

2005-06 UW-River Falls Basketball

General Information

School: UW - River Falls

Location: River Falls, Wis.

Address: 410 S. Third St.

River Falls, WI 54022

Founded: 1874

Enrollment: 5,800

Nickname: Falcons

School colors: Red and White

Home Court/capacity: 2,000

Affiliation: NCAA Div. III

Conference: Wisconsin Intercollegiate Athletic Conference

Athletic director: Rick Bowen (715-425-3246)

Athletic trainer: Gary Eloranta (715-425-3130)

Sports information director: Jim Thies (715-425-3846)

Basketball History

First year of basketball: Stats date back to 1976

WIAC Championships: (2) 1988, 1989

Coaching Staff

Head Coach: Cindy Hovet

Alma Mater: UW-Stout

Record at School: 76-66

Career Record: 76-66

Vs Stout: 4-7

Vs. Oshkosh: 2-8

Assistant Coaches: Kathy Holbrook, Mara Reif-Wenner

Team Information

Overall 2004-05 Record: 17-8

2004-05 Record at Home: 8-3

2004-05 Record on Road: 8-5

WIAC record, finish: 10-6, 4th

Letter Winners returning, lost: 7/9

UW-River Falls (7-7, 3-2 WIAC)

vs.

UW-Stout (8-6, 3-3 WIAC)

Wednesday, Jan. 11, 7 p.m.

Karges Center, River Falls, Wis.

vs.

UW-Oshkosh (10-4, 4-1 WIAC)

Saturday, Jan. 14, 3 p.m.

Kolf Sports Center, Oshkosh, Wis.

The Games

- UW-River Falls plays two more WIAC games this week. The Falcons host UW-Stout on Wednesday and then travel to UW-Oshkosh on Saturday. Stout and Oshkosh picked up all of the first place votes in the WIAC pre-season poll - the Blue Devils had eight and the Titans one. UWS was picked to finish first, UW-O second and UWRF fifth in the poll.

-UWRF is coming off a 69-59 win over UW-Whitewater on Saturday at the Karges Center. The Falcons have won three of their last four games and are 4-1 at the Karges Center. Krista Cordes scored a career high 24 points in the win over UWW. Traci Reimann leads the Falcons in scoring (14.2) and rebounding (9.8). She is second in rebounding in the WIAC. The Falcons are 36-27 against Stout and 13-41 vs. Oshkosh all-time. UWRF is 4-7 against Stout and 2-8 against Oshkosh in Falcon Coach Cindy Hovet's five-year career.

-UW-Stout has relied on Kelsey Duoss for scoring and rebounding this year. Duoss averages 19.2 points and 10.6 rebounds a game and leads the WIAC in both categories. She has led the Blue Devils in scoring in all but one game. She has led her team in rebounding 10 times. UWS has lost three of its last four games, including a 97-66 decision on Saturday at UW-Stevens Point.

-UW-Oshkosh is coming off a 69-53 overtime win at UW-Eau Claire on Saturday. The Titans are at La Crosse on Wednesday before hosting the Falcons. Brittany Herrick leads UW-O in scoring (18.3) and rebounding (7.3). She is second in scoring and third in rebounding in the WIAC. Her father, Daryl, is a 1975 graduate of UWRF. Shannon Eggers averages 15.1 points per game.

Preseason SID Poll

1. Stout (8)
2. Oshkosh (1)
3. Stevens Point
4. Eau Claire
5. River Falls
6. Whitewater
7. La Crosse
8. Platteville
9. Superior

04-05 Record

- (24-7, 12-4)
(22-6, 11-5)
(21-6, 12-4)
(16-11, 8-8)
(17-8, 10-6)
(14-12, 7-9)
(11-15, 4-12)
(13-13, 6-10)
(5-20, 2-14)

2006 WIAC Basketball Information

WIAC STANDINGS

as of Jan. 9, 2006

	WIAC W-L	Overall W-L
La Crosse	4-1	13-1
Oshkosh	4-1	10-4
Platteville	4-1	8-5
Stevens Point	4-2	11-4
River Falls	3-2	7-7
Stout	3-3	8-6
Whitewater	2-3	8-6
Eau Claire	0-5	5-9
Superior	0-6	2-10

Upcoming games:

Tuesday, Jan 10

Finlandia at Superior, 5 p.m.

Wednesday, Jan 11

Stout at River Falls, 7 p.m.

Stevens Point at Eau Claire, 7 p.m.

Oshkosh at La Crosse, 7 p.m.

Platteville at Whitewater, 7 p.m.

Saturday, Jan 14

River Falls at Oshkosh, 3 p.m.

Superior at La Crosse, 3 p.m.

Whitewater at Stout, 3 p.m.

Eau Claire at Platteville, 5 p.m.

Recent results:

Saturday, Jan. 7

River Falls 69, Whitewater 59

Stevens Point 97, Stout 66

Oshkosh 63, Eau Claire 59 OT

Platteville 66, Superior 53

Wednesday, Jan. 4

Stout 68, La Crosse 55

Stevens Point 87, Superior 51

Tuesday, Jan. 3

Whitewater 85, Eau Claire 71

Platteville 50, Oshkosh 49

Monday, Jan. 2

St. Scholastica 69, River Falls 56



UNIVERSITY OF WISCONSIN-RIVER FALLS

UW-RF's Record When...

	04-05	05-06
Ahead at the half	14-3	7-1
Behind at the half	3-5	0-5
Tied at the half	0-0	0-1
Better FG% than opponent	12-2	5-1
Worse FG% than opponent	5-6	2-6
Same FG% as opponent	0-0	0-0
Try more than 15 3FG's	8-5	4-6
Try less than 15 3FG's	9-3	3-1
Shoot more FT's than opp.	9-2	5-0
Shoot less FT's than opp.	8-6	1-7
Shoot same FT's than opp.	0-0	1-0
Outrebound opp.	9-3	5-2
Tied or outrebounded by opp.	8-5	2-5
More turnovers than opp.	5-5	0-3
Less turnovers than opp.	12-3	6-4
Same amount of TO's	0-0	1-0
Score less than 50 pts.	1-2	0-0
Score 50-59 pts.	2-2	0-4
Score 60-69 pts.	9-4	3-3
Score 70-79 pts.	4-0	3-0
score 80+ pts.	1-0	1-0
Allow less than 50 pts.	6-0	2-0
Allow 50-59 pts.	7-2	2-0
Allow 60-69 pts.	4-5	2-6
Allow 70-79 pts.	0-0	1-1
Allow 80+ pts.	0-1	0-0
Overtime	1-1	0-1
Home games	8-3	5-1
Road games	8-5	1-6
Neutral site games	1-0	1-0

UWRF Sports Information

Director: Jim Thies

Phone: 715-425-3846

Home: 715-386-9252

Cell: 715-222-1455

Fax: 715-425-4486

Email: james.g.thies@uwrf.edu

Web: www.uwrf.edu/sports

UW-Stout Sports Information

Director: Layne Pitt

Phone: 715-232-2275

Fax: 715-232-1684

Email: pittl@uwstout.edu

Web: www.uwstout.edu/athletics/

UW-Oshkosh Sports Information

Director: Kennan Timm

Phone: 920-424-0365

Fax: 920-424-7445

Email: timmk@uwosh.edu

Web: www.titans.uwosh.edu/

Head Coach - Cindy Hovet

Cindy Hovet enters her sixth year as the head basketball coach at UW-River Falls with the 2005-06 season.

Hovet was inducted into the UW-Stout Athletic Hall of Fame in November. She is the only person who has been named a WIAC Coach of the Year (2001) and named a WIAC Player of the Year (1994).

The 2004-05 Falcons had another fine season finishing 17-8 overall and 10-6 and in fourth place in the highly competitive WIAC. The 17 wins and 10 WIAC victories were the second most by a Hovet coached team. She needs just six wins to reach 75 in her career. She has coached five players who have received All-WIAC honors; including Erin Effle who was the 2005 WIAC women's basketball Scholar-Athlete.

The 2003-04 season concluded with a 13-13 overall record, and 4-12 in the WIAC. Although the team didn't do as well in conference play as they had hoped, they managed to put together a perfect 9-0 non-conference record. That perfect record included impressive victories against two NCAA national tournament qualifiers, Lakeland College (22-6) and Maryville University (23-3). Both Lakeland and Maryville went undefeated and were champions of their respective conferences, which again highlights the strength and parity in the WIAC where the Falcons finished seventh in 2003-04.

The Falcons will take on another strong schedule in 2005-06. Besides facing each of the WIAC teams twice, the Falcons have nine non-conference games. The Falcons will play at St. Thomas on Nov. 27. The Tommies have won more MIAC titles (10) than any other institution. The Falcons also play a road game at NCAA Div. II Winona State (Dec. 11). In all the Falcons play six games against teams that were either ranked or earned votes in the D3hoops.com preseason Top 25 poll.

The two years prior to last season, the Falcons have finished in sixth place in the WIAC with a 10-15 overall record in 2002-03 and 11-15 in 2001-02. Hovet's first season at the helm for UWRF was the program's most successful since 1988-89. With an 18-8 overall record, they tied for third place in the conference. Hovet was named the WIAC Coach of the Year for the team's accomplishments that season.

Hovet was the UWRF head tennis coach and assistant basketball coach for five years before taking over the basketball program in 2000-01. Her playing career was also in the WIAC. As a student-athlete at UW-Stout she was a two-time All-WIAC first team selection in 1993 and 1994. Her senior season she was named the 1994 WIAC Player of the Year and earned All-American honors. She was named to the second All-WIAC team in 1992. She helped the Blue Devils to a 76-27 record and berths in both the NCAA Division III and NAIA National Tournaments for four seasons.

Hovet received her Psychology undergraduate degree and Coaching minor from UW-Stout. She completed here Master's Degree in Kinesiology with an emphasis in Sport Psychology and Sociology at the University of Minnesota. She currently teaches at UWRF in the health & human performance department along with her coaching duties.



Year	W	L	Pct	WIAC Place
2005-06	7	7	.500	3-2
2004-05	17	8	.680	10-6, 4th
2003-04	13	13	.500	4-12, tie 7th
2002-03	10	15	.400	4-12, tie 6th
2001-02	11	15	.423	5-11, tie 6th
2000-01	18	8	.692	11-5, tie 3rd
Totals	76	66	.535	37-48, .435



**2005-06 Statistics,
2005-06 Schedule and Results**

Name	GP	GS	MIN	AVG	FG	FGA	PCT	3FG	FGA	PCT	FT	FTA	PCT	OR	DR	TR	AVG	PF	FO	A	TO	BK	ST	PTS	AVG	
Traci Reimann	14	14	434	31.0	74	149	.497	4	14	.286	47	85	.553	54	83	137	9.8	32	1	32	53	4	28	199	14.2	
Melanie Preiner	14	14	480	34.3	62	150	.413	30	82	.366	24	30	.800	30	47	77	5.5	42	1	53	38	6	47	178	12.7	
Krista Cordes	14	11	359	25.6	49	124	.395	19	57	.333	14	18	.778	30	32	62	4.4	29	0	20	22	7	18	131	9.4	
Miranda Biteler	14	14	428	30.6	48	159	.302	18	63	.286	17	26	.654	20	30	50	3.6	31	1	50	38	1	18	131	9.4	
Megan Lindman	13	12	311	23.9	47	102	.461	0	0	.000	16	23	.696	19	45	64	4.9	35	0	12	23	12	19	110	8.5	
Jana Benitz	12	0	194	16.2	20	48	.417	8	24	.333	18	23	.783	14	14	28	2.3	22	0	9	15	0	12	66	5.5	
Kim Sorenson	14	2	270	19.3	10	42	.238	1	5	.200	5	11	.455	14	19	33	2.4	24	0	23	27	3	21	26	1.9	
Jodi Kauth	5	0	25	5.0	4	8	.500	0	0	.000	1	5	.200	4	6	10	2.0	0	0	0	6	0	1	9	1.8	
Meghan Hunstock	11	0	66	6.0	9	23	.391	0	2	.000	1	3	.333	4	11	15	1.4	7	0	2	7	0	1	19	1.7	
Chisato Nakaïke	14	3	150	10.7	8	37	.216	5	17	.294	3	7	.429	3	4	7	0.5	9	0	8	6	1	3	24	1.7	
Ciatlin Hunstock	12	0	90	7.5	8	21	.381	2	11	.182	2	3	.667	5	10	15	1.3	7	0	4	8	0	1	20	1.7	
Justine Speckel	5	0	14	2.8	1	3	.333	0	0	.000	0	0	.000	0	2	2	0.4	3	0	0	1	0	2	2	0.4	
Team														21	17	38	2.9				6					
Total	14					340	870	.391	87	279	.312	148	234	.632	219	321	540	38.6	241	3	213	251	34	171	915	65.4
Opponents	14					289	717	.403	86	232	.371	165	242	.682	146	360	506	36.1	238	4	178	322	32	100	829	59.2

**7-7 overall, 3-2 WIAC
Home 5-1, Away 1-6, Neutral 1-0**

Date	W/L	Score	Opponent	Leading scorers	Leading rebounders
Nov. 18	W	95-61	Finlandia [^]	Lindman 18, Biteler 18	Reimann 16, Preiner 9
Nov. 19	L	63-54	Kalamazoo [^]	Reimann 17	Reimann 12, Preiner 7
Nov. 22	L	53-65	at Hamline	Cordes 12, Biteler 10	Reimann 8, Biteler 6
Nov. 26	W	75-71	Viterbo	Reimann 25, Preiner 16	Reimann 13, three tied w/3
Nov. 27	L	64-66(OT)	at St. Thomas	Biteler 16, Reimann 15	Reimann 11, two tied w/6
Nov. 30	W	70-53	at Superior*	Preiner 20, Lindman 14	Reimann 7, Benitz 6
Dec. 3	L	71-60	at Stevens Point*	Preiner 15, two w/13	Reimann 6, three w/5
Dec. 7	W	72-61	Eau Claire*	Preiner 18, two w/13	Reimann 9, Cordes 7
Dec. 10	L	63-61	at Platteville	Reimann 23, Benitz 13	Reimann 12, Lindman 7
Dec. 11	L	66-59	at Winona	Reimann 16, Cordes 15	Reimann 7, two w/6
Dec. 14	W	65-29	Macalester	Preiner, Reimann 10	Kauth 10, Reimann 9
Dec. 16	W	62-32	Northwestern	Reimann 16, Preiner 14	Preiner, Cordes 8 each
Jan. 2	L	69-56	St. Scholastica	Reimann 15, Preiner 10	Preiner 14, Reimann 9
Jan. 7	W	69-59	Whitewater*	Cordes 24, Preiner 13	Reimann 12, Cordes 7
Jan. 11			Stout*		
Jan. 14			at Oshkosh*		
Jan. 18			La Crosse*		
Jan. 21			Stevens Point*		
Jan. 25			Superior*		
Jan. 28			Oshkosh*		
Feb. 1			at Stout*		
Feb. 4			Platteville*		
Feb. 8			at Eau Claire*		
Feb. 11			at Whitewater*		
Feb. 15			at La Crosse*		

[^] at Kalamazoo Tournament

* WIAC Games

2005-06 UW-River Falls Women's Basketball Roster
as of Oct. 31 - Numerical

No	Name	Pos.	Hgt.	Yr.	Hometown/High School
12	Miranda Biteler	G	5-8	Sr.	Chanhassen, MN/Chaska
14	Chisato Nakaike	G	5-8	Sr.	Fukui, Japan/Shogyo
20	Melanie Preiner	G	5-6	Jr.	Stillwater, MN
21	Kim Sorenson	G	5-4	So.	Blaine, MN
23	Jana Benitz	G	5-7	So.	Plum City, WI
24	Justine Speckel	G	5-10	Fr.	Buffalo, MN
25	Traci Reimann	P	6-0	Jr.	North Branch, MN
34	Caitlin Hunstock	P	5-10	So.	Minneapolis, MN/South
40	Jodi Kauth	P	6-0	Fr.	Granton, WI
42	Meghan Hunstock	P	5-11	So.	Minneapolis, MN/South
43	Krista Cordes	G	5-9	Jr.	Farmington, MN
44	Megan Lindman	P	6-0	Jr.	Rochester, MN/Mayo

Head coach: Cindy Hovet

Assistant coaches: Kathy Holbrook, Mara Reif-Wenner

Mangers: Janelle Yang-Fellenz, Lori Klevem, Amanda Conrad

2005-06 UW-River Falls Women's Basketball Roster - Alphabetical

No	Name	Pos.	Hgt.	Yr.	Hometown/High School
23	Jana Benitz	G	5-7	So.	Plum City, WI
12	Miranda Biteler	G	5-8	Sr.	Chanhassen, MN/Chaska
43	Krista Cordes	G	5-9	Jr.	Farmington, MN
34	Caitlin Hunstock	P	5-10	So.	Minneapolis, MN/South
42	Meghan Hunstock	P	5-11	So.	Minneapolis, MN/South
40	Jodi Kauth	P	6-0	Fr.	Granton, WI
44	Megan Lindman	P	6-0	Jr.	Rochester, MN/Mayo
14	Chisato Nakaike	G	5-8	Sr.	Fukui, Japan/Shogyo
20	Melanie Preiner	G	5-6	Jr.	Stillwater, MN
25	Traci Reimann	P	6-0	Jr.	North Branch, MN
21	Kim Sorenson	G	5-4	So.	Blaine, MN
24	Justine Speckel	G	5-10	Fr.	Buffalo, MN

UW-River Falls vs. UW-Stout -- Last Meeting
Jan. 25 at Karges Center, River Falls, Wis.
Stout 69, River Falls 65

The Falcons held an 11 point halftime lead, but dropped a 69-65 decision to UW-Stout Tuesday night at the Karges Center.

The Falcons led 33-22 at the half, but Stout outscored the Falcons, 47-32 in the second half. The Falcons shot just 32 percent from the field and 64 percent from the line in the second half. UWRF led by 10 points with 15:24 to play when Melanie Preiner hit a three-pointer. UWS took its first lead of the second half with 1:41 to play, 64-63, when Kelsey Duoss hit a jumper. The Falcons went ahead, 65-64 with 1:25 to play when Megan Lindman scored. Duoss put her team ahead for good, 66-65, with 31 seconds to play when she scored off another jumper.

UWRF was led by Lindman who scored 17 points and she had seven rebounds. Erin Effle and Preiner each scored 12 points. Effle led all rebounders with 12. Chantele Melgaard had eight rebounds and she scored six points. The Falcons shot 21-59 (.356) from the floor, including 3-8 (.375) from three-point range. UWRF was 20-28 (.714) from the line.

UWS was led by Duoss who scored 22 points and grabbed nine rebounds. Lindsey Erichsen scored 14 points and had eight rebounds. UWS was 25-71 (.352) from the floor, including 5-24 (.208) from behind the arc. Stout was 14-23 (.609) from the line. Stout held a 53-41 advantage in rebounds

UW-River Falls vs. UW-Oshkosh -- Last Meeting
Jan. 29 at Karges Center, River Falls, Wis.
River Falls 50, Oshkosh 48

The Falcon women's basketball team defeated the Titans of UW-Oshkosh 50-48 Saturday afternoon at Karges Center.

The Titans (17-3, 8-3) came into the game on top of the conference standings and ranked ninth in the nation by d3hoops.com. The win improves the Falcons record to 13-6 overall and 6-5 in the WIAC. The win snapped a two game Falcon losing streak. Earlier this year at UW-O, the Titans picked up an 82-62 win over the Falcons.

Erin Effle led the Falcons with 23 points, 10 rebounds, three assists, three rebounds and three blocks. Effle led the Falcons in all five categories. Effle also scored 10 of the final 13 points for the Falcons.

The game remained tight from the opening tip, with Oshkosh holding the largest lead of five with just over 10 minutes remaining. The Falcons largest lead was only four. The Falcons were down late in the second half, when Melanie Preiner hit a three with 5:17 to play and that tied the game at 46-46. Moments later Effle made a lay-up to put the Falcons up for good.

The Falcons out rebounded Oshkosh, pulling down 42 boards and scoring five second chance points, while limiting the Titans to 35 and zero second chance points. The Falcons turned the ball over 18 times, while the Titans relinquished possession only 12 times. Traci Reimann scored nine points and grabbed seven rebounds, shooting 4-5 from the field.

Game #18 1/25/05
Stout 69
River Falls 65
at River Falls, Wis.

River Falls (fgm-fga, ftm-fta, pts.): Biteler 3-5, 3-3, 9, Preiner 5-8, 0-0, 12, Reimann 1-3, 5-5, 7, Melgaard 2-11, 1-3, 6, Effle 5-17, 2-5, 12, Astedt 0-1, 2-2, 2, Nakaike 0-0, 0-0, 0, Marquardt 0-2, 2-2, 2, Sticha 0-0, 0-0, 0, Lindman 5-12, 5-8, 15, Totals 21-59, 20-28, 65.

Stout (fgm-fga, ftm-fta, pts.): Churchill 1-3, 3-6, 6, Hendricks 2-7, 3-4, 8, Erichsen 7-12, 0-0, 14, Oeltjen 1-4, 2-2, 4, Duoss 9-14, 4-6, 22, A Geissler 1-1, 0-0, 2, Eldred 0-4, 0-0, 0, L Geissler 3-14, 0-1, 9, Burke 0-0, 1-2, 1, Bird 0-3, 0-0, 0, Oelkers 0-1, 0-0, 0, McDermid 0-4, 1-2, 1, Nemitz 1-4, 0-0, 2, Philipisky 0-0, 0-0, 0, Totals 25-71, 14-23, 69.

Rebound Leader: S-Duoss, 9; RF-Effle, 12

Assist Leader: S-Churchill, Erichsen, Geissler, 3; RF-Effle, 3

Halftime: RF 33, S 22

Game #19 1/29/05
River Falls 50
Oshkosh 48
at River Falls, Wis.

River Falls (fgm-fga, ftm-fta, pts.): Biteler 1-5, 0-1, 2, Preiner 20-7, 0-1, 5, Reimann 4-5, 0-0, 9, Melgaard 2-8, 0-0, 4, Effle 10-20, 3-4, 23, Astedt 0-1, 0-0, 0, Nakaike 0-2, 0-0, 0, Marquardt 0-2, 1-2, 1, Sticha 0-1, 0-0, 0, Lindman 3-4, 0-0, 6, Totals 22-55, 4-8, 50.

Oshkosh (fgm-fga, ftm-fta, pts.): Turtenwald 0-5, 0-0, 0, Eggers 3-8, 1-2, 8, Knapp 1-3, 0-0, 2, Tyriver 0-6, 2-2, 2, Herrick 4-9, 3-4, 11, Rosicky 7-15, 0-0, 18, Kerzan 0-0, 0-0, 0, Fehring 0-1, 0-0, 0, Holler 1-2, 3-3, 5, Mader 1-5, 0-0, 2, Bischoff 0-2, 0-0, 0, Totals 17-56, 9-11, 48.

Rebound Leader: RF-Effle, 10; O-Herrick, 9

Assist Leader: RF-Preiner, Melgaard, Effle, 3; O-Eggers, Tyriver, 3

Halftime: RF 30, O 26