

2005-06 UW-River Falls Basketball

General Information

School: UW - River Falls
Location: River Falls, Wis.
Address: 410 S. Third St.
River Falls, WI 54022
Founded: 1874
Enrollment: 5,800
Nickname: Falcons
School colors: Red and White
Home Court/capacity: 2,000
Affiliation: NCAA Div. III
Conference: Wisconsin Intercollegiate Athletic Conference
Athletic director: Rick Bowen (715-425-3246)
Athletic trainer: Gary Eloranta (715-425-3130)
Sports information director: Jim Thies (715-425-3846)

Basketball History

First year of basketball: Stats date back to 1976
WIAC Championships: (2) 1988, 1989

Coaching Staff

Head Coach: Cindy Hovet
Alma Mater: UW-Stout
Record at School: 73-65
Career Record: 73-65
Vs Macalester: 2-0
Vs Northwestern: 5-0
Assistant Coaches: Kathy Holbrook, Mara Reif-Wenner

Team Information

Overall 2004-05 Record: 17-8
2004-05 Record at Home: 8-3
2004-05 Record on Road: 8-5
WIAC record, finish: 10-6, 4th
Letter Winners returning, lost: 7/9

UW-River Falls (4-6, 2-2 WIAC)

vs.

Macalester College (1-6)
Wednesday, Dec. 14, 7 p.m.
Karges Center, River Falls, Wis.

The Game

- After playing a shortened season in 2004-05 the Scots play an independent schedule this season, re-joining the MIAC next season.
- Freshman Elise Pagel leads the Scots, averaging 15.1 points per game.

UW-River Falls (4-6, 2-2 WIAC)

vs.

Northwestern (MN) (5-4, 0-0 UMAC)
Friday, Dec. 16, 7 p.m.
Karges Center, River Falls, Wis.

The Game

- Northwestern has six players that average between 7.5 and 9.2 points per game.
- The Golden Eagles have yet to play a conference game this season.
- The Falcons are 5-0 vs. Northwestern since Cindy Hovet has taken over as head coach.

Preseason SID Poll

1. Stout (8)	04-05 Record (24-7, 12-4)
2. Oshkosh (1)	(22-6, 11-5)
3. Stevens Point	(21-6, 12-4)
4. Eau Claire	(16-11, 8-8)
5. River Falls	(17-8, 10-6)
6. Whitewater	(14-12, 7-9)
7. La Crosse	(11-15, 4-12)
8. Platteville	(13-13, 6-10)
9. Superior	(5-20, 2-14)

2005-06 WIAC Basketball Information**WIAC STANDINGS
as of Dec. 12, 2005**

	WIAC W-L	Overall W-L
La Crosse	4-0	9-0
Oshkosh	3-0	7-1
Platteville	2-1	5-4
River Falls	2-2	4-6
Stout	2-2	5-3
Stevens Point	2-2	6-4
Whitewater	1-2	4-3
Eau Claire	0-3	4-5
Superior	0-4	1-5

This week's games:**12/13**

Carleton at Eau Claire	8 p.m.
St. Scholastica at Stout	7 p.m.
Northwestern at Superior	7 p.m.

12/14

Macalester at River Falls	7 p.m.
---------------------------	--------

12/15

Stevens Point at Finlandia	5 p.m.
----------------------------	--------

12/16

Northwestern (MN) at River Falls	7 p.m.
Superior at St. Scholastica	7 p.m.

12/17

Oshkosh at Franklin (IN)	8 p.m.
Whitewater at Edgewood	1 p.m.

Last week's games:**12/7**

River Falls 72, Eau Claire 61
 La Crosse 60, Platteville 56
 Stevens Point 86, Whitewater 57
 Stout 95, Superior 70

12/10

Platteville 63, River Falls 61
 Eau Claire 66, Carroll 61
 La Crosse 62, Stevens Point 55
 Oshkosh 80, Stout 68
 Whitewater 79, Superior 63

12/11

Winona St. 66, River Falls 59

UW-RF's Record When...

	04-05	05-06
Ahead at the half	14-3	4-1
Behind at the half	3-5	0-4
Tied at the half	0-0	0-1
Better FG% than opponent	12-2	2-1
Worse FG% than opponent	5-6	2-5
Same FG% as opponent	0-0	0-0
Try more than 15 3FG's	8-5	3-5
Try less than 15 3FG's	9-3	1-1
Shoot more FT's than opp.	9-2	3-0
Shoot less FT's than opp.	8-6	1-6
Outrebound opp.	9-3	3-1
Tied or outrebounded by opp.	8-5	1-5
More turnovers than opp.	5-5	0-3
Less turnovers than opp.	12-3	3-3
Same amount of TO's	0-0	1-0
Score less than 50 pts.	1-2	0-0
Score 50-59 pts.	2-2	0-3
Score 60-69 pts.	9-4	0-3
Score 70-79 pts.	4-0	3-0
score 80+ pts.	1-0	1-0
Allow less than 50 pts.	6-0	0-0
Allow 50-59 pts.	7-2	1-0
Allow 60-69 pts.	4-5	2-5
Allow 70-79 pts.	0-0	1-1
Allow 80+ pts.	0-1	0-0
Overtime	1-1	0-1
Home games	8-3	2-0
Road games	8-5	1-6
Neutral site games	1-0	1-0

UWRF Sports Information**Director:** Jim Thies**Phone:** 715-425-3846**Home:** 715-386-9252**Cell:** 715-222-1455**Fax:** 715-425-4486**Email:** james.g.thies@uwrf.edu**Web:** www.uwrf.edu/sports

Head Coach - Cindy Hovet

Cindy Hovet enters her sixth year as the head basketball coach at UW-River Falls with the 2005-06 season.

Hovet was inducted into the UW-Stout Athletic Hall of Fame in November. She is the only person who has been named a WIAC Coach of the Year (2001) and named a WIAC Player of the Year (1994).

The 2004-05 Falcons had another fine season finishing 17-8 overall and 10-6 and in fourth place in the highly competitive WIAC. The 17 wins and 10 WIAC victories were the second most by a Hovet coached team. She needs just six wins to reach 75 in her career. She has coached five players who have received All-WIAC honors; including Erin Effle who was the 2005 WIAC women's basketball Scholar-Athlete.

The 2003-04 season concluded with a 13-13 overall record, and 4-12 in the WIAC. Although the team didn't do as well in conference play as they had hoped, they managed to put together a perfect 9-0 non-conference record. That perfect record included impressive victories against two NCAA national tournament qualifiers, Lakeland College (22-6) and Maryville University (23-3). Both Lakeland and Maryville went undefeated and were champions of their respective conferences, which again highlights the strength and parity in the WIAC where the Falcons finished seventh in 2003-04.

The Falcons will take on another strong schedule in 2005-06. Besides facing each of the WIAC teams twice, the Falcons have nine non-conference games. The Falcons will play at St. Thomas on Nov. 27. The Tommies have won more MIAC titles (10) than any other institution. The Falcons also play a road game at NCAA Div. II Winona State (Dec. 11). In all the Falcons play six games against teams that were either ranked or earned votes in the D3hoops.com preseason Top 25 poll.

The two years prior to last season, the Falcons have finished in sixth place in the WIAC with a 10-15 overall record in 2002-03 and 11-15 in 2001-02. Hovet's first season at the helm for UWRF was the program's most successful since 1988-89. With an 18-8 overall record, they tied for third place in the conference. Hovet was named the WIAC Coach of the Year for the team's accomplishments that season.

Hovet was the UWRF head tennis coach and assistant basketball coach for five years before taking over the basketball program in 2000-01. Her playing career was also in the WIAC. As a student-athlete at UW-Stout she was a two-time All-WIAC first team selection in 1993 and 1994. Her senior season she was named the 1994 WIAC Player of the Year and earned All-American honors. She was named to the second All-WIAC team in 1992. She helped the Blue Devils to a 76-27 record and berths in both the NCAA Division III and NAIA National Tournaments for four seasons.

Hovet received her Psychology undergraduate degree and Coaching minor from UW-Stout. She completed here Master's Degree in Kinesiology with an emphasis in Sport Psychology and Sociology at the University of Minnesota. She currently teaches at UWRF in the health & human performance department along with her coaching duties.



Year	W	L	Pct	WIAC Place
2005-06	4	6	.400	
2004-05	17	8	.680	10-6, 4th
2003-04	13	13	.500	4-12, tie 7th
2002-03	10	15	.400	4-12, tie 6th
2001-02	11	15	.423	5-11, tie 6th
2000-01	18	8	.692	11-5, tie 3rd
Totals	73	65	.529	36-51, .414



2005-06 Statistics, 2005-06 Schedule and Results

Name	GP	GS	MIN	AVG	FG	FGA	PCT	3FG	FGA	PCT	FT	FTA	PCT	OR	DR	TR	AVG	PF	FO	A	TO	BK	ST	PTS	AVG
Traci Reimann	10	10	319	31.9	55	113	.487	2	10	.200	37	67	.552	43	58	101	10.1	24	1	23	41	2	16	149	14.9
Melanie Preiner	10	10	350	35.0	46	108	.426	22	58	.379	17	20	.850	16	32	48	4.8	32	1	39	24	4	35	131	13.1
Miranda Biteler	10	10	321	32.1	38	117	.325	14	48	.292	12	18	.667	17	19	36	3.6	22	1	43	30	0	13	102	10.2
Megan Lindman	10	10	262	26.2	39	86	.453	0	0	.000	9	15	.600	15	38	53	5.3	29	0	5	19	9	17	87	8.7
Krista Cordes	10	7	243	24.3	31	84	.369	12	45	.267	8	11	.727	15	21	36	3.6	19	0	15	9	5	8	82	8.2
Jana Benitz	8	0	131	16.4	15	33	.455	6	15	.400	17	21	.810	12	9	21	2.6	14	0	8	14	0	9	53	6.6
Jodi Kauth	2	0	4	2.0	2	3	.667	0	0	.000	0	0	.000	0	0	0	0.0	0	0	0	1	0	0	4	2.0
Meghan Hunstock	8	0	41	5.1	7	16	.438	0	1	.000	1	3	.333	3	5	8	1.0	2	0	2	1	0	1	15	1.9
Kim Sorenson	10	0	195	19.5	6	33	.182	0	2	.000	3	9	.333	8	16	24	2.4	19	0	15	20	2	13	15	1.5
Caitlin Hunstock	9	0	64	7.1	5	12	.417	1	7	.143	2	2	1.000	1	7	8	0.9	4	0	4	7	0	0	13	1.4
Chisato Nakaike	10	3	86	8.6	4	20	.200	3	10	.300	1	2	.500	1	3	4	0.4	4	0	3	4	1	1	12	1.2
Justine Speckel	3	0	5	1.7	0	0	.000	0	0	.000	0	0	.000	0	1	1	0.3	0	0	0	0	0	0	0	0.0
Team														19	15	34	3.4				1				
Total	10				248	629	.394	60	200	.300	107	168	.637	151	225	376	37.6	169	3	157	172	23	113	663	66.3
Opponents	10				223	529	.422	74	197	.376	120	174	.690	104	262	366	36.6	173	4	146	214	25	76	640	64.0

4-6 overall, 2-2-0 WIAC Home 2-0, Away 1-6, Neutral 1-0

Date	W/L	Score	Opponent	Leading scorers	Leading rebounders
Nov. 18	W	95-61	Finlandia [^]	Lindman 18, Biteler 18	Reimann 16, Preiner 9
Nov. 19	L	63-54	Kalamazoo [^]	Reimann 17	Reimann 12, Preiner 7
Nov. 22	L	53-65	at Hamline	Cordes 12, Biteler 10	Reimann 8, Biteler 6
Nov. 26	W	75-71	Viterbo	Reimann 25, Preiner 16	Reimann 13, three tied w/3
Nov. 27	L	64-66(OT)	at St. Thomas	Biteler 16, Reimann 15	Reimann 11, two tied w/6
Nov. 30	W	70-53	at Superior*	Preiner 20, Lindman 14	Reimann 7, Benitz 6
Dec. 3	L	71-60	at Stevens Point*	Preiner 15, two w/13	Reimann 6, three w/5
Dec. 7	W	72-61	Eau Claire*	Preiner 18, two w/13	Reimann 9, Cordes 7
Dec. 10	L	63-61	at Platteville	Reimann 23, Benitz 13	Reimann 12, Lindman 7
Dec. 11	L	66-59	at Winona	Reimann 16, Cordes 15	Reimann 7, two w/6
Dec. 14			Macalester		
Dec. 16			Northwestern		
Jan. 2			St. Scholastica		
Jan. 7			Whitewater*		
Jan. 11			Stoutr*		
Jan. 14			at Oshkosh*		
Jan. 18			La Crosse*		
Jan. 21			Stevens Point*		
Jan. 25			Superior*		
Jan. 28			Oshkosh*		
Feb. 1			at Stout*		
Feb. 4			Platteville*		
Feb. 8			at Eau Claire*		
Feb. 11			at Whitewater*		
Feb. 15			at La Crosse*		

[^] at Kalamazoo Tournament

* WIAC Games

2005-06 UW-River Falls Women's Basketball Roster
as of Oct. 31 - Numerical

No	Name	Pos.	Hgt.	Yr.	Hometown/High School
12	Miranda Biteler	G	5-8	Sr.	Chanhassen, MN/Chaska
14	Chisato Nakaike	G	5-8	Sr.	Fukui, Japan/Shogyo
20	Melanie Preiner	G	5-6	Jr.	Stillwater, MN
21	Kim Sorenson	G	5-4	So.	Blaine, MN
23	Jana Benitz	G	5-7	So.	Plum City, WI
24	Justine Speckel	G	5-10	Fr.	Buffalo, MN
25	Traci Reimann	P	6-0	Jr.	North Branch, MN
34	Caitlin Hunstock	P	5-10	So.	Minneapolis, MN/South
40	Jodi Kauth	P	6-0	Fr.	Granton, WI
42	Meghan Hunstock	P	5-11	So.	Minneapolis, MN/South
43	Krista Cordes	G	5-9	Jr.	Farmington, MN
44	Megan Lindman	P	6-0	Jr.	Rochester, MN/Mayo

Head coach: Cindy Hovet

Assistant coaches: Kathy Holbrook, Mara Reif-Wenner

Mangers: Janelle Yang-Fellenz, Lori Klevem, Amanda Conrad

2005-06 UW-River Falls Women's Basketball Roster - Alphabetical

No	Name	Pos.	Hgt.	Yr.	Hometown/High School
23	Jana Benitz	G	5-7	So.	Plum City, WI
12	Miranda Biteler	G	5-8	Sr.	Chanhassen, MN/Chaska
43	Krista Cordes	G	5-9	Jr.	Farmington, MN
34	Caitlin Hunstock	P	5-10	So.	Minneapolis, MN/South
42	Meghan Hunstock	P	5-11	So.	Minneapolis, MN/South
40	Jodi Kauth	P	6-0	Fr.	Granton, WI
44	Megan Lindman	P	6-0	Jr.	Rochester, MN/Mayo
14	Chisato Nakaike	G	5-8	Sr.	Fukui, Japan/Shogyo
20	Melanie Preiner	G	5-6	Jr.	Stillwater, MN
25	Traci Reimann	P	6-0	Jr.	North Branch, MN
21	Kim Sorenson	G	5-4	So.	Blaine, MN
24	Justine Speckel	G	5-10	Fr.	Buffalo, MN

UW-River Falls vs. Macalester -- Last Meeting

Dec. 11, 2003 at Karges Center, River Falls, Wis. -- River Falls 69, Macalester 44

Erin Effle scored 16 points and grabbed seven rebounds to help lead the Falcon women's basketball team to a 69-44 win at Macalester Thursday night.

Miranda Biteler had a hot hand for the Falcons finishing with 14 points and a team high four assists. She finished 5-6 from the field, including 3-3 from three point range. Traci Reimann added nine points and also had seven rebounds. UWRF shot 29-57 (.509) from the field, including a blistering 9-16 (.563) from three-point range. The Falcons finished 2-5 (.400) from the line. The Falcons outrebounded the Scots, 39-27 and led 35-23 at the half.

Macalester, now 0-7 overall, was led by Afton Hanson who scored 15 points and had eight rebounds.

UW-River Falls vs. Northwestern -- Last Meeting

Nov. 27, 2004, St. Paul, Minn. -- River Falls 59, Northwestern 51

The Falcon women's basketball topped Northwestern, 59-51, Saturday night.

Four Falcon finished in double figures. Erin Effle scored 12 points and led the Falcons with 10 records. Melanie Preiner, Kendra Sticha and Megan Lindman all scored 10 points. Lindman finished with nine rebounds. Preiner led the Falcons with three assists. Kim Sorenson led the Falcons with five steals. The Falcons shot 22-63 (.349) from the field, including 4-12 (.333) from three-point range. They were 11-17 (.647) from the line.

Hannah McEvoy led Northwestern with 13 points and Grace Anderson scored 11. NC was 19-51 (.33) from the field, including 2-10 (.200) from behind the arc. Northwestern was 11-16 (.688) from the line.

11/27/04

**River Falls 59
Northwestern 51
at St. Paul, Minn.**

River Falls (fgm-fga, ftm-fta, pts.): Biteler 2-7, 0-0, 4, Preiner 4-7, 0-0, 10, Reimann 0-7, 1-1, 1, Melgaard 1-4, 0-2, 2, Effle 5-9, 1-3, 12, Astedt 0-0, 0-0, 0, Marquardt 0-0, 0-0, 0, Sorenson 2-10, 3-5, 7, Sticha 2-4, 6-6, 10, Cordes 1-2, 0-0, 3, Lindman 5-13, 0-0, 10, Totals 22-63, 11-17, 59.

Northwestern (fgm-fga, ftm-fta, pts.): Nuest 3-9, 0-0, 6, Parrish 2-9, 0-0, 5, McEvoy 6-11, 1-2, 13, Adamson 2-9, 1-2, 6, Luecke 1-4, 4-4, 6, Tuset 0-0, 0-0, 0, Ross 1-3, 0-0, 2, Lind 1-1, 0-0, 2, Anderson 3-5, 5-8, 11, Totals 19-51, 11-16, 51.

Rebound Leader: RF-Effle, 10; N-Luecke, 9

Assist Leader: RF-Preiner, 3; N-Nuest, McEvoy, Adamson, 3

Halftime: N 34, RF 28