Personal Trainer
Position Description
Campus Recreation • University of Wisconsin-River Falls

Title: Personal Trainer
Department: Campus Recreation
Reports to: Fitness and Recreation Service Coordinator,
Student Recreation Services Manager
Appointment: TBD
Start Date: TBD
Compensation: Starting at $10/hour

Position Summary
Fitness Center Personal Trainers are responsible to assess, create and implement training programs for their unique clients. The trainer is also responsible for all scheduling of clients and tracking accurate records of client's attendance, payment history and scheduling a meeting for an initial consultation.

Time Commitment
Expect 2 to 4 clients, with the option to pick up additional hours. Hours range from 6am - 11pm Monday-Thursday, 6am-7pm Friday, 10am-7pm Saturday and Noon-11pm Sunday. Schedules are based on client availability. Starting pay: lump sum $10.00-$15.00/hour. Monthly staff meetings are required.

Responsibilities
A. Follow and enforce Campus Recreation policies and procedures
B. Administer Membership Sales and Orientation
C. Facility Access Control
D. Represent the program and department with the established Campus Recreation Values (i.e. Integrity, Play, Gratitude, Respect, Adaptability, Professionalism)
E. Light duty cleaning
F. Day, Evening and Weekend hours expected
G. Other duties as assigned

Minimum Qualifications and Conditions of Employment
A. Maintain and hold an active, nationally recognized Personal Training Certification and CPR/ First Aid certification.
B. Maintain a minimum cumulative grade point average of 2.00 or higher before and during employment.
C. Must be able to deadlift 100 lbs.
D. Possess the ability to work as part of a team.
E. Must have exceptional customer service skills, Self-Motivated and Well-Organized
F. Unselfishly serves others and assists all patrons and employees in a prompt and effective manner while following Campus Recreation policies and procedures.

Preferred Qualifications
A. Previous customer service experience, willingness to be work in a fast paced environment, experience in program implementation, strong organizational skills and leadership experience is desirable.
B. Background or interest in fitness, wellness, or related field
C. Must be a student enrolled at UWRF.