Reflect on these questions and then schedule and appointment with a Career Counselor to review and develop a plan of action.

**COMMIT TO YOUR STUDIES**
What class projects are you proud of?

Who do you turn to for advice and support regarding your academic studies?

What courses could help you acquire desired skills & knowledge?

**ENGAGE IN EXPERIENTIAL LEARNING**
How are you involved outside of class?

Where can you develop leadership skills in and outside of the classroom?

What experiences could help you evaluate your career interest(s)?

**BUILD CAREER COMPETENCIES**
What career competencies are you learning from your current employment?

What are potential careers that connect with your studies or interests?

What career events, services, or resources would be most useful to you?

What career competencies do you still have to work on?
SECOND YEAR: EXPERIENCE

REFLECTION, RESOURCES, AND ACTION: Consider the suggestions below and your responses to the questions, then craft goals based on what you are learning about yourself and the world of work.

COMMENOT TO YOUR STUDIES
- Seek a mentor by building relationships with professors, advisors, campus staff, and professionals in your field.
- Consider studying abroad to increase your global and cultural awareness.
- Speak with faculty members about research opportunities.

ENGAGE IN EXPERIENTIAL LEARNING
- Go to Career Services and ask about ways to gain relevant experience to build your resume.
- Take an active role in one of the organizations you have joined.
- Volunteer with local organizations to gain a better understanding of your field.

BUILD CAREER AWARENESS
- Attend the Career Fair each semester to begin networking with professionals in your field of interest.
- Participate in the Career Trek program consisting of site visits to area employers.
- Research companies and internship opportunities in the fields in which you are most interested.

GOALS FOR MY SECOND YEAR:

COMMIT

ENGAGE

BUILD

PLANNING AHEAD:

FALL/WINTER TERM

SPRING/SUMMER TERM

NEXT YEAR