BY THE NUMBERS
2018 - 2019

98 % of students
Said “having access to health care through Student Health Services had a positive impact” on their academics

96 % of students
Agreed or strongly agreed that “it is important for me to have Counseling Services located on campus”

2,480
Average number of student appointments at Vibrant Health Family Clinic for the last 5 years

2,220
Individuals Counseling Sessions

206
Outreach events by Student Health and Counseling

Increase in Services:

9.6 %
Increase in the number of students seen in Counseling Services since the prior year

78.2 %
Increase in percentage of enrolled students seen in Counseling Services in the last twelve years

52.2 %
Increase in the percentage of providers visits for students at Pierce County Reproductive Health Services in the last three years

Student Client Comments:

Counseling Services: “It really helped me become aware of my behavioral patterns and how to utilize new coping strategies,” “I have learned to be more mindful and think through thoughts and emotions”

Vibrant Health Family Clinic: “Awesome doc and great staff,” “Caring provider,” “Super helpful,” “Did a great job”

Pierce County Reproductive Health Services: “Each time that I came in the RNs explained everything thoroughly,” “All of my questions were answered. I felt comfortable,” “Flexible scheduling. Warm and welcoming”

Top Reasons Students Visit Counseling Services

Anxiety/Fears/Worries (other than academics)
Stress/Stress Management
Depression/Sadness/Mood Swings
Low Self Esteem/Confidence
Procrastination/Motivation