WEEK OF DEC. 7, 2020 | VOL. 15
Falcons Forward webpage.

COVID-19 UPDATES
For the latest information, please visit the Falcons Forward webpage.

- COVID-19 Testing Window
  - Students actively living in the UWRF residence halls should be testing in Hagestad Hall during the week of Dec. 7-11. This is a voluntary opportunity to get tested in advance of any plans you might have to leave campus for the holidays. You can make an appointment here. Testing and being aware of your COVID-19 status is the responsible thing to do in an effort to keep your family and friends safe. UWRF will not be providing quarantine or isolation options until spring term.

- It might not be a cold or ‘just allergies’
  - Yes, it’s true that some COVID-19 symptoms can mimic seasonal allergies or a cold, but that’s no reason to ignore them. Your peers who have tested positive for COVID-19 have reported the following very mild symptoms: snifflies and runny nose, headache, upset stomach or the chills, they can be COVID-19 symptoms masking like the seasonal flu, cold or allergies. Most admit in the post test contact tracing process that they had dismissed these specific symptoms because they were so mild.

  Also remain aware of the following COVID-19 symptoms that are often the most common: loss of smell and taste, cough, body aches and fatigue, shortness of breath. Visit the CDC website for more information.

- Residence Life Updates
o Residence halls officially close at 10 a.m. on Tuesday, Dec. 22. Students who need to stay in the halls after that date should submit a winter/J-term housing contract.

o Winter/J-term housing contract is available for students who currently reside on campus at go.uwrf.edu/winter. Contracts must be submitted by January 3, 2021, and cannot be canceled after January 3. Contracts should be submitted no less than 24 business hours in advance for processing time.

o To celebrate Hathorn Hall’s 70th birthday (the first residence hall at UWRF), Residence Life and Dining Services will be serving cupcakes over the lunch period at Riverside Commons on December 10. Join us to celebrate 70 years of Hathorn Hall!

– Look for answers to other frequently asked questions here.

EVENTS THIS MONTH

Stay up to date by downloading the CORQ app.
# December

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## REMINDERS

- Chancellor Search and Screen Committee Wants to Hear From You!
  - One of the first and most important activities that the committee undertakes is to listen and learn more from us about the attributes and expectations for the next chancellor. To gather that feedback, listening sessions are set for **Monday, Dec. 7,** for employees, students and other stakeholders to provide input on priorities and challenges for our 19th chancellor. All listening sessions are open.
While anyone can join any session that is convenient, sessions will focus on particular stakeholder groups as follows:

- Faculty 8:30-9:30 a.m.
- Academic Staff/Limited Appointees 9:40-10:40 a.m.
- University Staff 10:50-11:50 a.m.
- Community and Alumni 12:20-1:20 p.m.
- Chancellor’s Cabinet 1:30-2:30 p.m. (Open session. Participation limited to cabinet members)
- Students 2:40-3:40 p.m.

- On December 7, join a session through the MS Teams virtual meeting platform:
  - Access information: Click here to join the meeting Or call in (audio only): +1 (262) 771-0470 Phone Conference ID: 572 812 583#

- **Improve your Emotional Health and Well-Being**
  - SilverCloud Health, UWRF’s online program to support your emotional health and well-being, is a confidential online portal that offers secure, immediate access to online programs for stress, anxiety, and depression. Each module offers information, tips and interactive activities to better understand one’s emotional well-being. Available for free to all UWRF students, staff and faculty.

- **We Are Falcons Values Series: A Focus on Race Creating Communities where #BlackLivesMatter: Pandemic Edition, 7 p.m., December 9**
  - Join Saint Norbert College Assistant Professor Craig A. Ford, Jr., in this program designed to generate real action steps that result in greater antiracist commitment with your college community. Ford will interact virtually with a wider campus audience, taking into account the information gathered from a previous conversation with student leaders and campus advocates, and will offer a presentation on what the pandemic and recent #BLM protests have taught us about realizing racial justice in your college community. As with all We Are Falcon’s events, the first 150 student attendees will receive a custom giveaway item.

- **Fall Textbook Return**
  - If your textbook is no longer needed, you can drop it off at one of the following locations:
    - The book drop outside of Hagestad Hall, open 24/7.
    - The book drop in the basement of Hagestad Hall to the left of Textbook Services (29 Hagestad).
    - Collection bins on each of the three levels of the library lobby.
  - Starting December 7, there will also be a collection bin in the University Center. **All items checked out from Textbook Services are due back by December 22.**
  - If you are unable to physically return your books to campus, mail your items to:
    - UW-River Falls
    - Textbook Services
    - 410 S. 3rd Street
    - River Falls, WI 54022
Books that are mailed must be postmarked by December 22 to be considered returned on time. **Overdue and lost fees will apply.**

- If you have any questions concerning book return, email textbookservices@uwrf.edu.

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**Falcon Shop Sale**

- 30% off hats, sweatshirts and t-shirts Wednesday, Dec. 8 and Thursday, Dec. 9 (online only).

**Voice of the People Book Club, “Afterlife” by Julia Alvarez**

- The Diversity, Inclusion and Belonging Office will be offering a monthly book club showcasing various authors and topics. This month’s topic, “Celebrating Latinx Voices,” features the book “Afterlife” by Julia Alvarez. For more information or to request a FREE copy of the book, click here. If questions, email inclusion@uwrf.edu

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**COMING UP**

- **Freeze Fest- Friday, Dec. 11**
  - Join Campus Recreation as they host FREE late-night fun at the Falcon Center and wrap up the semester... and 2020!
    - 7-9:30 p.m. - Crate Stacking @ Knowles Field House
    - 7-9:30 p.m. - Iceless Curling @ Knowles Field House
    - 7-9:30 p.m. - Open Batting Cages (Baseball/Lacrosse) @ Knowles Field House
    - 7-9:30 p.m. - Open Recreation @ Fitness Center and Knowles Field House
    - 7-9:30 p.m. - Open Skate @ Hunt Arena ([Register Here](#))
      - 7-8 p.m. - Open Skate Session #1
      - 8:30-9:30 p.m. - Open Skate Session #2

**REGISTRATION:** Registration only required for Open Skate (limit of 30 participants per session). All other events are drop-in only (no registration required).

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**KEEP UP TO DATE**

- Diversity, Inclusion and Belonging weekly email announcements
- Student Voice - campus newspaper
- Student Organization weekly newsletter

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**QUESTIONS or COMMENTS**

falconweekly@uwrf.edu