The UWRF Honors Program: Student’s Guide

139 Hagestad Hall

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Katy Maas, Program Associate honors@uwrf.edu

www.uwrf.edu/honors
Hello, and Welcome to the Honors Program at UWRF!

You are now part of an exciting program on campus that brings dedicated, intelligent students together in academic and social contexts designed to enrich your college experience. Belonging to the HP@UWRF has many benefits, including:

✓ **Priority Registration**
  - You will be assigned a time to register for classes that is before other students of your same credit level.

✓ **Honors Advising**
  - In addition to your major-specific academic adviser, Dr. Kathleen Hunzer, Director of the Honors Program, will also serve as your adviser.

✓ **Community Atmosphere**
  - We encourage students to interact both socially and academically.

✓ **Connections with Dedicated Faculty**
  - The faculty selected to teach in the Honors Program are the best on campus.

✓ **Use of Honors Student, Staff, and Faculty Interaction Space in Hagestad Hall 139**
  - Feel free to study, relax, collaborate, and enjoy a warm beverage (and sometimes a free snack!) in Hagestad Hall 139—here you will also find Katy Maas, University Services Program Associate for the Honors Program, and Dr. Kathleen Hunzer, Director of the Honors Program.

✓ **Automatic Membership in the Collegiate Honors Society (a student organization)**
  - Join in on activities throughout the year with your peers.

We look forward to spending time with you as your complete our program!

Dr. Kathleen Hunzer

Katy Maas
The HP in Brief…

In order to complete the HP@UWRF, you will take two Honors-specific classes and demonstrate knowledge in five core competencies:

**HON 190: Honors Seminar:** All Honors students enroll in HON 190 early in their UWRF career, preferably in your first semester in the program. Taught by instructors from several departments, this one-credit seminar is the foundational class that explores why each of the five Honors competencies is important and then helps you create your personalized Honors Program plan. We want you to earn as many of your Honors credits as possible as you take classes required for graduation, so nearly all of the Honors credits will count toward degree completion.

**GLOBAL ENGAGEMENT/AWARENESS:** All UWRF students must complete a “Global Perspectives” (GP) class in order to graduate, so this class will count in this competency. The rest of this requirement may be earned in a variety of ways: by completing a second GP class, taking a 200-level or above Modern Language class (i.e. Spanish, French, German, Chinese, or Japanese), participating in a credit-bearing study abroad experience, or by completing a “portfolio project.”

**COMMUNICATION/RHETORICAL SKILLS:** All Honors Students must have strong reading, writing, and thinking skills; therefore, Honors students will take an Honors- or discipline-specific section of ENGL 200 (a General Education requirement) or will take a class that introduces you to your discipline’s language (e.g. BIOL 160: General Biology--Freshman Research Focus, CSD 160: Introduction to Communication Sciences and Disorders, ENGL 253: Introduction to Literary Studies, PSYC 216: Research Methods, etc.). You will be provided with a detailed list of the Communication/Rhetoric classes when you craft your HP plan in HON 190.

**COMMUNITY ENGAGEMENT:** Being active in the community—whether that is the campus community, your home community, the national community, or the global community—offers a variety of benefits to students; therefore, if you plan on graduating from the Honors Program, you must complete at least 135 volunteer hours prior to graduation. These 135 hours may be split across all four years or done in a shorter amount of time and may be done throughout the year, including over the summer, Spring Break, or J-Term.

**SUSTAINABILITY:** Sustainability is the study of three key areas: economic, social, and environmental justice. Since part of our mission at UWRF is to prepare ethical and engaged students, all Honors students will take courses that explore two of the three “pillars of Sustainability” named above. You will work with your instructor in HON 190 to choose classes in this requirement that also count in your major/minor and/or in your University/General Education requirements—courses from nearly all majors are available to meet this requirement.
UNDERGRADUATE RESEARCH, SCHOLARLY, AND CREATIVE ACTIVITY (URSCA): Another part of our mission at UWRF is to introduce you to the benefits of being involved in research and scholarly activities; therefore, to meet this requirement, you will complete an undergraduate research, scholarly, or creative activity in an upper-level class in your major and/or minor. The class in which the URSCA activity takes place meets this requirement.

HON 497: Honors Capstone Seminar: To complete the Honors Program, all Honors students must take HON 497, a class where Honors students meet once per week for 50 minutes to listen and respond to URSCA presentations by your peers in the Honors Program. This class will be taken near the end of your programs or immediately after your URSCA project has been completed.

Please note...

1) Nearly all of the classes you take in these competencies will also count in your major/minor, General Education, and/or University requirements. The credits you need to take to complete the Honors Program outside of your graduation requirements are kept to a minimum so that you are not taking “extra” classes to complete the program.

2) In order to graduate with the Honors Program on your transcript, you must have at least a 3.5 GPA by your final year.

3) Students may NOT double-count courses between the different Honors Program competencies. For example, ESM 251 cannot count as both Communication/Rhetorical Skills and Sustainability.

4) The Honors Program Office audits your progress bi-annually. If you are not making progress toward completing the Honors Program, you may be removed from the program.
Completing the Requirements…

The information on the following pages details how you will complete the Honors Program.

**HON 190: Honors Seminar**

The days and times of these classes will vary each semester, but each class will have a common curriculum for the first ten weeks of class, and then the final four weeks of class will vary with the instructor. Consult the Honors Program website for the most up-to-date listing of availabilities.

**GLOBAL ENGAGEMENT/AWARENESS**

The first 3 credits of this competency are met with the Global Perspective class you take as one of your University requirements for graduation. The second 3 credits can be taken in one of the following ways:

- a credit-bearing education abroad experience **OR**
- a 200-level or higher Modern Language class (i.e. Spanish, French, German, Chinese, or Japanese) **OR**
- a second GP class from the university-approved list **OR**
- by preparing a Global Connections portfolio that provides a detailed outline of the global experience completed by the student; once the portfolio is approved by the HP Director, the requirement will be satisfied. See page 9 of this booklet.

**COMMUNICATION/RHETORICAL SKILLS**

These 3 credits can be earned in the following ways:

- by taking the Honors section of ENGL 200 (section 20) or a major-specific section of ENGL 200 (all of these classes are section 21 or above but not section 65) **OR**
- by taking a class that is dedicated to understanding the role of media in society **OR** the uses of rhetoric as a citizen **OR** the communication and rhetorical strategies of the student’s major field, which includes

<table>
<thead>
<tr>
<th>Rhetorical/Communication Skills</th>
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<tbody>
<tr>
<td>CAFES</td>
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<td>CAS</td>
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<td>CBE</td>
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<td>CEPS</td>
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COMMUNITY ENGAGEMENT

This requirement can be met in the following ways:

- by taking HON 371 class for a total of 3 credits, either in one semester or across three (1 credit = 45 hours/semester; 2 credits = 90 hours/semester; 3 credits = 135 hours/semester) OR

- by preparing a Community Engagement portfolio that provides a detailed outline of the required service hours with a mentor or supervisor signature for the hours; once the portfolio is approved by the HP Director, the requirement will be satisfied. See page 9 of this booklet.

SUSTAINABILITY:

Students are required to explore two different aspects of Sustainability in one of the following ways:

- by taking two different classes that address two different aspects of the definition of sustainability

<table>
<thead>
<tr>
<th>College</th>
<th>Social Justice*</th>
<th>Economic Development/Justice*</th>
<th>Environmental Awareness/Impact*</th>
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<tbody>
<tr>
<td>CAFES</td>
<td>AGEC 250, 445; ANSC 115, 221, 364, 415; ESM 251, 351; GEOL 269, 350; SMGT 340;</td>
<td>AGEC 250, 445; ESM 251, 351; GEOL 350; SMGT 230, 235, 330, 331, 332, 430, 435;</td>
<td>AGEC 250, 445, 450; AGEN 325, 365, 425; ANSC 364; CROP 368, 462; ESM 105, 220, 245, 251, 300, 343, 351, 360, 411, 435, 445; GEOL 115, 150, 269, 350; HORT 250, 268, 352, 452; PLSC 120 or 161; SMGT 310, 320, 325, 360, 460; SOIL 325, 440</td>
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<tr>
<td>CAS</td>
<td>ANTH 231, 316, 322, 331, 338; ART 321, 392; BIOL 253, 308; COMS 213, 315, 440; CRIM 241, 321, 351, 442; DFT 248, 310, 340; ENGL 203, 205, 207, 208, 212, 214, 215, 228, 230, 252, 300, 306, 307, 310, 313, 317, 350, 441, 442, 450, 471; FILM 248, 300, 306, 307, 309, 310, 442; GEOG 237, 322; HIST</td>
<td>COMS 315; ENGL 228, 310, 313; GEOG 220, 322; HIST 436; PHIL 304, 308; POLS 332, 335; SOCI 231; THEA 110</td>
<td>ANTH 395; BIOL 278, 344, 354, 360; ENGL 228, 310, 313; GEOG 110, 212, 213, 214, 300, 318, 322, 412; HIST 365; PHIL 301, 303, 323; POLS 355; SOCI 332; THEA 110; WGST 320</td>
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The chart below lists courses that can count both in the Honors Program and in your degree requirements.

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<thead>
<tr>
<th>Graduation Requirement *</th>
<th>Sustainability #1: Social Justice *</th>
<th>Sustainability #2: Economic Justice *</th>
<th>Sustainability #3: Environmental Justice*</th>
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<tr>
<td>Multidisciplinary</td>
<td>ANTH 395; ART 392; BIOL 308; ECON 312; ENGL/FILM/WGST 300; ENGL/FILM 306; ENGL/FILM 317; GEOG 350; HIST 368; HUM 305; PHIL 359; WGST 320 or 350</td>
<td>ACCT 461; ECON 201, 202, 329, 340, 362; FINC 210, 314, 345, 355, 450; MGMT 355, 430; MKTG 355;</td>
<td>ANTH 395; ESM/BIOL/GEOG 300; PHIL 301 or 323; WGST 320</td>
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<tr>
<td>American Cultural Diversity</td>
<td>ANTH/SOCI 322; COMS 213; ECON 312; ENGL 203, 208, 212, 228, or 252; ENGL/WGST 443; GEOG 237; HIST 206 or 207; MGMT 330; POLS 212; PSYC 385;</td>
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<td>ENGL 228</td>
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<td>Global Perspectives</td>
<td>AGEC 250; ANTH/SOCI 231; BIOL 308; ENGL 214 or 230; ENGL/FILM 317; ENGL/FILM/INTS 442; GEOL 350; HIST 201, 202, 204, or 209; MUS 300; POLS 260; WGST 320</td>
<td>AGEC 250; ECON 329 or 340; GEOL 350; MKTG 355; MGMT 355</td>
<td>AGEC 250; BIOL 278; GEOL 350; ANTH/SOCI 395; WGST 320</td>
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<td>Ethical Citizenship</td>
<td>ANSC 115; ENGL 205, 228, 230, or 313; GEOL 269; PHIL 201 or 220; SOWK 150; SASA 110</td>
<td>FINC 210; SASA 110</td>
<td>ENGL 228 or 313; ESM 105; GEOL 269; PLSC 120; SASA 110; TED 326</td>
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<tr>
<td>Humanities and Fine Arts</td>
<td>ENGL/WGST 215; PHIL 240</td>
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<tr>
<td>Social and Behavioral</td>
<td>HIST 201; POLS 260</td>
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<tr>
<td>Sciences</td>
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* Some courses may have pre-requisites; classes may be added or deleted to these categories based on requests by department chairs. Consult the Honors Program website for the most up-to-date listing.

**AND/OR**

- by preparing one or two Sustainability portfolios that clearly reflect competencies in two of the three pillars of sustainability and provide a detailed outline of the project(s) completed, along with a mentor’s or supervisor’s signature for the project(s); once the portfolios are approved by the HP Director, the requirement will be satisfied. See page 10 of this booklet.

**Please note…**

- If an Honors student is pursuing the course option to meet the Sustainability requirement rather than the portfolio option, the student must take two distinct classes that represent two of the three pillars of sustainability—these courses may not double-count in more than one aspect of Sustainability in the Honors Program. For example, you cannot take ENGL 228 to meet two different pillars—that course will be one of your two classes.
UNDERGRADUATE RESEARCH, SCHOLARLY, AND CREATIVE ACTIVITY (URSCA) (3 cr)

These 3 Honors credits will be given for completing an undergraduate research, scholarly, or creative activity

- Students will get an “H” designator for the class in their program that led to the research

   OR

- Students will prepare an URSCA portfolio that provides a detailed outline of the project completed, along with a mentor’s or supervisor’s signature for the project; once the portfolio is approved by the HP Director, the requirement will be satisfied. See page 10 of this booklet.

HON 497: Honors Capstone Seminar:

The days and times of these classes will vary each semester. Consult the Honors Program website for the most up-to-date listing of availabilities.
**Portfolio Options**

If Honors students decide to pursue the following portfolio options to meet any of the competencies, the requirement will be marked as “satisfied,” but no credits will appear as having been taken to satisfy that competency; in other words, the portfolio options are non-credit bearing experiences and DO NOT accumulate excess credits toward graduation. You will simply see “requirement satisfied” rather than a course name and number on the Honors Program section of your Degree Audit Report (DAR).

**Global Awareness/Engagement Portfolio Requirements**

To demonstrate that this competency has been met, students who choose the portfolio option must prepare the following report. A designated Portfolio Assessor or the Director of the Honors Program will make the final decision if this portfolio is satisfactory.

If a student chooses to create a portfolio demonstrating competency in Global Engagement/Awareness rather than taking a second GP class or taking a language class above the 200-level, that student must submit the following to fulfill this Honors requirement:

- A detailed outline of the international education or international service learning experience that occurred
- A journal outlining the daily international activities completed
- A 7-10 page reflection on the experience detailing how this experience shaped the student, the challenges faced during the experience, information from at least 2 sources about the country visited, and any other material that will demonstrate the student’s growth as an individual through this experience

All portfolios are due within one semester of the student having completed the Global Awareness/Engagement experience.

**Community Engagement Portfolio Requirements**

To demonstrate that this competency has been met, students who choose the portfolio option must prepare the following report. A designated Portfolio Assessor or the Director of the Honors Program will make the final decision if this portfolio is satisfactory.

This competency requires that all students be substantially active in their communities by volunteering in some way for at least 135 hours. These hours may be split across all four years or done in a shorter amount of time and may be done throughout the year, including over the summer, Spring Break, or J-Term. For this portfolio, the student must keep a detailed journal outlining the hours that were completed as well as the work done during those hours. At the end of the portfolio, students must write a brief reflection (2-3 pages) on how the volunteer hours affected them and shaped them as a citizen. Additionally, a supervisor or senior volunteer must not only sign the journal indicating that the hours were completed but must also write a brief reflection on the performance of the student completing the volunteer work.

All portfolios are due within one semester of the student having completed the 135 required hours.
Sustainability Portfolio Requirements

To demonstrate that this competency has been met, students who choose the portfolio option must prepare the following report. A designated Portfolio Assessor or the Director of the Honors Program will make the final decision if this portfolio is satisfactory.

If a student chooses to create a portfolio to demonstrate competency in either one or two of the three pillars of Sustainability, that student must submit the following:

- A research report outlining and explaining the pillar of Sustainability being addressed, how that competency was met, and at least 3 sources that helped contribute to the student’s understanding of that pillar of Sustainability.
- The signature of a faculty or community member who aided in the student’s exploration of that pillar of Sustainability.
- A reflective essay of between 4-5 pages that details how learning about that pillar of Sustainability shaped the student in his/her major and as a citizen.

The items listed above must be completed separately for each aspect of Sustainability being explored through the portfolio option rather than through a specific course(s). In other words, if a student completes the portfolio option to replace one of these two required classes, the items listed above must be completed for that pillar, which results in one portfolio. If a student completes the portfolio option to replace both of the required classes, the items listed above must be completed for both pillars, which results in two portfolios.

All portfolios are due within one semester of the student having completed their Sustainability project(s).

URSCA Portfolio Requirements

To demonstrate that this competency has been met, students who choose the portfolio option must prepare the following report. A designated Portfolio Assessor or the Director of the Honors Program will make the final decision if this portfolio is satisfactory.

If a student’s URSCA project was not completed in conjunction with a specific class, the student must submit a portfolio that outlines the following:

- The goal of the project
- The process followed while completing the work
- The actual project completed
- A 3-5 page reflection on the experience of completing the project
- The signature of a mentor who helped supervise the project

All portfolios are due within the first 2 weeks of the semester in which the student will enroll in HON 497: Honors Capstone Seminar.
Honors Program Planning Sheet
(Effective Fall 2015)

1) HON 190 (1 cr)
□ ____________________

2) Rhetorical/Communication Skills: (3 cr)
□ ENGL 200 OR
□ ____________________

3) Global Engagement/Awareness: (6 cr)
□ ____________________
□ ____________________
□ ____________________

4) Community Engagement: (3 cr = 135 hours before graduation)
□ HON 371: 1 cr
□ HON 371: 1 cr
□ HON 371: 1 cr OR
□ ____________________

5) Sustainability: (6 cr)
□ ____________________
□ ____________________
□ ____________________

6) URSCA: (3 cr)
□ ____________________

7) HON 497 (1 cr)
□ ____________________

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“Our mission is to help prepare students to be productive, creative, ethical, engaged citizens and leaders with an informed global perspective.”