Department: Health and Human Performance

Program Name: Outdoor Adventure Education

Program Level: Undergraduate

College: Education and Professional Studies

Program: Minor

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Title: Professor

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Program Outcomes

Outcome 1: Students will demonstrate an understanding and application of the foundations of adventure programming including philosophy, history, individual behavior and motivation, and group development and dynamics.

Outcome 2: Students will demonstrate an understanding of organizational skills for outdoor leaders including technical skills, safety skills, environmental skills, trip planning, and risk management.

Outcome 3: Students will demonstrate an understanding of trends and issues in outdoor education adventure programming and implications for current and future programming.

Outcome 4: Students will gain an understanding and appreciation for the intersection of sustainability and outdoor/adventure education.

Outcome 5: Students will demonstrate knowledge of the conceptual and theoretical base of adventure education, place-based education, and brain-based learning

Outcome 6: Students will demonstrate the appropriate use of adventure education in a physical education curriculum.

Outcome 7: Students will plan, conduct and process different types of teambuilding initiatives that can be used with various age/ability groups, for various purposes and in different environments.

Outcome 8: Students will demonstrate environmentally correct wilderness practices.
Outcome 9: Students will demonstrate basic backpacking techniques for hiking, loading/packing, setting up camp, breaking camp, extended trips and handling different terrain and weather conditions.

Outcome 10: Students will demonstrate proper canoe paddling, steering, launching, and loading techniques.

Outcome 11: Students will demonstrate basic snowshoeing techniques of climbing, descending, edging, breaking trail and setting up camp.

Outcome 12: Students will demonstrate the fundamental XC skiing skills of gliding, moving from ski to ski, pushing off, edging, skidding, steering, poling and gliding on two skis.

Outcome 13: Students will demonstrate basic winter camping techniques including setting up and taking down tents and other shelters, keeping warm and dry, operating equipment such as stoves in cold weather, and maintaining an overall safe environment.

Outcome 14: Students will demonstrate proper belay technique by becoming belay certified by Falcon Outdoor Adventure Staff at the Knowles Center indoor climbing wall.