TRANSMITTAL for UNDERGRADUATE PROGRAMS:
Changes or Proposals

i. INFORMATION:

1. Program Title: Coaching Minor
2. Department(s): Health and Human Performance
   CEPs
3. College(s):
4. Proposal prepared by: Paul Shirklin Date: 9/14/16
5. Check all that apply
   [ ] New program       [ ] Existing program
   [ ] Change in course name       [ ] Change in number of credits
   [ ] Change in major       [ ] Change in minor
   [ ] Change in course context       [ ] Change in emphasis/option

6. Other Programs/Departments Consulted (Requires letters of comment from all Departments or Programs substantially affected):
   a.)
   b.)
   c.)
   d.

7. Catalog year (and semester) of Implementation: Semester Fall Year 2016

8. Have all courses in this program been approved? Yes [ ] No [x]
   If “No” which courses have not been approved?

9. Attach Request Narrative
   Include in narrative on attached pages a rationale for the requested changes or creation of program.
   Include clarification concerning any courses that have not yet been approved. If requesting a
   program change also include a listing of course array for both the current and proposed program?

10. UNIT APPROVALS: Requires signatures of all Department Chairs and Deans whose programs will
    be substantially affected by the changes or proposal. Signature lines for the affected Departments and
    Colleges (noted in “6” above), are on the addendum to this form. These signatures should be obtained
    prior to review by all other shared governance levels.

Department Curriculum
Committee Chair (optional)

Department/Program Chair

College Curriculum Committee Chair

Dean of College

University Curriculum Chair

Academic Policy & Programs Chair

Faculty Senate Chair

Provost / Vice Chancellor

Chancellor

*NOTE: The master copy of this transmittal & accompanying documents must be filed in the Provost’s office upon
final approval. The Provost’s office will notify all appropriate administrative offices [Registrar, Dean(s), Department
Chair(s)] of approvals & necessary actions to implement changes.

Revised December 2012
April 14, 2016

The following updates to the HHP Coaching minor are long overdue. Several of the course updates such as prefix changes have been made in other HHP programs but were never made for this minor.

The following is the rationale for the updates to this minor program. I have attached the current version that is now showing on students’ Degree Audit Reports, which goes back to 2003. I have also attached the 2016-2017 plan sheet that details the new proposed requirements.

1) Previously, there were two versions of the Coaching minor- Education and Liberal Arts. Liberal Arts majors were required to take two developmental psychology courses to ensure they received this content. Education majors were not required to take these courses since they received such content in their major program. We are eliminating the psychology requirement since these courses are no longer accessible to non-psychology majors due to a series of prerequisites. One development psychology course is now offered in an online format during summer session only. We encourage current Coaching minors to take this course, but do not feel it is right to require this summer-only course. As such, we will no longer have an Education and Liberal Arts version of the Coaching minor. It will be the same requirements for all students regardless of major.

2) One difference between majors will continue to exist. EXSS majors who are Coaching minors will be required to take HEAL 263- Human Anatomy and EXSS 366- Exercise Physiology. Both of these courses are required in their EXSS major. Non-EXSS majors will take HEAL 262- Applied Anatomy and Exercise Physiology. This course exists for non-EXSS majors to provide content from both of these areas in one course. Our HHP Health and Physical Education majors also utilize this course.

3) We have moved PED 351- Coaching Young Athletes into the required section of the minor. We feel this course is important for all students, especially with the developmental psychology courses being removed from the program as this course covers some of this content.

4) PE 131- Weight Training is now a prerequisite for EXSS 465- Principles of Strength and Conditioning. Therefore, it is added as a requirement in the Coaching minor. There is no change in the credit total since SFED 200 changed from a 1 credit to .5 credit course. PE 131 is a .5 credit course.

5) The following prefix changes have been approved but not carried over to the Coaching minor:

   a. PED 465 became EXSS 465
   b. HEAL 366 became EXSS 366

Please do not hesitate to contact me with any further questions.

Sincerely,
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MINOR IN ATHLETIC COACHING ................................................................. 24 credits

1. REQUIRED COURSES ........................................................................... 18 credits
   - SFED 200  First Aid & Basic Life Support (F/Sp) ............................. 2 cr.
   - HEAL 262  Human Anat & Phys (or HEAL 263 & 366) (Sp) .......... 3 cr.
   - PED 213  Care and Prevention of Athletic Injury (F/Sp) .............. 2 cr.
   - PED 354  Biomechanics (F/Sp) ......................................................... 3 cr.
   - PED 363  Psychology of Coaching, (F/Sp) ................................. 3 cr.
   - PED 465  Scientific Principles of Conditioning, (F) .................... 2 cr.
   - PED 472  Coaching Practicum, (F/Sp) ........................................... 3 cr.

2. COACHING THEORY CLASSES ............................................................. 6 credits
   Required to take at least two coaching theory classes.
   - PED 352  Coaching Women’s Gymnastics ..................................... 2 cr.
   - PED 356  Tennis Coaching^ (not yearly basis) ............................. 2 cr.
   - PED 358  Track Coaching^ (Sp) .................................................... 2 cr.
   - PED 359  Volleyball Coaching (F) ............................................... 2 cr.
   - PED 364  Wrestling Coaching^ (not yearly basis) ....................... 2 cr.
   - PED 365  Football Coaching (F) ............................................... 2 cr.
   - PED 366  Swimming Coaching^ (alt. yrs) .................................. 2 cr.
   - PED 367  Basketball Coaching (F) ........................................... 2 cr.
   - PED 368  Ice Hockey Coaching (Sp) ....................................... 2 cr.
   - PED 369  Baseball/Softball Coaching (Sp) ............................... 2 cr.

Students may satisfy this 6 credit requirement by choosing a maximum of two credits from the
following courses or by taking an additional coaching theory class.
   - PED 166  Football Officiating (F) .............................................. 1 cr.
   - PED 167  Basketball Officiating^ (F) ........................................ 1 cr.
   - PED 270  Athletic Training Practicum (F/Sp) ............................. 2 cr.
   - PED 351  Coaching Young Athletes (Sp) ................................... 2 cr.

^Not offered on a yearly basis

NOTE: Non-education majors are required to take PSYC 236 and 336.
This is not an official prescription of courses. Course requirements and schedules are subject to
change. Various advising meetings will be held or notices will be posted to update students.
1. REQUIRED COURSES ..........................................................20 credits

- SFED 200 First Aid & Basic Life Support (F/Sp) .................. 0.5 cr.
- HEAL 262 Applied Anatomy & Exercise Physiology (F/Sp)  3 cr.
  (Pre-req = BIOL 150)

*NOTE* EXSS majors will NOT take HEAL 262. HEAL 263 and EXSS 366, which are required courses in the EXSS major, will count for this requirement.

- PED 213 Care and Prevention of Athletic Injury (F/Sp) .......... 2 cr.
  (Pre-req = HEAL 262 or 263 AND SFED 200)
- PED 354 Biomechanics (F/Sp) ........................................... 3 cr.
  (Pre-req = HEAL 262 or 263 and PHYS 114)
- PED 363 Psychology of Coaching (F/Sp) ............................ 3 cr.
  (Pre-req = HEAL 262 or 263 AND EXSS 366 AND PE 131)
- EXSS 465 Scientific Principles of Strength & Conditioning (F/Sp) 3 cr.
  (Pre-req = HEAL 262 or 263 AND EXSS 366 AND PE 131)
- PED 472 Coaching Practicum (F/Sp) ................................. 3 cr.
  (Pre-req = Permission of instructor)
- PED 351 Coaching Young Athletes (Sp) ............................. 2 cr.
- PE 131 Weight training (F, Sp) ....................................... 0.5 cr.

2. COACHING THEORY COURSES ...........................................4 credits

Required to take at least two coaching theory courses.

- PED 358 Track Coaching (Sp) ......................................... 2 cr.
- PED 359 Volleyball Coaching (F) ..................................... 2 cr.
- PED 365 Football Coaching (F) ....................................... 2 cr.
- PED 367 Basketball Coaching (Sp) ................................. 2 cr.
- PED 368 Ice Hockey Coaching (Sp) ............................... 2 cr.
- PED 369 Baseball/Softball Coaching (Sp) ......................... 2 cr.

*Not offered on a regular basis*

Updated May 2016