UWRF Counseling Program

Supervisor Handbook:
Internship Experiences

Questions?
Contact Dr. Gillen
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Dear Potential Internship Supervisors:

Thank you for in advance for providing a vital internship component for the counseling program at the University of Wisconsin-River Falls! The internship student who is applying to your district for placement has completed, or will complete this semester, the core courses and is ready to engage in the culminating activity for master's level counseling students. They have been prepared to integrate and to apply counseling theories and skills, in actual counseling situations, under the supervision of an experienced counselor.

For the internship student, this is an opportunity to refine one's counseling skills; to experience a real employment setting; to build professional contacts with practicing counselors and other community professionals and resources; to gain confidence in one's ability to function as a professional counselor; and, finally, to begin to identify needs and to envision one's own contribution to the counseling profession.

For the on-site supervisor participating in internship offers the opportunity to make a contribution by enhancing the skills and the knowledge of beginning counselors; to reflect on how and why one's school engages in the profession of counseling as it does; to offer suggestions to the university counseling faculty for improved preparation of counselors; and finally, to be revitalized by the enthusiasm of the beginning professional.

If you need any further information please feel free to contact me at the University of Wisconsin-River Falls, Department of Counseling and School Psychology (715-425-3890 or mark.gillen@uwrf.edu).

I look forward to working with you.

Sincerely,

Mark Gillen, PhD
Internship Coordinator
UW-RF EXPECTATIONS OF INTERNSHIP SITES AND SUPERVISORS

I. Internship sites must be able to provide a student with the following:

1. opportunities for both observation and counseling; and
2. opportunities to engage in all, or most of, the following areas:
   a. individual counseling
   b. group counseling
   c. family/consultation
   d. educational/developmental activities
   e. staffing of clients/students
   f. consultation with other professionals
   g. evaluation of services and program development
   h. report writing and other administrative tasks
   i. testing/assessment
   j. provide experiences with diverse client population including ELL students

It is recognized that not every site provides the opportunity for all of these activities, but it is our intent that internship students experience a broad variety of the tasks performed by counselors. Students need to have experience in all these activities by the time they complete their experiences at all of their multiple sites.

II. Internship supervisors are expected to:

1. hold a degree/license/certification in the area of expertise sought by the internship student; in schools it is mandatory that the supervising school counselor hold a valid license for the level of school counseling at which they are providing supervision AND that the supervisor has at least three (3) years of experience at the level they are supervising students (e.g. Elem, MS, HS), plus at least one year at that school or school system;

2. be willing and able to observe the student and offer regular feedback;

3. be willing and able to allow regular time to consult with the student;

4. be willing and able to meet with the student and the university supervisor at least twice to discuss the progress of the internship. This will be done at the internship site and at the convenience of the on-site supervisor; and,

5. be willing to provide a written evaluation of the student over the course of the internship.

III. Internship students are expected to meet the following requirements before beginning internship.

1. Successfully complete all core counseling courses; remove any incompletes in those courses;

2. Successfully complete the program’s written comprehensive exam;
3. Participate in Group informational meetings at least one semester before registering for internship. Final department approval of all students registering for internship is required, and it often takes time to identify a internship site that will meet the needs of the internship student;

4. Identification, with the assistance of the internship coordinator, of an internship site that will meet the university's expectations for an internship site, as well as the needs of the individual student.
   - **This site will not ordinarily be identical with the work site of the student.**
     - Approved internship sites will provide a variety of counseling experiences;
     - Allow the student to function as a counselor; will provide internship times so as to provide a realistic counseling experience.
   - Time spent in the internship must be extensive, consistent, and regular (For example, a school counseling internship cannot consist solely of preparation periods and/or hours outside the regular school day).
   - Final approval and confirmation of a site is a consensus decision made by the entire counseling program faculty, and it may involve a pre-internship meeting of the potential supervisor and the university internship coordinator. (Allow enough time for the approval of unique situations).

5. **Follow any specific instructions of a school district before approaching counselors in that district for internship placement. Please work with the Internship Coordinator when reviewing the updated list of school districts with specific requirements.**

6. **Submit Counseling Internship/internship Agreement forms by December 1st or May 10th.** These require signatures of student, site supervisor, and university supervisor. Internship hours may NOT be counted until this form is in AND the University Semester has begun.

7. Update personal and professional disclosure statements.

**IV. During the internship semester, students must meet the following requirements:**

1. meet with all internship students in seminar. School counseling students should register in COUN 771 (3 credits), 772(3 credits), 773 (3 credits);

2. Early in the semester arrange an observation of the intern conducting a 1-1 meeting, small counseling group or teaching guidance lessons in class, plus meet with the on-site supervisor, and the internship coordinator. Arrange a second site visit to meet with a site supervisor and do a case presentation.

3. School counseling students must complete 600 hours total; **200 hours per site**; and

4. complete all forms/logs/seminar requirements detailed in the syllabus to be received at the first seminar.

5. complete the internship hours during the UWRF semester (for example students who have met all requirements listed above may begin to collect direct contact and indirect contact hours on the first day of a semester. They may also collect hours until the last day of final exams).
COUNSELING PROGRAM
DEPARTMENT OF COUNSELING AND SCHOOL PSYCHOLOGY
UNIVERSITY OF WISCONSIN-RIVER FALLS

The Counselor Education Program at the University of Wisconsin-River Falls prepares counselors for a variety of school and community settings. Initiated in 1968, the program has grown to include three full-time faculty members and approximately 50 students. Completion of the program results in a master of science in education (M.S.E.) degree. The UW-RF Counselor Education Program is founded on the following basic assumptions about counselor identity:

1. All counselors, regardless of setting, are mental health professionals.
2. All counselors, regardless of setting, are educators.
3. All counselors, regardless of setting, are community workers.

Consequently, the purpose of the UW-RF graduate program is to prepare competent, professional counseling practitioners in the field of counseling. The program provides a balance between didactic learning, research skills, and supervised clinical practice in the following competency areas:

1. Professional development
2. Personal development
3. Research, measurement and evaluation
4. Theoretical knowledge of counseling, behavior and development
5. Counseling and consultation skills
6. Ethical and legal standards

The master's program requires a minimum of 48 semester credits. Required of all school counseling students:

1. Introduction to Counseling
2. Counseling Theories and Skills
3. Techniques of Appraisal
4. Social and Cultural Foundations of Counseling
5. Group Counseling
6. Research and Evaluation
7. Career Counseling
8. Human Development
9. Advanced Educational Psychology
10. K-12 Curriculum for school counselors

Students without teaching backgrounds also take courses in curriculum and meeting the educational needs of exceptional children.
Malpractice Coverage for Student Counselors/Teachers/Interns

All University of Wisconsin System student counselors/teachers/interns are covered for personal injury and property damage under the State of Wisconsin Insurance Fund. The following areas are included in the policy:

1. Personal injury
2. Property damage (includes intangible properties such as defamation of character).
3. Libel and slander.
4. Wrongful eviction (out of living quarters).
5. Malicious prosecution (arrested in error).
6. Wrongful entry.
7. Assault or battery committed for the purpose of preventing injury.
8. Corporal punishment of pupils.
9. Automobile liability coverage in state cars. (Student Driver Authorization Forms must be completed for liability coverage by all non-payroll personnel. These forms may be obtained from your local university insurance coordinator.)

- Neither the U.W. System nor the Wisconsin Association of Independent Colleges and Universities carry health insurance for interns or student counselors/teachers. The student may, however, be covered by programs at the individual college or university. You may wish to join the Student Education Association in your major for additional benefit packages offered by those associations, i.e., ASCA, etc.