previous record was 7 points against St. Mary’s on Nov. 16, 2007. Lauren Pellowski led the team in rebounds with 9, 2 on offense and 7 on defense. The Falcons were 24-59 in total field goals (.407) and 5-10 in free throws (.500). They were also 8-21 in three pointers (.381).

A layup from La Crosse’s Mandy Stevens opened the game and put La Crosse in an early lead. Caitlin Hunstock quickly made a layup of her own to put it at 2-2. After tying again 4-4 at 17:27, La Crosse would score 8 in a row to take a 12-4 lead. La Crosse would hold the lead for the rest of the first period with the Falcons coming as close as 32-26 at the end of the period.

Hunstock would open the second half with a laup to make it 32-28 with La Crosse still leading. The two teams would stay neck and neck for the entire second period, with a layup from Tess Lardie bringing the Falcons as close as 59-56 with 4:10 remaining. La Crosse would hold onto the lead though and end it 69-61.

Mackenzie Hunter led La Crosse in scoring with 16 points while Lindsay Wahl had 15 and Melissa Lang had 12. Lang led the team in rebounds with 10, 3 on offense and 7 on defense. La Crosse was 24-53 in total field goals (.453) and 21-26 in free throws (.808). They were also 0-2 in three pointers.

The Falcons, 7-15, 1-12 in WIAC, next face UW-Oshkosh on Saturday at 1 p.m. in the Karges Center.

Falcons Lose WIAC Game At Eau Claire
Feb. 9, 2008

UW-Eau Claire’s Michelle Burns scored 25 points to help the Blugolds defeat the Falcon women’s basketball team, 63-52, at Zorn Arena on Saturday afternoon.

Krystal Parr led the Falcons in scoring with 14 points while Caitlin Hunstock had 10. Parr was 5-8 from the field, including 4-7 from behind the arc. Lauren Pellowski, who scored nine points, was 3-6 from the field, including 3-4 from three-point range. Sarah Schoeneck led the Falcons with six rebounds. The Falcons were 19-47 in total field goals (.404) and 2-5 in free throws (.400). They were also 12-22 in three pointers (.545).

Michelle Burns opened the game with a layup to put Eau Claire in the lead. The teams would stay neck and neck for the first 12 minutes of the game. With the score tied 14-14 at 10:46 to play, EC went on a 16-6 run over the next eight minutes. Eau Claire would hold the lead at the half, 32-22.

RF’s Jenna Hanson made a three pointer to start the second half. The Falcons trailed by 11, 36-25, with 17:07 to play but cut the EC lead to one twice later. The Falcons went on a 12-2 run over a six minute span that cut the Blugold lead to 38-37 with 11:41 to play. Jana Benitz hit a jumper to pull the Falcons to within one. UWEC came back within a three to take a 41-37 lead with 11:11 left. But then Tess Lardie hit a three that got the Falcons back to within one, 41-40, with 10:52 to go. A layup by Eau Claire made it a 43-40 game with 10:27 to go. Then RF’s Pellowski hit a three to tie the game, 43-43, with 10:12 left. EC then went on a 6-0 run and held a 49-43 lead with 7:54 to go. EC out scored the Falcons, 14-9, over the last five minutes of the game to take the win.

Burns led Eau Claire in scoring while Heidi Arciszewski had 12 points. Burns also led the team in rebounds with 13. Eau Claire was 21-46 in total field goals (.457) and 16-23 in free throws (.696). They were also 5-12 in three pointers (.417).

The Falcons, now 7-14 overall and 1-11 in the WIAC, next play at UW-La Crosse on Wednesday at 7 p.m.

Falcons Womens Basketball Takes 70-41 Win Over Superior

Feb. 6, 2008

The Falcons womens basketball team took a 70-41 victory over UW-Superior, snapping a 7 game losing streak.

Caitlin Hunstock led the team in scoring with 18 points while Krystal Parr and Sarah Schoeneck each had 14 and Jenna Hanson had 11. Schoeneck lead the team in rebounds with 9, 3 on offense and 6 on defense. The Falcons were 29-48 in total field goals (.409) and 15-19 in free throws (.789). They were also 7-23 in three pointers (.304).

Superior opened the game with a jump shot from Gigi Hudson. Jenna Hanson made it 2-2 with a jump shot of her own. Krystal Parr followed it with a three pointer, then three pointer from Hanson to make it 8-2. The Falcons would hold onto the lead for the remainder of the first half, ending it at 33-17.

Caitlin Hunstock opened the second half with a three pointer, followed quickly by a layup from Sarah Schoeneck to make it 38-17. The Falcons would carry the lead for the rest of the second half, with Superior getting as close as 42-25 at 14:40.

Lisa Thilen led Superior in scoring with 9 points while Gigi Hudson was second with 8. Amanda Rounsville and Hudson each had 5 rebounds. The Yellow Jackets were 14-40 in total field goals (.350) and 8-14 in free throws (.571). They were also 5-18 in three pointers (.278).

The Falcons, 7-13, 1-10 in WIAC next face UW-Eau Claire in Eau Claire at 3 p.m. on Saturday, Feb. 9th.

Falcons Drop WIAC Decision to UWP, 73-56

Feb. 2, 2008

Four Platteville players scored in the double digits to help lead the Pioneers to a 73-56 win over the Falcon women’s basketball on Saturday afternoon at the Karges Center.

Krystal Parr led the Falcons in scoring with 13 points while Sarah Schoeneck had nine and Jenna Hanson eight. Caitlin Hunstock led the team in rebounds with five. Overall, the Falcons were 20-56 in total field goals (.357) and 12-14 in free throws (.800). They were also 4-14 in three pointers (.286).

Platteville would open the game with a three pointer from Angie Vanstad. The Falcons would come back and take the lead, 5-3, on a three pointer from Krystal Parr. With 7:02 to play in the half, the Pioneers had their biggest lead, 26-8, when Lisa Grantman hit a three. The Falcons cut the lead twice to 11, the last time, 35-25, with 1:02 to play when Hunstock scored on a lay up. UWP held a 41-25 halftime lead.

The Pioneers would score first in the second half on a layup from Grantman. The Falcons would trail the entire half again, coming closest at 47-33 with 14:48 to play Parr hit a jumper. The biggest Pioneer lead was 27, 68-41, with 7:39 to play.

Leading the Pioneers in scoring was Grantman with 20 points. Behind her was Lisa Wubben with 16, Megan Guernsey with 15 and Charity Stotmeister with 10. Wubben led the team in rebounds with nine and Grantman had eight. The Pioneers were 27-54 in total field goals (.500) and 12-16 in free throws (.750). They were also 7-19 in three pointers (.368).

UW-Stevens Point Takes Big Win Over Falcons

Jan. 30, 2008

UW-Stevens Point handed the Falcon women’s basketball team a major defeat, despite 18 points from Sarah Schoeneck and 17 points rom Caitlin Hunstock.

The 18 points by Schoeneck is a career-high.

Schoeneck and Hunstock led the team in scoring for the evening. Hunstock, Jenna Hanson and Tess Lardie each had four rebounds. The Falcons were 18-45 in total field goals (.400) and 6-11 in free throws (.545). They were also 4-14 in three pointers (.286).

River Falls opened the game with a jumper from Schoeneck to take the lead. A three pointer from Laura Neuenfeldt would put Stevens Point ahead. Stevens Point would hold the lead until 14:46 when a jumper from Hunstock put the Falcons ahead 11-10. River Falls would hold the lead again until 7:06 when a jump shot by Chelsea Kranz put SP ahead 25-24. SP would then hold onto the lead for the rest of the first half, ending it at 38-26.
The Falcon women’s basketball team fell to Stevens Point at home in an 83-59 Jan. 9, 2008 Falcons Lose WIAC Game to UWSP

The Falcons, now 6-12 overall and 0-9 in the WIAC, next face UW-Platteville in the Karges Center on Saturday at 1 p.m.

Falcons Lose WIAC Game to La Crosse, 74-50

Jan. 23, 2008

UWRF’s Lauren Pellowski scored a career-high 14 points, but it wasn’t enough as UW-La Crosse took a 74-50 win over the women’s basketball team on Wednesday night at the Karges Center.

Pellowski was 5-8 from the field, including 3-4 from three-point range.

UWL led 32-19 at the half and outscored the Falcons, 42-31, in the second half.

The Falcons started the game well and held a 12-8 lead with 14:56 to play when Jenna Hanson hit a jumper. But UWL tied the game, for the third time, 16-16, with 10:09 to play when Mackenzie Hunter hit a free throw. UWL went on an 8-0 run to take a 24-16 lead with 7:06 to go. The Eagles held the lead the rest of the half and went into the locker room with the 32-19 advantage. UWL was 16-23, and the Falcons just 4-5, at the line in the first half.

UWL couldn’t cut the lead to single digits in the second half.

Krystal Parr added eight points while Hanson, Sarah Schoeneck and Kelli Hilt all scored six points. Hilt led the team with five rebounds and Hanson led UWRF with four assists and three steals.

Lindsay Wahl led all scorers with 27 points. She was 11-15 from the field and 5-6 from the line. Wahl and Dana Churchill each had eight rebounds.

The Falcons, 6-11 overall and 0-8 in WIAC, will next play at UW-Stevens Point on Jan. 30. On Jan. 9 the Pointers beat the Falcons at the Karges Center, 83-70.

UWEC Takes 79-60 Win Over Falcons

Jan. 19, 2008

Eau Claire took a 79-60 win from the Falcons, despite four of the Falcons scoring in the double digits in the WIAC contest at Karges Center on Saturday afternoon.

Krystal Parr led the team in scoring with 16 points, Caitlin Hunstock and Sarah Schoeneck each had 13 and Jenna Hanson had 12. Kelli Hilt and Schoeneck each had six rebounds to lead the team. The Falcons were 20-49 in total field goals (.408) and 12-21 in free throws (.571). They were also 8-20 in three pointers (.400)

Hunstock opened the game with a three pointer to help UWRF take the early lead. Eau Claire would come back with a pair of free throws to make it 3-2. A jumper by Hilt would keep the Falcons on top 5-2. Schoeneck would make a jumper and a free throw for the Falcons before Eau Claire took over in scoring. Eau Claire would lead for the rest of the first half, ending it at 36-25.

A three pointer from Parr would open the second half to make it 36-28. Eau Claire would keep their lead for the rest of the game. The closest the Falcons would come was 58-49 at 8:38 when Parr hit another three.

Heather Witt and Michelle Burns led Eau Claire in scoring with 18 points each. Heidi Arciszewski was third with 13 points. Burns also led the team in rebounds with 11. Burns scored her 1,000th career point in the second half. She finished with a double-double. Eau Claire was 21-53 in total field goals (.396) and 27-30 in free throws (.900). They were also 10-22 in three pointers (.455).

The Falcons, 6-10 overall and 0-7 in WIAC, next host UW-La Crosse at the Karges Center on Wednesday at 7 p.m.

Falcons Drop 80-72 WIAC Game at UWS

Jan. 16, 2008

Despite Jana Benitz’s career high 21 points, the Falcons lost at UW-Superior, 80-72, on Wednesday night.

Benitz led the team in scoring, beating her previous record of 19 points on Dec. 5 vs. Stout. Caitlin Hunstock had 15 points and Krystal Parr had 14. Benitz also led the team in rebounds with seven. The Falcons were 26-61 in total field goals (.426) and 9-11 in free throws (.818). They were also 11-24 in three pointers (.458).

Superior opened the game with a jump shot from Gigi Hudson to take the lead. Benitz would score first for the Falcons with a jump shot to make it 4-2. Superior would lead until 17:21 when Hunstock would score a three pointer to make it 7-6. Parr would add another three to make it 10-6. The Falcons would hold the lead until 10:45 when a jumper by UWRF’s Chelsea Einerwold made it 18-18. The game would remain close for the rest of the half. Benitz hit a pair of free throws to tie it 32-32 to end the half.

Superior would take the lead in the second half with a pair of free scores from Ashley Ladley. Superior would take the lead again until 14:44 when a three pointer from Parr made it 42-42. Superior would jump off to a lead again until it was tied at 54-54 with a three from Hunstock. Superior would take the lead for good, 60-59, with 6:34 to play when Tessa Gronli hit a pair of free throws.

Carissa Nord led Superior in scoring with 26 points. Ashley Ladley had 16 and Gronli had 10. Hudson led the team in rebounds with eight.

Superior was 24-51 in total field goals (.471) and a near perfect 26-28 in free throws (.929). They were also 6-9 in three pointers (.667).

The Falcons, now 6-9 overall and 0-6 in the WIAC, next host UW-Eau Claire at the Karges Center on Saturday at 3 p.m.

Falcons Lose WIAC Game to UWSP

Jan. 9, 2008

The Falcon women’s basketball team fell to Stevens Point at home in an 83-70 loss, despite a career high 18 points from Kelli Hilt.
The Falcons, now 513 in three pointers (.385). Audrah Berger led Viterbo in scoring with 14 points while Katina Mandylaris and Joni Stanek each had 10. Stanek led the team commanding lead for the remainder of the second half to finish i

Joni Stanek would open the second half with a jumper, making it 33

For the Saints, Whitney Latham led her team in scoring with 16 points while

Despite 16 points and six rebounds from Caitlin Hunstock, the Falcons lost at Viterbo, 66

UWRF trailled, 4124 at the half and made a quick run to start the second half. Hunstock opened up with two jump shots, one by Alexa Leighton and one by Whitney Latham, to take an early 4

The Falcons opened the game with a big three pointer from Benitz. The Warhawks would take the lead quickly though with a layup by Lindsey Buechner, followed by a three pointer by Sonntag to make it 5-3. Hilt would score on a jumper to tie it 5-5 and it would be the last time the Warhawks were not leading for the remainder of the game. UWW's biggest lead was 37 points, 83-46, with 2:12 to play.

The Pointers built two 16-point leads in the second half. With 5:12 to play, UWSP's Jessi Sporle hit a jumper to give her team a 67-51 lead. UWRF got to within nine, 79-70, with 31 seconds to go when Parr scored on a lay up.

Haley Houghton led Stevens Point in points with 19 while Chelsea Kranz had 14 and Britta Petersen had 13. Petersen led the team in rebounds with seven. The Pointers were 30-52 in total field goals (.577) and 18-25 in free throws (.720). They were also 5-13 in three pointers (.385).

The Falcons, now 6-8 overall and 0-5 in the WIAC, next play at UW-Superior on Jan. 16 at 7 p.m.

Whitehurst Claims 86-54 WIAC Win Over Falcons

Jan. 5, 2008

Whitehurst's Heidi Sonntag scored 27 points to help lead her team to an 86-54 win at the Karges Center on Saturday afternoon.

The Falcons leading scorer was Jana Benitz with 18 points while Kelli Hilt and Caitlin Hunstock each had eight. Jenna Hanson led the team in rebounds with six. The Falcons were 19-46 in total field goals (.413) and 10-16 in free throws (.625). They were also 6-18 in three pointers (.333).

Steves Point opened the game with a jumper from Jessi Sporle. The Falcons answered with a jumper from Caitlin Hunstock to make it 2-2. The Pointers would take the lead on a three pointer from Haley Houghton and would hold it until 13:26 when a jumper by Schoeneck would tie the game again, 13-13. The Falcons would take the lead on a jumper from Tess Lardie at 11:06, 18-17. UWSP then built a six point lead, 26-20, with 7:01 to play. But UWSP outscored the Falcons, 21-5, over the last seven minutes to take a 41-31 halftime lead.

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The Falcons opened the game with a big three pointer from Benitz. The Warhawks would take the lead quickly though with a layup by Lindsey Buechner, followed by a three pointer by Sonntag to make it 5-3. Hilt would score on a jumper to tie it 5-5 and it would be the last time the Warhawks were not leading for the remainder of the game. UWW's biggest lead was 37 points, 83-46, with 2:12 to play.

UWRF trailed, 41-24 at the half and made a quick run to start the second half. Hunstock opened up with two three pointers to make it a 41-30 game with 18:37 left to play. The Falcons got to within 11, 49-38, with 12:43 to play when Benitz hit a three. But that's as close as the Falcons could get in the second half.

Sonntag led the Warhawks in scoring while Rachael Woolever and Nicole Bundy each had 12. Dana Thompson led the team with nine rebounds. Buechner had eight boards. The Warhawks were 24-55 in total field goals (.436) and 27-37 in free throws (.730). They were also 11-22 in three pointers (.500).

The Falcons, now 6-7 and 0-4 in the WIAC, next face UW-Stevens Point on Wednesday at 7 p.m. at the Karges Center.

Hilt Scores Career High 16 Points to Help Falcons to 69-55 Win Over St. Scholastica

Jan. 2, 2008

Kelli Hilt scored a career high 16 points and Caitlin Hunstock had 11 rebounds to help lead the Falcons to a 69-55 win over St. Scholastica on Wednesday night at the Karges Center.

Jenna Hanson added 12 points and Krystal Parr and Hunstock both finished with 10. Overall, the Falcons were 26-62 in total field goals (.419) and 10-14 in free throws (.714). They were also 7-18 in three pointers (.389).

The Saints opened up with two jump shots, one by Alexa Leighton and one by Whitney Latham, to take an early 4-0 lead. A layup by Hilt was the Falcons first score, but the Saints would have two more layups before the Falcons scored again on a three pointer by Parr. The Falcons would take the lead at 12:30 on a three pointer by Hunstock making it 12-10. The Saints would tie it at 10:05, making it 14-14. They would lead for a short while before the Falcons took the lead and held it for the rest of the first half.

The Falcons opened the second half with a jumper from Hunstock to make it 33-27. The Falcons would hold a commanding lead for the rest of the second half to seal the win, 69-55.

For the Saints, Whitney Latham led her team in scoring with 16 points while Kristen Haukom was second with 13. Katie Cross had nine rebounds while Jessica Nichols had eight. The Saints were 23-65 in total field goals (.354) and 7-11 in free throws (.636). They were also 2-12 in three pointers (.167).

The Falcons, now 6-6 overall and 0-3 in the WIAC play, will host No. 2 ranked UW-Whitewater on Saturday at the Karges Center with action starting at 1 p.m.

Falcons Lose at Viterbo, 66-52

Dec. 29, 2007

Despite 16 points and six rebounds from Caitlin Hunstock, the Falcons lost at Viterbo, 66-52, Saturday afternoon in La Crosse.

Hunstock led the team in both rebounds and scoring. Sarah Schoeneck had 12 points and Kelli Hilt had six. Schoeneck and Tess Lardie each had their only four rebounds. The Falcons were 19-39 in total field goals (.487) and 12-22 in free throws (.545). They were also 2-8 from behind the arc (.250).

Viterbo would open the game with a jump shot from Katina Mandyaris to make it 2-0. Hunstock would follow with a layup to tie the game. The game would remain closer with the Falcons taking a 6-4 lead at 16:17 with a jumper by Hunstock. Viterbo would take the lead back at 10:57 with a three pointer by Kari Thiel, making it 12-10. Viterbo would hold the lead until the end of the first half.

Joni Stanek would open the second half with a jumper, making it 33-22 Viterbo. Despite a good effort by the Falcons, the Hawks would hold a commanding lead for the remainder of the second half to finish it 66-52.

Audrah Berger led Viterbo in scoring with 14 points while Katina Mandyaris and Joni Stanek each had 10. Stanek led the team with eight rebounds while Mandyaris had six. Overall, the Hawks were 20-54 in total field goals (.370) and 21-37 in three throws (.568). They were also 5-13 in three pointers (.385).

The Falcons, now 5-6 overall, will next host St. Scholastica at 7 p.m., on Thursday at the Karges Center.
Hunstock Helps Lead Falcons to Win Over Northwestern

Dec. 15, 2007

Caitlin Hunstock scored 15 points and grabbed eight rebounds to help the Falcons defeat Northwestern 72-63 Saturday afternoon at the Karges Center.

Hunstock led the team in scoring while Jenna Hanson and Jana Benitz each had 13 points. The Falcons had 34 total rebounds, Hunstock leading with four on the offensive end. Kelli Hilt had five rebounds. The Falcons were 23-45 in total field goals (.511) and were 20-32 from the line (.625). They were also 6-14 in three pointers (.429). Hunstock finished 305 from behind the arc.

The Eagles opened the game with a jump shot by Katie Tuseth. Jenna Hanson answered with a lay up to make it 2-2, but Ariel Liesch and Kelly Zuleger each followed with three pointers to make it 8-2 Eagles. The Eagles led until 8:26 when Jana Benitz tied the game on a foul shot, making it 14-14. The Falcons led until 7:18 when a three pointer by Liesch tied it at 17-17. Another three pointer by Tuseth made it 20-17 and the Eagles would lead for the rest of the first half. They held a 29-23 lead going into the locker room.

Hunstock opened the second half with a jumper to make it 29-25. The Falcons would trail until 14:31 when a free throw from Krystal Parr made it 37-37. The Falcons would fall behind again until 10:27 when a three pointer from Hunstock tied it at 44-44. The Falcons would then command the lead until the end of the game. UWRF had two 14-point leads with the last, 62-48, coming with 5:06 to play when Hanson hit a jumper. The Eagles got to within seven, 67-60, with 1:07 to play when Kelly Zuleger hit a three.

Liesch led the Eagles in scoring with 16 points while Nikki Doyle had 13 and Zuleger had 12. The Eagles had 32 total rebounds with Tuseth leading with seven. The Eagles were 21-52 in total field goals (.404) and 11-18 in free throws (.611). They were also 10-26 (.385) in three pointers.

The Falcons, 5-5 overall, next play at Viterbo University on Saturday, Dec. 29 at 3 p.m.

Falcons Win Tight Game Over Macalester in OT

Dec. 13, 2007

The Falcons had a big victory over Macalester, taking the tight game into overtime and finishing 60-57.

The Falcons lead scorers were Caitlin Hunstock with 13 points and Kelli Hilt with 12. The Falcons had 47 total rebounds with Krystal Parr and Hilt each having 7. Overall, the Falcons were 21 for 65 in total free throws (.323) and 16 for 25 in free throws (.640). They were also 2 for 14 in three pointers (.143). Katie Theisen also lead the team in steals with 6.

The Falcons opened the game with a big jumper by Kelli Hilt. The Scots scored their first points with a jump shot by Alyssa Lund, making it 5-2. The game remained close for the rest of the first period, ending with Macalester on top, 26-24.

Macalester opened the second period with a jump shot by Trina Star to make it 28-24. The Falcons remained behind until there was only 4.07 left with a free throw by Katie Theisen making it 47-46. The second period ended with a tie of 49-49. Macalester would take the lead in OT with a free throw by Ann Baltzer. The Falcons came out strong though, gained the lead and held it until the buzzer.

Macalester’s top scorers were Alyssa Lund with 21 points and Ann Baltzer with 12. The Scots had 45 total rebounds with Baltzer leading at 16, 10 on defense, six on offense. The Scots were 20 for 57 in total field goals (.351) and 17 for 27 in free throws (.630). They were 0 for 6 in three pointers.

The Falcons, 4-5, 0-3 in WIAC, next play Northwestern on Saturday at 3 p.m.

Falcons Win at Martin Luther; Hovet Gets 100th Career Win

Dec. 11, 2007

The Falcons helped Coach Cindy Hovet gain her 100th career win in a big 67-54 victory at Martin Luther on Tuesday night.

The top scorers for the Falcons were Sarah Schoneck with a 17 points and Tess Lardie with 13. Both are career highs. The team had 43 total rebounds while Caitlin Hunstock led UWRF with eight. The Falcons were 24-62 in total field goals (.387) and 17-33 in free throws (.515). They were also 2-12 in three pointers (.167).

Nicole Lehman scored first in the game with a good jump shot for the Knights. Martin Luther would take an early lead at 4-2 and would continue to keep the game close for the first half. There were eight ties in the first half. The Falcons led at halftime, 31-27 after Schoneck scored on a lay up and Krystal Parr hit a jumper in the last 1:08 of the half.

Lehman would also score first in the second half after being fouled. But the Falcons surged back and took a solid lead which they would hold for the rest of the game. UWRF’s biggest lead (19 points), 62-43, came with 7:44 to play when Tessa Rohl scored on a lay up.

The Knights leading scorers were Katherine Kogler with 14 points and Nicole Lehman with 12. The Knights were 18-62 from the field (.290) and 16-28 from the line (.571). They were also 2-12 in three pointers.

The Falcons, now 3-5 overall, play Macalester at home on Thursday at 7 p.m.

Hovet Wins 100th Career Game

Dec. 11, 2007

Coach Cindy Hovet won her 100th career game Tuesday night when the Falcons won at Martin Luther, 67-54.

She has a 100-89 (.529) record with the Falcons.

During the 2006-2007 season Hovet, who is in her eighth season with the Falcons, moved into 13th place all-time in the WIAC for career wins, and is currently fourth in the WIAC among active coaches in wins. During her seven seasons leading the Falcons, Hovet has coached 14 women to All-WIAC honors including Traci Reimann and Mel Preiner last season.

Hovet not only demands maximum effort on the court, but in the classroom as well. “The primary focus when coming to college is to get a degree. What we stress is that no matter what you are involved with at the time, be excellent at it. Whether it is in the classroom or on the basketball floor. Being a well-balanced person is what competing and being a student athlete at the Div. III level is all about.”
The 2006-07 Falcons finished 16-11 overall (9-7 WIAC) and finished fourth in the playoffs, losing in the semi-finals to champion and NCAA qualifier UW-Stout.

Hovet was the UWRF head tennis coach and assistant basketball coach for five years before taking over the basketball program in 2000-01. Her playing career was also in the WIAC. As a student-athlete at UW-Stout she was a two-time All-WIAC first team selection in 1993 and 1994. Her senior season she was named the 1994 WIAC Player of the Year and earned All-American honors. She was named to the second All-WIAC team in 1992. She helped the Blue Devils to a 76-27 record and berths in both the NCAA Div. III and NAIA National Tournaments for four seasons. She was inducted into the UW-Stout Athletic Hall of Fame in November 2005. She is the only person who has been named a WIAC Coach of the Year (2001) and WIAC Player of the Year (1994).

Hovet earned her psychology undergraduate degree and coaching minor from UW-Stout. She completed here master's degree in kinesiology with an emphasis in sport psychology and sociology at the University of Minnesota. She currently teaches at UWRF in the health & human performance department along with her coaching duties.

Falcons Lose at UWP, 68-57

Dec. 8, 2007

The Falcons lost 68-57 at UW-Platteville Saturday afternoon despite Caitlin Hunstock's 14 points and Kelli Hilt's eight rebounds.

Hunstock lead the team in scoring while Hilt and Jana Benitz each scored nine points. The Falcons had 31 rebounds. The Falcons shot 23-60 in total field goals (.383) and were 6-9 in free throws (.667). They were 6-19 in three pointers (.316).

The Falcons scored first with a big three pointer by Jana Benitz, followed with another by Krystal Parr to give UWRF a 6-2 lead. The team's biggest lead in the first half was five points, 12-7, with 12:59 to play when Jenna Hanson hit a jumper, was fouled and made the free throw.

UWP's biggest lead was six, 23-17, with 6:31 to play. UWRF came back to take a 31-27 lead with 2:25 to play when Hilt scored on a lay in. The Falcons would finish the first half in the lead at 31-30.

There were four ties early in the second half before UWP took a 51-41 lead with 6:58 to play in the game. UWRF got to with five three times after that – the last time with just 27 seconds to play when Tess Lardie hit two free throws.

Platteville's Lisa Wubben led the Pioneers in scoring with 18 points while Megan Guersney had 13 and Druscilla Schneider had 11. Platteville had 34 total rebounds with Lisa Wubben leading with 11. Platteville was 23-52 in total field goals (.442) and 15-26 in free throws (.577). They were 6-19 in three pointers (.316).

The Falcons, now 2-5 overall, 0-3 in WIAC, next play at Martin Luther on Tuesday at 7 p.m.

Falcons Fall After Huge Comeback, 67-66

Dec. 5, 2007

UW-Stout's Lindsey Geissler made a huge layup to beat the buzzer and lead the Blue Devils over the Falcons 67-66 Wednesday night at the Karges Center.

The Falcons Jana Benitz scored a career high 19 points to lead the Falcons rally against Stout. Kelli Hilt scored 13 and Caitlin Hunstock scored 10 to help the comeback. The Falcons had 36 total rebounds with Sarah Schoeneck leading with 10, four on offense, six on defense.

The Falcons found themselves down 34-11 with 5:19 left in the first half. They began their rally then with a good pair of free throws made by Kelli Hilt off of a foul by Stout's Charlee Edwards. The first half ended with a score of Stout 39, RF 25.

The Falcons continued their rally into the second half with an opening three pointer by Krystal Parr. Parr then tied it at 48-48 with a free throw with 5:23 left. The score would continue to go back and forth until it was River Falls 66-65 with five seconds left. Lindsey Geissler then came out and made the buzzer beater to end the game.

Stout's top scorers were Julia Hirssig and Charlee Edwards with 11 points each. Stout had 42 total rebounds with Julia Hirssig leading with 7, four on offense, three on defense. Stout was 25-54 in total field goals (.463) and 12-17 on free throws (.706). They were 5-14 in three pointers (.357).

River Falls, now 2-4 overall and 0-2 in the WIAC, will next play at UW-Platteville on Saturday at 1 p.m.

Falcons Lose at Augsburg, 77-62, Despite Hunstock's 26 Point Effort

Nov. 20, 2007

Caitlin Hunstock scored a career-high 26 points but it wasn't enough as Augsburg defeated the Falcon women's basketball team, 77-62 on Tuesday night in Minneapolis, Minn.

Hunstock also led the Falcons with seven rebounds. Krystal Parr scored a career-high 11 points. Jenna Hanson, who scored two points, led the Falcons with four assists and she had four rebounds. UWRF shot 22-68 (.324) in the game, including 10-26 (.385) from behind the arc. UWRF was 8-14 (.571) from the line.

The score was tied six times in the first half. UWRF started strong with Lauren Pellowski and Tess Lardie each hitting threes to give the Falcons an early 6-0 lead. AC later tied the score on a three-point play with 17:24 to go. UWRF had a 17-14 lead with 12:20 to play when Molly Brendum hit a jumper. AC had two five-point leads in the first half and the last came with just 12 seconds to play.

In the second half the Falcons tied the game, 46-46, for the seventh time when Hunstock hit a three. But the Auggies went on a 9-1 run to take control of the contest.

AC was led by Shannon Renne who scored 16 points. AC shot 22-58 (.379) from the field, including 2-10 (.200) from three-point range. The Auggies went to the foul like 43 times and were good on 31 attempts (.721).

UWRF, now 1-2, will next host Finlandia on Nov. 28 at the Karges Center with action starting at 6 p.m. It will be the first home game of the season for the Falcons.

Poor Shooting Leads to 80-45 Loss at Winona

Nov. 17, 2007
A poor shooting night from the field was the difference in an 80-45 Falcon women's basketball loss at Winona State on Saturday night.

The Falcons shot just 14-62 (.226) from the field, including 4-24 (.167) from three-point range. The Falcons were 13-17 (.765) from the line.

Jenna Hanson and Brook Romanowski led the Falcons scoring seven points each. Both were perfect from the free throw line – Hanson was 4-4 and Romanowski was 2-2. Caitlin Hunstock, who scored four points, led the Falcons with six rebounds and Sarah Schoeneck, who scored six points, had five rebounds. Hanson and Jana Benitz each had three assists.

WSU was led by Natalie Gigler who scored 19 points. Molly Anderson scored 10 points and had a game high 10 rebounds. Winona was 27-56 (.472) from the field, including 7-18 (.389) from behind the arc. They were 19-27 (.704) from the line. Winona had a 48-34 advantage in rebounds.

The Falcons had only one lead in the game, 2-0, when Hunstock hit a jumper with 18:52 to play in the first half. Hunstock hit a second jumper with 17:54 to tie the game, 4-4. WSU went on an 8-0 run later in the half to take a 21-7 lead with 8:14 to play. The Falcons never got the deficit into single digits the rest of the game.

UWRF, now 1-1, will next play at Augsburg on Tuesday with action starting at 7 p.m.

Falcons Open Season With 74-59 Win at St. Mary's

Nov. 16, 2007

Caitlin Hunstock scored 18 points and Sarah Schoeneck added 15 to help lead the Falcon women's basketball team to a season–opening 74-59 win at St. Mary's on Friday night.

Hunstock's 18 points was a career high and Schoeneck was playing in her first collegiate game. The Falcons led 34-24 at the half.

SMU took control of the game early and had an 11 point, 19-8, lead with 11:03 to play in the first half. But the Falcons went on a 16-0 run in the next seven minutes to take the lead for good. Hunstock hit a jumper with 4:50 to play in the first half to give the Falcons a 24-19 lead. The Falcons had a slim 25-24 lead with 1:41 to play before halftime when they went on a 9-0 run to take a 34-24 halftime lead. Schoeneck scored seven of the team's nine points in the late first half run.

The Falcons built a 12 point second half lead with 12:44 to go when Krystal Parr hit a three to put UWRF ahead, 51-39. SMU got back to within five, 59-54, with 6:29 to play. But UWRF scored the next six points to go ahead, 65-54, with 5:35 to play. Jana Benitz and Parr hit lay ups and Hunstock hit a jumper to help the Falcons in the run.

Hunstock was 8-11 from the field, including 1-2 from three-point range. She had four rebounds. Schoeneck was 5-7 from the field and 5-6 from the line. She had three rebounds. Jenna Hanson, who scored four points, led the Falcons with six rebounds. Tess Lardie scored seven points and led UWRF with six assists.

The Falcons shot 28-58 (.483) from the field, including 6-20 (.300) from behind the arc. They were 12-17 (.706) from the line.

SMU was led by Kelly Tanke who scored 17 points. The Cardinals were 16-42 (.381) from the field, including 5-16 (.313) from three-point range. They were 22-29 (.759) from the line. Both teams finished with 34 rebounds.

The Falcons, 1-0 overall, will play at Winona on Saturday at 6 p.m.
Entering her eighth season as the head women's basketball coach, Cindy Hovet leads the Falcons through arguably the toughest conference in the country. In her tenure as head coach the Wisconsin Intercollegiate Athletic Conference has seen three NCAA champions and two second place finishers.

During the 2006-2007 season Hovet, who is in her eighth season with the Falcons, moved into 13th place all-time in the WIAC for career wins, and is currently fourth in the WIAC among active coaches in wins. During her seven seasons leading the Falcons, Hovet has coached 14 women to All-WIAC honors including Traci Reimann and Mel Preiner last season. Hovet not only demands maximum effort on the court, but in the classroom as well.

"The primary focus when coming to college is to get a degree. What we stress is that no matter what you are involved with at the time, be excellent at it. Whether it is in the classroom or on the basketball floor. Being a well-balanced person is what competing and being a student athlete at the Div. III level is all about."

The 2007-08 Falcons will look vastly different from previous seasons as the Falcons graduated five seniors. Youth will be in abundance for Hovet as the Falcons make their way through a difficult 26 game schedule, which opens on the road Nov. 16 and 17 at St. Mary's and Winona respectively. The Falcons open WIAC play on Dec. 1 at UW-Oshkosh.

"With our top seven scorers from last year graduated or not returning, it will be a whole new challenge from the start. Our returning players will have a lot on their plate; they have to get their own experience playing in the WIAC plus fill a huge leadership role for us. They will have to teach our younger players what being a player in the WIAC is all about, and more importantly, teach them what being a River Falls basketball player is all about. They will have to teach them that we are a detail-oriented team that prides itself on doing the little things right. We are young, and we are very athletic. I'm excited to see our team come together during the season as players develop and chemistry solidifies. We are going to be a team that is going to push the ball up and down the floor, and we have a chance to be a lot better than people think we will be."

The 2006-07 Falcons finished 16-11 overall (9-7 WIAC) and finished fourth in the playoffs, losing in the semi-finals to champion and NCAA qualifier UW-Stout.

Hovet was the UWRF head tennis coach and assistant basketball coach for five years before taking over the basketball program in 2000-01. Her playing career was also in the WIAC. As a student-athlete at UW-Stout she was a two-time All-WIAC first team selection in 1993 and 1994. Her senior season she was named the 1994 WIAC Player of the Year and earned All-American honors. She was named to the second All-WIAC team in 1992. She helped the Blue Devils to a 76-27 record and berths in both the NCAA Div. III and NAIA National Tournaments for four seasons. She was inducted into the UW-Stout Athletic Hall of Fame in November 2005. She is the only person who has been named a WIAC Coach of the Year (2001) and WIAC Player of the Year (1994).

Hovet earned her psychology undergraduate degree and coaching minor from UW-Stout. She completed here master's degree in kinesiology with an emphasis in sport psychology and sociology at the University of Minnesota. She currently teaches at UWRIF in the health & human performance department along with her coaching duties.

Assistant Coaches

Kathy Holbrook starts her fifth year as an assistant coach with the Falcon women's basketball program. Coach Cindy Hovet says, "Kathy specializes in working with our post players. She's an excellent teacher of the details of the game, and is especially strong working on individual player development. She keeps kids motivated and always looks for encouraging things to say. Kathy truly believes in the Div. III philosophy and is committed to our student-athletes having a great experience. She is professional, competitive and driven to help us become a better team."

Holbrook's athletic background is impressive in both basketball and volleyball. At Doane College in Nebraska, she was selected the school's Outstanding Female Athlete her junior and senior years of competition. She earned All-Conference and NAIA All-District recognition for two straight years for her success on the basketball court. She was inducted into the Doane Hall of Fame in 2003 for her excellence as a student-athlete. She is also in the Hall of Fame at Central City High School in Nebraska.

Holbrook is currently a home health physical therapist for Aspen in the Twin Cities. She earned her undergraduate degree in natural science with a biology emphasis at Doane in 1983. She went on to earn a certificate in physical therapy from the Mayo Clinic's School of Health Related Sciences in Rochester, Minn.

Mike Babler joins the Falcon basketball program for his first season as an assistant coach. Coach Cindy Hovet says, "Mike has a lot of coaching experience and will be a great addition to our staff. He particularly loves coaching the defensive end of the floor and will make us a tougher team at locking down and getting stops on defense. Mike's enthusiasm and ability to break down film for scouting is also a real strength. I'm glad to have him join our staff, he has a lot to add to our program."

In 2005-06 he was the assistant girl's basketball coach at River Falls High School and before that was an assistant junior varsity coach for three seasons. After moving to River Falls in 1982, he coached several local boys and girls youth teams. He started his teaching and coaching career at Hamilton High School where he was an assistant boy's coach. Babler helped lead Hamilton to WIAA State tournament appearances twice in the three years he coached there. Babler is a 1977 graduate of UW-Whitewater. He earned his undergraduate degree in education with a coaching minor. He is also the head girl's soccer coach at River Falls High School. He owns Valley Services, Inc. - Heating and Air Conditioning in Hudson. He and his wife, Mary, have two children. Their son Ryan currently attends UW-River Falls, and their daughter Sarah attends UW-Green Bay.