TRANSMITTAL for UNDERGRADUATE PROGRAMS:
Changes or Proposals

I. INFORMATION:
   1. Program Title: Health Education Minor
   2. Department(s): Health & Human Performance
   3. College(s) CEPS
   4. Proposal prepared by: Stacy Furness Date: 3-20-2013
   5. Check all that apply
      □ New program □ Existing program
      □ Change in course name □ Change in number of credits
      □ Change in major □ Change in minor
      □ Change in course content □ Change in emphasis/option

6. Other Programs/Departments Consulted (Requires letters of comment from all Departments or Programs substantially affected):
   a.) NA  b.)  c.)  d.)

7. Catalog year (and semester) of Implementation:
   Semester Fall Year 2013

8. Have all courses in this program been approved? Yes □ No □
   If "No" which courses have not been approved?

9. Attach Request Narrative
   Include in narrative on attached pages a rationale for the requested changes or creation of program.
   Include clarification concerning any courses that have not yet been approved. If requesting a
   program change also include a listing of course array for both the current and proposed program?

10. UNIT APPROVALS: Requires signatures of all Department Chairs and Deans whose programs will
    be substantially affected by the changes or proposal. Signature lines for the affected Departments and
    Colleges (noted in "6" above), are on the addendum to this form. These signatures should be obtained
    prior to review by all other shared governance levels.

   Department Curriculum Committee Chair (optional) ________________ Signature ________________ Date 3-20-13
   Department/Program Chair ________________ 3-20-13
   College Curriculum Committee Chair ________________ 4/22/13
   Dean of College ________________ 4/22/13
   University Curriculum Cmmt. Chair ________________ 9/11/13
   Academic Policy & Program Cmmt. Chair
   Faculty Senate Chair
   Provost / Vice Chancellor
   Chancellor

*NOTE: The master copy of this transmittal & accompanying documents must be filed in the Provost’s office upon
final approval. The Provost’s office will notify all appropriate administrative offices [Registrar, Dean(s), Department
Chair(s)] of approvals & necessary actions to implement changes.
**TRANSMITTAL for UNDERGRADUATE PROGRAMS: Changes or Proposals - Addendum**

**Signatures of Additional Department & Colleges Affected**

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Re: Changes to the Health Education Minor

Date: March 4, 2013

There are various reasons for the need for changes to the Health Education Minor. First, the health education major is undergoing significant change as it is combining with physical education which is resulting in changes in course offerings and course requirements which will impact the health education minor. In addition, over the years there has been a need to create two separate courses of study for students in the health education minor. The Health Education-Education track is for students who are seeking health education licensure to work in the schools and Health Education-Liberal Arts track for students who are interested in working with adult populations, in the larger community. These individuals would be interested in careers involving planning and health education in worksite health promotion, community and adult settings.

Major Changes to the Health Education Minor:

1. Creation of two separate health education minor tracks – one for students seeking teaching licensure – primarily elementary education majors. One for students who would like to work with adults and in community and workplace settings – primarily exercise and sport science majors, possibly psychology majors or other majors seeking health minors to work with adult populations.

2. Removing the Social Work 250 (Use, Abuse and Addiction) requirement. This course is no longer required in the health major and the content is now covered in Heal 330 for the teaching minors and chemical prevention and addiction is covered in Wellness, Community Health and Heal 465 for non-teaching minors.

3. Change the course content of Heal 465 (Comprehensive School Health Education) to Health Education Promotion and Planning with an emphasis on preparing adult health educators to plan and educate in the workplace and community setting and become prepared for the Certified Health Education Specialist Accreditation examination.
Recommendations for Health Education Minor

Health Education Minor - Education – Seeking Education Licensure

**Health Education Minor (25 Credits)**

- SFED 212 Teaching First Aid/CPR ........................................... 1 Credit S
- Heal 262 Anatomy and Physiology ...................................... 3 Credits B
- Heal 269 Wellness ............................................................... 3 Credits S
- Heal 315 Nutrition ............................................................. 3 Credits B
- Heal 330 Safe and Healthy Schools ...................................... 3 Credits S
- Heal 350 Community Health ................................................. 3 Credits F
- Heal 460 Teaching Family Life and Sex. ................................. 3 Credits F
- TED 429 Techniques of Health Education ............................... 3 Credits F
- ESM 300 Environmental Ed. ................................................... 3 Credits B

**Current Health Education Minor**

**Health Education Minor (25 Credits)**

- SFED 200 or 212 Teaching First Aid/CPR ................................ 1 Credit S
- Heal 263 Anatomy and ......................................................... 3 Credits B
- Heal 366 Physiology or Heal 262 ........................................... 3 Credits B
- **+++SoWk 250 Use/Abuse/Addiction** .................................. 3 Credits B
- Heal 269 Wellness ............................................................... 3 Credits S
- Heal 315 Nutrition ............................................................. 3 Credits B
- Heal 350 Community Health ................................................. 3 Credits F
- Heal 460 Teaching Family Life and Sex.Ed. ............................ 3 Credits F
- Heal 465 Comprehensive School Health Ed. ................................ 3 Credits S
  (Health Ed. Minors Seeking Licensure also need...)
- ESM 105 or ESM 300/GEOG 300 ........................................... 3 Credits B
- TED 429 Techniques of Health Education ............................... 3 Credits F

**Health Education Minor – Liberal Arts –**

**Health Education Minor (22 Credits)**

- SFED 200 or 212 Teaching First Aid/CPR ................................ 1 Credit S
- Heal 262 Anatomy & Physiology ......................................... 3 Credits B
- Heal 269 Wellness ............................................................... 3 Credits S
- Heal 315 Nutrition ............................................................. 3 Credits B
- Heal 350 Community Health ................................................. 3 Credits F
- Heal 460 Teaching Family Life and Sex. ................................. 3 Credits F
- **+Heal 465 Health Ed. Promotion and Plan.** .......................... 3 Credits S*
  every other year
- ESM 105 or ESM 300/GEOG 300 ........................................... 3 Credits B

**+Revised Course – Designed to prepare students to become Certified Health Education Specialists**

**+++No longer Required – Content covered in other courses**