**SAND VOLLEYBALL TOURNAMENT RULES**

**UW-RIVER FALLS INTRAMURAL SPORTS**

LAST UPDATED: SEPTEMBER 2019

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**Tournament Registration:**
Tournament registration will take place on IMLeagues through the UWRF Intramural Sports website, and in-person before the start of the tournament. During team registration, captains will select the league they wish for their team to participate in.

**Captain’s Quiz:**
During registration, team captains will take a short quiz related to the general intramural rules and rules of the specific sport they are registering for. Successful completion of the quiz ensures the captain knows the rules and policies prior to the start of the intramural tournament. Online quizzes have replaced the mandatory in-person captains meeting.

**Entry Fee:**
The team entry fee is **FREE** for the Sand Volleyball Tournament.

**Schedules, Results, and Standings:**
Schedules, results, and brackets for tournament play and playoffs will be both in-person and on IMLeagues. Please go to the UWRF Intramural Sports website at www.uwrf.edu/campusrec and click on the Intramurals Sports and IMLeagues to access IMLeagues.

**Questions:**
Please contact the Campus Recreation Staff with any questions or concerns.

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**General Procedures:**
Please refer to the Intramural Sports Handbook for all policies and procedures related to intramural contests.

1. Each participant must present a valid UWRF ID to the intramural supervisor or scorekeeper at every contest. No other form of ID will be accepted.
2. All participants must be on the team roster. Any member not on the roster may complete an add sheet at the time of the contest. No participant may play on two teams in the same league or a forfeit will be charged to the second team he/she participated on.
3. Each participant must wear appropriate apparel and athletic footwear.
4. Minor first aid treatment is available during intramural contests. Any bleeding must be stopped and cleaned up before participant can re-enter the contest.
5. All visible jewelry, watches, and bracelets must be removed prior to participation.
RULES:

1. GAME SETUP:
   a. Contests will be self-officiated. Participants must keep score and make final rulings on all plays during the contest with honesty and integrity. Any major disputes regarding a call during the contest will be replayed.
      i. Consistent policy violators may be disqualified from the match for poor sports conduct.
   b. Contests will be played in a best two out of three game format with rally scoring.
   c. All three games will be played to 15 with a cap at 20.
   d. Each team will be allowed one timeout of 30 seconds per game.
   e. Captains will determine serve, receive, or side by a coin flip (or another method) prior to the start of the match and before the third game (if necessary).

2. PARTICIPATION:
   a. Teams will compete with up to six players at one time. Rosters may contain up to 12 players.
   b. Teams may start with as few as two players.
   c. If a team is reduced to less than two players or does not meet the requirement for co-rec leagues with a male and female in the contest at all times, a default will result.
   d. Teams are encouraged to play with an equal number of males and females. At no time may there be more than one additional male than female in the contest.
      i. Ratio of 3M:2F or 2M:1F are both acceptable.
   e. All teams must have 1 male and 1 females in the contest at all times.

3. SPORTS CLUB ATHLETE ELIGIBILITY:
   a. Each team may have two 2019-20 Sport Club member per gender on the roster.

4. ATHLETIC ATHLETE ELIGIBILITY:
   a. The 2019-20 UWRF Volleyball team may not participant in intramural volleyball tournaments during the 2019-20 academic year.
   b. Only one 2018-19 collegiate volleyball player may be on a competitive league team, when available.
   c. There are no restrictions for members of the 2017-18 UWRF Volleyball team.

5. EQUIPMENT:
   a. Game balls will be provided for game play only. Participants may rent volleyballs for warm ups at the front desk of a residence hall.

6. GAME PLAY:
   a. Substitution must happen at the same position on the court during a side-out (rotation). It is up to the team to decide who subs in/out and in what order.
      Example: A team may choose switch after every side-out for the serving position. Another team may decide to play the whole game with the same line-up and switch between games.
   b. The server may serve from anywhere behind the end line.
   c. Let serves are legal. Players may set the serve, but may not block or attack the serve.
   d. If the ball hits anything other than the net while going over the net, it is considered out.
   e. Players from the backrow may not attack (block and/or spike) in the front row. Only the players legally positioned in the front row at the time of the serve may attack from that position.
      i. When a team is reduced to four players, the player serving is considered a backrow player. When a team is reduced to three or fewer players, all players may attack.

7. OTHER:
   a. Other than the above exceptions, official WIAA rules will be followed.