Meet our Guest Presenters

Jenn Litt

A Toronto, Canada native and expert in the HPE and dance education sector will be joining us to share her knowledge and application of TheGROOVE™. This is a simple and innovative approach that promotes physical activity and creative thinking while using positive health messaging to support the body, brain and being. Jenn is an Ontario certified teacher (OCT) with over 10 years of fitness and elementary teaching experience. She is a teacher facilitator and course administrator at Ontario Educational Leadership Centre, which focuses on the development of student leadership through athletics and the arts. Since 2010 Jenn has been a part of the GROOVE EDUCATION team leading dance/movement, physical literacy and student leadership workshops in schools and conferences across Canada and in Michigan. She is excited to share her passion for movement and holistic health at UWRF.

Join her GROOVE session where you will engage and inspire your BODY, BRAIN & BEING

The first thing you need to know about me is that I love my job. Nothing makes me feel more alive than getting to help young people achieve their potential through physical activity. It was this pure passion for my work that pushed me to launch ThePhysicalEducator.com in 2010. With no experience in web development, social media, or graphic design, I set out to develop a platform that would a) provide great value for physical educators, and b) that would best represent the high standard of quality so many teachers from around the world strive for on a daily basis. Three years later and I am still committed to achieving that goal. Along the way, I have presented my work and my ideas at various professional development events and conferences. I have had the honor of working with physical educators at the local, provincial, national, and even international levels. ThePhysicalEducator.com receives over 100,000 visits per year, has over 7000 followers on Twitter, and 1200 Facebook likes.

The New Professional Development: Building Your (Online) Personal Learning Network

Research tells us that ongoing professional development is a key element of an effective physical education program. That being said, social media is allowing teachers everywhere to participate in meaningful, daily professional development without even having to leave home! Come learn how you can get in on the social media professional development game and start becoming a better teacher today!

Physical Education 2.0: Bringing Technology Into Your Gymnasium

Interested in integrating technology into your teaching? If so, then this workshop is for you! Come find out how teachers from around the world are using technology to enhance their teaching. I’ll also be breaking down some of my own tried, tested, and PE-ready ideas so you can try them out yourself!

Jackie Lund

is currently a professor at Georgia State University and Chair of the Department of Kinesiology and Health. She began her teaching career in Colorado spending 16 years at the junior and high school levels. After completing her doctoral work at Ohio State University, she worked for 10 years at the University of Louisville. It was there that she began her work on assessment, taking advantage of the changes that were occurring as the result of the Kentucky Educational Reform Act. Jackie was part of the committee that developed the first NASPE Content Standards for Physical Education, which were published in 1995. She has served on MASSPEC and coordinated the high school Teacher of the Year (TOY) selection process for three years. In 2006-07 she served as president for NASPE. Currently she serves as the NASPE representative to the AAHPERD Board of Governors. Her publications include Performance-based Assessments for Middle and High School Physical Education (with Mary Kirk), Standards-Based Physical Education Curriculum Development (with Deborah Tannehill) and Instructional Strategies for Secondary School Physical Education 6th Ed. (with Marilyn Buck) and is completing a book on program evaluation with Terry Senne that NASPE will publish.
Conference Schedule

Registration 7:00am – 8:00am
Welcome/Introduction 8:00am – 8:10am
Keith Bakken – CEO
James Gostomski – UW - River Falls

Session 1 8:10am – 9:00am
Nate Folan
The Hundredth Monkey: Activities that Inspire Playful Learning

Session 2 9:10am – 10:00am
Mary Hirt
Fitness Made Fun

Session 3 10:10am – 11:00am
Joey Feith
The New Professional Development/Twitter 101

Session 4 11:10am – 12:00pm
Jenn Litt
TheGROOVE™.

Lunch 12:00pm – 1:00pm

Session 5 1:00pm – 1:25pm
Eric Stern
Common Core Strategies in Physical Education

Session 6 1:25pm – 1:50pm
Jackie Lund
Using Rubrics for Meaningful Grades

Session 7 2:00pm – 2:50pm
Nate Folan
More from The Hundredth Monkey: Activities that Inspire Playful Learning

Session 8 3:00pm – 3:50pm
Mary Hirt
Activities With Little or No Equipment

Session 9 4:00pm – 4:50pm
Joey Feith
Physical Education 2.0

Wrap Up 4:50pm – 5:00pm
Closing Remarks
Equipment Giveaway

Social/Meet & Greet 5:00pm – 7:00pm
Junior’s Bar and Grill

Social at Junior’s Bar & Restaurant
Thursday April 24th from 6:00 - 7pm
The WHPE Future Professionals will sponsor appetizers.
Come to town early and connect with speakers, current professionals and future professionals!

Guest Presenters (continued)

Nate Folan

Nate Folan is a facilitator, trainer, consultant, and author passionate for playful experiences and the boundless potential they offer. He believes play and authentic relationships significantly enhance our existence. For nearly 20 years, Nate has enthusiastically delivered powerfully relevant experiences for youth and adults in a variety of settings. The past 7 years have resulted in more than 650 days of training, consulting, and conferences with physical educators and other diverse groups of professionals throughout the country. Nate co-authored Project Adventure’s newest activity book, The Hundredth Monkey – Activities that Inspire Playful Learning, leads a variety of Project Adventure workshops, and contributes to a new premium online activity resource called playmeo.com. He engages groups with authenticity, playfulness, and compassion.

Mary Hirt

Mary Hirt is a physical educator at Lincoln Middle School in Santa Monica, California and a lecturer in elementary physical educator at California State University, Northridge. Her commitment and work to develop quality physical education experiences for children has led to her being named by the National Association for Physical Education and Sport as the 2003 National Middle School Teacher of the Year. Students receive a wide range of movement experiences in a supportive and nurturing environment. “I design lessons where all students not only experience success in physical education but learn the proper social skills to support and encourage the development of others as well.” For Mary, Health and wellness is more than a curriculum, it is an experience to train students for LIFE!

Eric Stern

Eric Stern is the Administrator for Physical, Health and Driver Education in the Department of Curriculum for the School District of Palm Beach County that has an enrollment of approximately 175,000 students. Eric has received numerous awards that include: the Action For Healthy Kids National Healthy Heroes Award in Chicago, as he was recognized as a pioneer/leader for making a difference with children throughout Florida.

The Centers for Disease Control (CDC) established the first-ever National Urban Physical Education Leadership Coalition and selected Eric Stern, K-12 Curriculum Administrator for the School District of Palm Beach county, as one of the twelve leading experts from across the United States. The purpose of the coalition is to develop national research, professional development, and a best practice agenda for urban physical education.
Event Locations

1. The Best Western Plus Hotel is located on the corner of Main St. and Cascade St. across from Karges Center 100 Spring St. River Falls, WI 54022 (715) 425-1045

2. The workshop will be held in Karges Center on the UWRF campus. 194 East Cascade Ave. River Falls, WI 54022

3. The Social/Meet & Greet is at Junior’s Bar & Restaurant. This is located on the 1st floor of the Best Western Hotel mentioned above.

Travel Information

1. From Interstate 94, take exit 3 heading south on 35.

2. Take the North Main Street/Highway 65 exit and go right, heading South.

3. Take North Main St. 16 blocks to Cascade Street.

4. Turn left on to Cascade Street, Karges Center will be on your right and the Best Western Hotel will be on your left.

5. Continue to the corner of Cascade St. and South 2nd Street to park at the Q Lot.

Parking Information

Parking is available both on campus and on the street. For street parking, please pay careful attention to signs on the side of residential roads as some areas require residential parking permits.

Parking is available in the Q Lot located on the corners of East Cascade Ave and South 2nd St. Please be sure to pay for parking at the kiosk. The machine accepts both card & cash.

Contact Information

Shelby McChesney (UWRF HPE Club Vice President)
Email: shelby.mcchesney@my.uwrf.edu

Phil White (WHPE Future Professionals VP)
Email: phillip.white@my.uwrf.edu

James Gostomski (UWRF Physical Education Program Director)
Email: james.gostomski@uwrf.edu

CEU’s & Clock Hours

There will be no CEU’s for this workshop. However, verification clock-hours will be given upon request.

Lodging Information

The Best Western Hotel

The Best Western Plus Hotel has a block of rooms with 2 double beds reserved at $70 + tax per night. Call them at (715) 425-1045 to make your reservation.

Call ahead of time (by April 11th) to reserve a room. Inform the hotel that you are with the UWRF PE Workshop to get the special rate.

Workshop Fee

Professionals
Pre-Registration (April 11th): $99
On-Site: $119

Students
Pre-Registration (April 11th): $25
On-Site: $30

Make checks payable to the UWRF HPE Club

Please send payment and registration mailer to:
Attn: Shelby McChesney
Health and Human Performance
UW – River Falls
410 S. 3rd St.
River Falls, WI 54022