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WESTERN WISCONSIN PARTNERSHIP,
CATHOLIC CHARITIES, FRIENDS OF
ADOPTION AND FOSTER CARE & ADOPTION
RESOURCE CENTER**

Effective Strategies for Dealing with Challenging Behaviors

Trainer: Kimberly Erickson-Nichols

December 1, 2009

Registration 5:30 p.m., Workshop: 6-9 p.m.

Catholic Charities, 3710 East Avenue South, La Crosse

Fee: NO FEE

WORKSHOP FOR FOSTER AND ADOPTIVE PARENTS



**Foster Care & Adoption
Resource Center**

For information, contact:

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Learn how a new paradigm in mental health is creating rapid breakthroughs for parents dealing with challenging behaviors such as lying, defiance and aggression

Kimberly will provide the audience with specific strategies for how to deal with these problems and frustrating behaviors by applying a love based understanding based on the Stress Model Theory. The workshop will also assist in understanding children's behavioral reactivity and emotional sensitivity and help to understand a new paradigm to assist the child in emotional healing.

Register Online at:

<http://www.uwrf.edu/wwpartnership>

(Foster and adoptive parents, if you cannot register on-line, please call your social worker and ask them to register for you.)

Trainer: Kimberly Erickson-Nichols is the founder of Heart to Heart Healing. She is a recognized specialist for emotional and behavioral disturbances in children. She is an expert in the treatment of children and families struggling with issues related to trauma, attachment and bonding. She specializes in a family-based treatment approach that addresses the underlying interactive dynamics for the entire family. Kimberly strives to strengthen the entire family by assisting with integration of the body and mind. Kimberly's treatment centers around attunement, attachment, bonding and emotional healing and regulation with an emphasis on unconditional loving relationships. Kimberly helps provide an understanding of how to parent the whole child and supporting a child's physical, emotional, mental and spiritual development. She combines cutting edge information and neuroscience research with real experiences to offer families a new paradigm in which to parent and live.