TUTUORING SERVICES
Tutoring Services is continuing to offer tutoring remotely. The OWL (Online Writing Lab) is open for the semester. Students may submit their papers on Canvas and receive feedback from a tutor, typically within three business days. In order to access the OWL, students must self-enroll at https://uwrvf.instructure.com/enroll/TD76EN. If questions, email joseph.rein@uwrf.edu.

The Math Tutoring Center is offering math help remotely. Click on this link for directions https://www.uwrf.edu/MATH/MathHelpCenter.cfm.

Free tutoring in other subjects is still available! Although all on-campus centers are closed for the Spring 2020 semester, the Student Success Center will still be offering remote appointment-based tutoring for many classes. For more information on connecting with a tutor, visit https://www.uwrf.edu/AcademicSuccess/Tutoring/TutorTrac.cfm. Once you have made an appointment through Tutor Trac, you and your tutor will decide on a virtual meeting platform (Canvas, Skype, Microsoft Teams, Zoom etc.).

For more information or assistance finding a tutor, please contact Kelly Grenzow at kelly.grenzow@uwrf.edu.

ABILITY SERVICES
The Ability Services Office continues to provide services to students virtually during alternative instruction. Students will be asked to email the Ability Services Office at ability.services@uwrf.edu to inquire about setting up a remote meeting. Once a time is agreed upon, a meeting invite will be sent to the student’s UWRF email from an Ability Services staff.

All academic and housing intakes, follow-up meetings, meetings to review accommodations, meetings to problem-solve concerns, meeting check-ins, etc., will continue as normal. Students can elect to use Microsoft Teams or Google Hangouts to conduct remote meetings with staff. Opportunities for Currently Registered Students Weekly Virtual Study Hall Session Weekly Q and A Session with Ability Services Staff Access to Weekly Office Updates via Video PowerPoint Recordings

The “Resources for Students” section on the homepage of the Ability Services Website, is updated regularly with new resources and learning tips for students.

STUDENT INVOLVEMENT
Check out what Student Involvement is offering! https://www.uwrf.edu/StudentInvolvement/

Virtual Involvement Center
Visit the Virtual Involvement Center. We know that many of you are missing the Involvement Center and all that it offers. That is why we are offering a Virtual IC for you to explore, engage with and add to! Check out the offerings and keep the Involvement Center love flowing! We are still Falcons after all!
**FALCON CENTER**

These are strange and trying times. And because of—not in spite of—that, it’s important to take care of yourself. Maintaining your physical well-being can help you manage stress and boost your immune system. **Check out virtual fitness at the Falcon Center**

**STUDENT HEALTH AND COUNSELING**

**UWRF Personal Counselors Appointments**: We are offering remote telecounseling therapy appointments, just as we had in-person, so if students wish to schedule a counseling appointment, please email (counseling.services@uwrf.edu) or call 715-425-3884.

**Medical Clinic Appointments**: Vibrant Health Family Clinics in River Falls Students should call ahead for appointments, and identify themselves as a current UWRF student (425-425-6701). Current students can call Vibrant Health Family Clinic in River Falls to schedule appointments, and depending on the issue, remote telephone appointments may be scheduled with a provider, or an in-person appointment may need to be scheduled, but many appointments are now being managed remotely by telephone. These appointments are covered by Student Health Services just as in-person appointments have been in the past, so covered services remain the same. For more information about covered services, go to https://www.uwrf.edu/StudentHealthAndCounseling/StudentHealthServices/RFMC.cfm.

**Reproductive Health Appointments**: Pierce County Reproductive Health Services in River Falls (1234 S. Wasson Lane, 715-425-8003) is closed due to the COVID-19 situation until further notice. For urgent requests and appointments, such as pill refills, students should call the Ellsworth Office at 715-273-6755 and requests will be triaged from there. Please continue to check the Student Health and Counseling Services web pages for updates. https://www.uwrf.edu/StudentHealthAndCounseling/StudentHealthServices/PCRHS.cfm

**CAREER SERVICES**

**Virtual Career Coaching**: To request an appointment to discuss resumes, cover letters, job/internship searching, interviewing, LinkedIn, career exploration or additional career-related topics with our dedicated team, visit our website at www.uwrf.edu/career to access the online appointment scheduling form.

**Resume Review Via E-mail**: Get personalized resume feedback by visiting our website at www.uwrf.edu/career to access the online appointment scheduling form and emailing your resume in Word format to career.services@uwrf.edu. Please include specific information about the type of opportunities you are applying for as this will help us provide more specific feedback.

**Jobs and Internships**: Log into Handshake to find jobs, internships, and summer employment opportunities.

**Career Exploration**: Please visit our website at www.uwrf.edu/career to access the online appointment scheduling form to request a career assessment appointment. In addition, feel free to access additional exploration tools.

**Mock Interviewing**: Have an interview coming up? We can help! We can facilitate interview prep and video interview practice with our team as well as employers. To request an interview prep or mock interview appointment, visit our website at www.uwrf.edu/career to access the online appointment scheduling form.

**Healthy you, Healthy U.**