

STUDENT SUPPORT SERVICES 2006-2007 NEWSLETTER



CHOOSE YOUR OWN ADVENTURE! WHERE WILL IT TAKE YOU?

SSS is not just a useful academic tool for students but it is also an opportunity to grow as an individual. Students are able to participate in unique activities that allow them to prepare for college, meet new friends, and build a strong academic foundation.

Academic Success Center

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ASC Director

Philip George, Ph.D.

SSS Advisers

Philip George
Justin Hauer
Amy Lloyd
Tyra Nelson
Rose Rude

SSS Tutoring Services

Rose Rude
Amy Lloyd

Pre-major Advising

Justin Hauer

Disability Coordinator

Mark Johnson

Multicultural Services

Linda Alvarez
Tyra Nelson

Office Manager

Patsy Lofgren

Program Assistant

Linda Jordan

What can eager college students do with extra time, energy, and duct tape? Attendants of the SSS Welcome Event found out. Jay Zarr, an outdoor adventures coordinator, facilitated the event. Everyone left the Welcome Event knowing a few new friends, knowing a new form of team work, and practicing their communication skills.



I knew there was a trick to this rope....

Learn to think outside the box



Welcome Event



"Did we really use up the duct tape?"

Let the SSS Program help hold you up instead of duct tape!

CHOOSE YOUR OWN ADVENTURE

Bee is Graduating



Bee Xiong
Spring 2007 Graduate

The adventure that I have chosen has taken me farther than I ever thought possible is my college degree. My overall college career experience here at UWRF was my chosen adventure. I chose this adventure because River Falls was such a comfortable campus and the opportunities available sounded valuable. This adventure has given me the strength to achieve great things and continue my

schooling. I feel confident because my degree has shown me what is possible for my future and what the next step could be! I am thankful that SSS has helped me avoid obstacles that can get in the way of achieving! This adventure has exposed me to many challenging and unexpected experiences. I learned many things about myself and my abilities. This adventure also has taught me to keep learning.

Amy is Researching



Amy Robak, Freshman

When I was a senior in high school, I wanted to develop my own research project. Little did I know that this research project would transform my life. Working with the local Soil and Water Conservation District, the University of Minnesota Extension Service and my FFA Advisor, we developed a research project that led to my winning of the National FFA Proficiency Award.

My research is analyzing nutrient management on corn without the use of commercial fertilizer. This research is on-going; however, my dedication and hard work has led me to present this research all over the country through the UWRF organization SURSCA. I think every student should choose their own adventure, such as having undergraduate research.

Dan is Dedicated



Daniel Burce, Freshman

I was a volunteer and committee member in the SSS Service Project because I liked the goals and purpose. I liked fundraising for the Free Medical Clinic because it is a great cause. We accomplished a lot for one semester. That is what the Service Project Committee's purpose is: planning activities for our mem-

bers that help the university and community. Little did I know that my dedication and hard work would lead me to my first on-campus job. If you give your all, you will be surprised by the opportunities that come along. Just get involved with campus activities because they are an adventure!

SERVICE LEARNING PROJECT

Broke college students raised \$700 for the Free Clinic of Pierce and St. Croix Counties

The enthusiastic members of Student Support Services raised \$700 for the Free medical clinic which opened on April 24, 2007. Members of the SSS Program at UW-River Falls raised money during fall semester through bake sales, coin jars and a spaghetti dinner. SSS Service Project Committee members presented the \$700 check to Mary Conroy-Johnson, Chair of the Free Clinic, and Jill Slaikeu, Vice Chair of the Free Clinic on

Tuesday, February 27, 2007. Students felt that there was a need for members of SSS to get involved and help the community. Students chose to contribute for the Free Clinic because they could relate to the need for health care for those without insurance. Students decided the Service Learning Project goal for fall semester was to raise \$500 for the Free Clinic; however, the students involved exceeded their goal and raised \$200 more than expected.



All smiles when cookies are involved!

Special Thanks for contributing to the project...

Jill Becker	Dee Burce	Michelle Meyer	Amy Robak	Sara Swensen	Lakiesha Townsell	Rose Rude
Heidi Blasel	Tha Cha	Nicole Moore	Nikki Shonoiki	Amber Sylte	Lucky Vang	
Dan Burce	Alyssa Janilla	Tashi Palzom	Ashlee Steward	Lee Thor	Ashley Wierchowski	

Volunteer Activities Around the Community

- Habitat for Humanity, Amy Muzzy 715-425-5623 or scvhfh@sbcglobal.net
- Christian Community Homes and Services, Brenda at 381-4205 or bren-damagadanz@ccchudson.org.
- Second and Fourth Tuesday Banquets at the First Congregational Church Call 425-6233. St. Croix County Faith in Action program Call Nancy Sailer at 715-381-4360
- Two Rivers CLT, Theresa at 651-351-5409.
- River Falls Pregnancy Help Line, Tricia at 715-247-2809 or triciad@somtel.net
- River Falls Food Pantry at Ezekial Lutheran Church 715-425-8294.
- Tutors at Meyer Middle School, Erin at 715-425-1820 ext 209. River Falls
- Community Arts Base Contact: 715-425-7645 x2109 or rfcab@sbcglobal.net



Good Eats!

You must give some time to your fellow men.

Even if it's a little thing, do something for others—something for which you get no pay but the privilege of doing it.

Albert Schweitzer

1875 - 1965

International Traveling Workshops



Frank participated in the Guy Healy Program in Japan, teaching English to campers!

Student Support Services hosted the International Travel Workshop that discussed traveling opportunities through UWRP. On March 29th, the students got the inside look from Connie Simpson, the program assistance from the International Programs Office. She shared the planning that is needed to travel abroad and different places one could travel with UWRP. On April 5th, Tashi Palzom, Frank Freeman, and Liz de la Torre, all students at UWRP, presented about their experiences traveling abroad. SSS members were able to ask questions about the speaker's experiences traveling and receive honest feedback. The International Travel Workshop was a great way for the students to learn the options available and how these opportunities could help them.

**Traveling abroad
is an excellent
way to gain
confidence and
pump up a
resume.**



Liz rode a camel in Egypt and visited Greece!

The SSS Leadership Team would like to thank the Office of International Programs for their support and representatives Connie Simpson and Tera LaZarve.



Tashi went to India to visit family!

Special Thanks to Our

Presenters

Tashi Palzom

Frank Freeman

Liz De la Torre



Fresh Start for the Fall 2007/2008

Why Get Involved with SSS?

- Workshops (EX:Finances, International Travel, Scholarships)
- Helpful and Unlimited Tutoring for SSS Members
- Appointments with Advisers
- Career Counseling
- Networking
- Volunteering Opportunities
- Building Everlasting Friendships

**Success
doesn't
come
to you...
You must go
to it!**

How Can I Get Involved?

- Meet with your advisor at the beginning of the semester and midterms.
- Sign-Up for committees that sound interesting to you.
- Apply to be on the SSS Leadership Team.
- Read emails sent out through SSS.
- Be a tutor or sign up for tutoring.
- Go to the Welcome Event.
- Attend workshops.



Nikki Loves SSS!



Mingling at the SSS Orientation



Caitlin assisting a child at Sharing and Caring Hands over SSS Alternative Spring Break Trip

2006-07 Year in Review....

Fall 2006

Orientation
Welcome Event
Academic Adventure
Service Adventure
Financial Series
Scholarship Writing Workshop
Falcon Fellows

Spring 2007

International Travel Series
International Bazaar
Etiquette Dinner
Graduate School Series
Alternative Spring Break Service Trip
Study Break

**STUDENT SUPPORT SERVICES (SSS)
NEWSLETTER**

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Email: Rose.A.Rude@uwrf.edu

We're on the Web:

[http://www.uwrf.edu/academic-success/SSS/
SSS.html](http://www.uwrf.edu/academic-success/SSS/SSS.html)

**Student Support Services has many opportunities.
Take a chance and GET INVOLVED!**



Spaghetti Dinner Fundraiser Volunteers