American College Health Association

Vaccine Recommendations:

- Meningococcal: Quadravalent A, C, Y, W-135. Recommended for students living in the residence halls or other college students who wish to reduce their risk with initial or booster dose of conjugate vaccine on or after age 16. Serogroup B: May be used for adolescents and young adults for short term protection.
- Hepatitis B: recommended for all students who have not already received this series. A three shot series is given during a six month period.
- Tetanus: a booster is needed every ten years after the childhood primary series. One of these doses should be Tdap (Tetanus, diphtheria, and acellular pertussis).
- Measles, Mumps, Rubella (MMR): two doses after first birthday and at least 28 days apart
- Varicella (Chickenpox): two doses at least 12 weeks apart if vaccinated between 1 and 12 years of age and at least 4 weeks apart if at age 13 years or older. Students may want to consider this vaccine if they have never had the chickenpox or have not been previously vaccinated.
- Influenza: recommended annually to avoid disruption to academic activities.
- Hepatitis A: two shot series given over six to twelve months. Students may want to consider receiving this vaccine at least one month before traveling to high risk countries.
- Polio: childhood primary series. Booster is needed for some foreign travel.
- Human Papillomavirus Vaccine (HPV): three doses over a six month period is recommended for females up to age 26 and males up to age 21. Males 22-26 may also be vaccinated.

Where to go for Vaccines

Pierce County Public Health Department, in collaboration with Student Health Services, offers most vaccinations free or at a reduced cost to UWRF students at regularly scheduled clinics at their River Falls Office (same location as Pierce County Reproductive Health Services). To receive immunizations at these monthly clinics, students must call the Pierce County Public Health Department office 715-273-6755 in advance to set up an appointment to receive the requested vaccines at the River Falls Office. Student Health Services sponsors on-campus influenza shot clinics each fall. Vibrant Health Family Clinics in River Falls also offers vaccines, but students are responsible for the full cost (except tetanus, MMR and influenza, which are covered by Student Health Services at this location). Payment at time of service will be required for travel vaccines not covered by Student Health Services or the students’ personal health insurance. Vibrant Health Family Clinics will submit claims to insurance.

Tuberculosis (TB) Screening Recommendations

The Centers for Disease Control recommend TB screening for persons in certain high risk groups. For more information about TB and these recommendations, check the Student Health Services webpage under Immunizations. Student Health Services covers the cost of TB skin testing (Mantoux) for students at Vibrant Health Family Clinics in River Falls.

Other Services and Information

Taxi Service:
The taxi to River Falls 715-425-7678 provides free transportation to and from Vibrant Health Family Clinics in River Falls, St. Croix Valley Sexual Assault Response Team (SART), Center and Pierce County Reproductive Health Services. A valid student ID must be presented each time.

Health Insurance:
The government now requires most people to have health insurance, please consult the Student Health Services webpage under Immunizations. Students who are currently covered by health insurance should check with their carrier to see what arrangements need to be made for coverage to continue while at college. All Students should carry health insurance and prescription coverage cards with them.

Emergency Medical Care:

Students may call Vibrant Health Family Clinics after clinic hours to talk to a provider 715-425-6701. Emergency Medical Care is provided after clinic office hours at the River Falls Area Hospital 715-307-6000, which is adjacent to Vibrant Health Family Clinics in River Falls. This care is NOT covered by Student Health Services and so all charges for care are the student’s responsibility.

Prescription Medications:

Prescription medications are NOT covered by Student Health Services and there is not a pharmacy available at Vibrant Health Family Clinics. Pharmacies available in River Falls include:

- Family Fresh Pharmacy 715-425-8494
- Freeman Drug Inc 715-425-2255
- Shopko Pharmacy 715-425-6272
- Walgreens Pharmacy 715-426-4089

within walking distance from campus

Medical Excuses:

UWRF Student Health Services does not provide excuses for absences from class. Students who have missed classes, exams, quizzes or assignments due to illness or injury need to notify their faculty and make arrangements for make-up work. Medical excuses will not be written by staff or providers at Vibrant Health Family Clinics.

Counseling Services for Students:

On-campus confidential personal counseling is available for students free of charge at UWRF Counseling Services 715-425-3884: www.uwrf.edu/counseling. Referrals to Vibrant Health Family Clinics in River Falls for medications are also available for current students. Alcohol and other drug assessments are available for currently enrolled UWRF students. A fee is charged for assessments requested as part of court or other sanctions.

Get Involved With Campus Health:

Get involved in campus health by participating in health related groups such as: Active Minds, Campus Sexual Assault Coalition, University Advisory Council on Health & Wellness, or the Chancellor’s Advisory Council on Alcohol, Tobacco and Other Drugs. Contact Student Health Services for more information 715-425-3293.

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Who Does Student Health Services Serve?

Full time and part time UWRF students are eligible as long as they are registered for the current term and have paid the required fees. Students are eligible between consecutive terms as long as they are registered for the next term and have paid the required fees. Part of the segregated fees paid by students supports these services.

Where are the Clinical Services Provided?

Specific clinical services are provided for eligible UWRF students through contractual agreements with Vibrant Health Family Clinics in River Falls and Pierce County Reproductive Health Services.

Student Health/Counseling Services Resource Area

Information on general and mental health issues is available on a walk-in basis at 211 Hagestad Hall and on our web page.

Director of Student Health and Counseling Services

The director provides general oversight of Student Health and Counseling Services and works on services, policies, and programs for the optimal health and mental health of students.

Vibrant Health Family Clinics

Vibrant Health Family Clinics in River Falls provides a full range of medical services, including serving as a registered travel clinic. Although basic office visits and basic physical exam visits are covered by Student Health Services, the cost of certain procedures or services performed during an office visit, such as wart removal or medication injections, are NOT. Prenatal care and specialist visits (such as surgeons, oncology physicians, and radiologists, etc.) are NOT covered by Student Health Services. In some instances, when a test is positive, the laboratory automatically runs additional testing. This additional testing is NOT covered by Student Health Services. A student’s health insurance will be billed for services prior to being sent to Student Health Services. What is covered by Student Health Services?

The services below are provided at Vibrant Health Family Clinics in River Falls for current UWRF students. Student Health Services only covers these services at the River Falls location.

Covered services include:

- Basic office visits and basic physical exam visits (family practice physician, physician assistant, and nurse practitioner)
- Thorax cultures
- Monospots (mononucleosis test)
- Complete blood counts
- Hemoglobin
- Urinalysis
- Pap smears
- Certain sexually transmitted disease testing
- HIV testing
- Urine pregnancy testing
- Allergy injections
- Tetanus, diphtheria, and pertussis vaccines (Td or Tdap), measles,mumps and rubella (MMR), and Influenza vaccines
- Tuberculosis skin testing ( Mantoux)
- Emergency Contraception

*Both male and female providers are available.

Appointments

Appointments are to be scheduled in advance by calling Vibrant Health Family Clinics. Students need to call to schedule same day appointments to be seen for an illness or injury. Walk in hours are on Sundays only.

Clinic Location and Hours

Vibrant Health Family Clinics
715-425-6701
FAX: 715-425-7075
1687 East Division Street, River Falls
Hours:
- Monday - Thursday 8:00 am to 8:00 pm
- Friday 8:00 am to 5:00 pm
- Saturday 8:00 am to 12:00 noon
- Sunday 10:00 am to 2:00 pm (walk in only)

Who to Contact after Clinic Hours

After the clinic, students can call Vibrant Health Family Clinics and the answering service will put them in touch with a clinic provider. River Falls Area Hospital and emergency room visits are not covered by Student Health Services.

What to Bring

- Valid student ID (required)
- Insurance card (if students are covered)

If students do not wish for their insurance company to be billed they should notify the clinic registration staff.

Pierce County Reproductive Health Services

What is Covered by Student Health Services?

Student Health Services covers:

- Pap smears/annual preventative exams
- Certain sexually transmitted disease testing and treatment
- Genital wart diagnosis and treatment
- HIV testing
- Urine pregnancy testing and referral information
- Complete blood counts
- Hemoglobin
- Bacterial vaginosis, urinary tract, & yeast infection screening & treatment
- Emergency contraception

Services provided at a reduced charge or free with FPOS include:

- Birth control pills and certain other contraceptive options
- Depo-Provera injections
- Over the counter supplies: Male and female condoms, lubricating gels

All reproductive health services are provided by female practitioners and all supplies (birth control, condoms, medication, etc.) are available same day as visit.

Who is Financially Responsible?

Students are financially responsible for all services received at Vibrant Health Family Clinics and Pierce County Reproductive Health Services that are not covered by Student Health Services.

- Students should familiarize themselves with which services are and are not covered.

- If Vibrant Health Family Clinics is not within their insurance’s provider network it may benefit the student to seek care from another clinic within their network rather than incurring charges not covered by Student Health Services.

- If changing their primary clinic to Vibrant Health Family Clinics may be an option with some insurance plans.

- Vibrant Health Family Clinics’ ability to see a patient may be jeopardized if the student has an outstanding bill.

- UWRF does not provide any type of compensation for injuries that occur on campus. Each student and visitor is expected to have their own health insurance to cover personal medical costs.

Immunizations

University Requirements

Students should check their immunization histories, update needed vaccines, and carry their records with them. Wisconsin state law requires that all enrolled college students have education on meningococcal disease, hepatitis B, and the availability and effectiveness of vaccines. Universities must ensure that each student residing in campus housing affirms that he/she has received the immunization information, and if the student has been vaccinated, he/she must provide the date(s) of the vaccination(s), but does not require these vaccinations.