

2005-06 UW-River Falls Basketball

General Information

School: UW - River Falls
Location: River Falls, Wis.
Address: 410 S. Third St.
River Falls, WI 54022
Founded: 1874
Enrollment: 5,800
Nickname: Falcons
School colors: Red and White
Home Court/capacity: 2,000
Affiliation: NCAA Div. III
Conference: Wisconsin Intercollegiate Athletic Conference
Athletic director: Rick Bowen (715-425-3246)
Athletic trainer: Gary Eloranta (715-425-3130)
Sports Information director: Jim Thies (715-425-3846)

Basketball History

First year of basketball: Stats date back to 1976
WIAC Championships: (2) 1988, 1989

Coaching Staff

Head Coach: Cindy Hovet
Alma Mater: UW-Stout
Record at School: 71-62
Career Record: 71-62
Vs Superior: 6-4
Vs Stevens Point: 3-8
Assistant Coaches: Kathy Holbrook, Mara Reif-Wenner

Team Information

Overall 2004-05 Record: 17-8
2004-05 Record at Home: 8-3
2004-05 Record on Road: 8-5
WIAC record, finish: 10-6, 4th
Letter Winners returning, lost: 7/9

UW-River Falls (2-3, 0-0 WIAC)

vs.

Superior (1-1, 0-0 WIAC)
Wednesday, Nov. 30, 7 p.m.
Superior, Wis.

The Game

-The Falcons travel to Superior for their first conference game of the season.
-Traci Reimann has finished with a double-double in four of the first five games for the Falcons.
- The Falcons have been predicted to finish 5th in the WIAC by the conference's Sports Information Directors, Superior has been predicted to finish 9th.
-The Falcons lost their last meeting to the Yellowjackets, 60-53 on Feb. 1 in Superior Wis.

UW-River Falls (2-3, 0-0 WIAC)

vs.

Stevens Point (4-1, 0-0 WIAC)
Saturday, Dec. 3, 3 p.m.
Stevens Point, Wis.

The Game

-The Falcons travel to Stevens Point for their second conference game.
-The Pointers enter the season predicted to finish 3rd in the WIAC.
-The Falcons defeated the Pointers 75-68 in their last meeting on Feb. 15, 2005.

Preseason SID Poll

1. Stout (8)	04-05 Record (24-7, 12-4)
2. Oshkosh (1)	(22-6, 11-5)
3. Stevens Point	(21-6, 12-4)
4. Eau Claire	(16-11, 8-8)
5. River Falls	(17-8, 10-6)
6. Whitewater	(14-12, 7-9)
7. La Crosse	(11-15, 4-12)
8. Platteville	(13-13, 6-10)
9. Superior	(5-20, 2-14)

2005-06 WIAC Basketball Information**WIAC STANDINGS (as of Nov. 29)**

	WIAC W-L	Overall W-L
La Crosse	0-0	5-0
Oshkosh	0-0	4-1
Stevens Point	0-0	4-1
Stout	0-0	3-1
Whitewater	0-0	3-1
Superior	0-0	1-1
Eau Claire	0-0	3-2
Platteville	0-0	3-2
River Falls	0-0	2-3

This week's games:**11/30**

Eau Claire at Stout	7 p.m.
La Crosse at Whitewater	7 p.m.
Augustana (IL) at Platteville	5:45 p.m.
River Falls at Superior	7 p.m.
Stevens Point at Oshkosh	7 p.m.

12/3

La Crosse at Eau Claire	5 p.m.
Oshkosh at Superior	1 p.m.
Platteville at Stout	3 p.m.
River Falls at Stevens Point	3 p.m.

Last week's games (11/26 and 11/27)**11/26**

Oshkosh 69, Ripon 59
River Falls 75, Viterbo 71
Stevens Point 83, North Central (IL) 75
Whitewater 83, Lake Forest (IL) 70
Eau Claire 64, Luther (IA) 59
La Crosse 83, Finlandia 46
Platteville 65, Loras 61

11/27

St. Thomas (MN) 66, River Falls 64 (OT)
Illinois Wesleyan 80, Stevens Point 63
Stout 83, Northland 43
La Crosse 78, Lakeland 50

UW-RF's Record When...

	04-05	05-06
Ahead at the half	14-3	2-1
Behind at the half	3-5	0-1
Tied at the half	0-0	0-1
Better FG% than opponent	12-2	1-1
Worse FG% than opponent	5-6	1-2
Same FG% as opponent	0-0	0-0
Try more than 15 3FG's	8-5	1-3
Try less than 15 3FG's	9-3	1-0
Shoot more FT's than opp.	9-2	2-0
Shoot less FT's than opp.	8-6	0-3
Outrebound opp.	9-3	1-0
Tied or outrebounded by opp.	8-5	1-3
More turnovers than opp.	5-5	0-1
Less turnovers than opp.	12-3	2-2
Same amount of TO's	0-0	0-0
Score less than 50 pts.	1-2	0-0
Score 50-59 pts.	2-2	0-2
Score 60-69 pts.	9-4	0-1
Score 70-79 pts.	4-0	1-0
score 80+ pts.	1-0	1-0
Allow less than 50 pts.	6-0	0-0
Allow 50-59 pts.	7-2	0-0
Allow 60-69 pts.	4-5	1-3
Allow 70-79 pts.	0-0	1-0
Allow 80+ pts.	0-1	0-0
Overtime	1-1	0-1
Home games	8-3	1-0
Road games	8-5	0-3
Neutral site games	1-0	1-0

UWRF Sports Information**Director:** Jim Thies**Phone:** 715-425-3846**Home:** 715-386-9252**Cell:** 715-222-1455**Fax:** 715-425-4486**Email:** james.g.thies@uwrf.edu**Web:** www.uwrf.edu/sports

Head Coach - Cindy Hovet

Cindy Hovet enters her sixth year as the head basketball coach at UW-River Falls with the 2005-06 season.

Hovet was inducted into the UW-Stout Athletic Hall of Fame in November. She is the only person who has been named a WIAC Coach of the Year (2001) and named a WIAC Player of the Year (1994).

The 2004-05 Falcons had another fine season finishing 17-8 overall and 10-6 and in fourth place in the highly competitive WIAC. The 17 wins and 10 WIAC victories were the second most by a Hovet coached team. She needs just six wins to reach 75 in her career. She has coached five players who have received All-WIAC honors; including Erin Effle who was the 2005 WIAC women's basketball Scholar-Athlete.

The 2003-04 season concluded with a 13-13 overall record, and 4-12 in the WIAC. Although the team didn't do as well in conference play as they had hoped, they managed to put together a perfect 9-0 non-conference record. That perfect record included impressive victories against two NCAA national tournament qualifiers, Lakeland College (22-6) and Maryville University (23-3). Both Lakeland and Maryville went undefeated and were champions of their respective conferences, which again highlights the strength and parity in the WIAC where the Falcons finished seventh in 2003-04.

The Falcons will take on another strong schedule in 2005-06. Besides facing each of the WIAC teams twice, the Falcons have nine non-conference games. The Falcons will play at St. Thomas on Nov. 27. The Tommies have won more MIAC titles (10) than any other institution. The Falcons also play a road game at NCAA Div. II Winona State (Dec. 11). In all the Falcons play six games against teams that were either ranked or earned votes in the D3hoops.com preseason Top 25 poll.

The two years prior to last season, the Falcons have finished in sixth place in the WIAC with a 10-15 overall record in 2002-03 and 11-15 in 2001-02. Hovet's first season at the helm for UWRF was the program's most successful since 1988-89. With an 18-8 overall record, they tied for third place in the conference. Hovet was named the WIAC Coach of the Year for the team's accomplishments that season.

Hovet was the UWRF head tennis coach and assistant basketball coach for five years before taking over the basketball program in 2000-01. Her playing career was also in the WIAC. As a student-athlete at UW-Stout she was a two-time All-WIAC first team selection in 1993 and 1994. Her senior season she was named the 1994 WIAC Player of the Year and earned All-American honors. She was named to the second All-WIAC team in 1992. She helped the Blue Devils to a 76-27 record and berths in both the NCAA Division III and NAIA National Tournaments for four seasons.

Hovet received her Psychology undergraduate degree and Coaching minor from UW-Stout. She completed here Master's Degree in Kinesiology with an emphasis in Sport Psychology and Sociology at the University of Minnesota. She currently teaches at UWRF in the health & human performance department along with her coaching duties.



Year	W	L	Pct	WIAC Place
2005-06	2	3	.500	
2004-05	17	8	.680	10-6, 4th
2003-04	13	13	.500	4-12, tie 7th
2002-03	10	15	.400	4-12, tie 6th
2001-02	11	15	.423	5-11, tie 6th
2000-01	18	8	.692	11-5, tie 3rd
Totals	71	62	.538	34-48, .414



2005-06 Statistics, 2005-06 Schedule and Results

Name	GP	GS	MIN	AVG	FG	FGA	PCT	3FG	FGA	PCT	FT	FTA	PCT	OR	DR	TR	AVG	PF	FO	A	TO	BK	ST	PTS	AVG	
Traci Reimann	5	5	168	33.6	31	64	.484	1	5	.200	19	37	.514	27	33	60	12.0	13	1	14	24	1	8	82	16.4	
Miranda Biteler	5	5	158	31.6	23	71	.324	6	23	.261	7	11	.636	11	9	20	4.0	14	1	25	16	0	10	59	11.8	
Melanie Preiner	5	5	178	35.6	19	53	.358	9	27	.333	9	11	.818	13	17	30	6.0	19	1	17	14	2	17	56	11.2	
Megan Lindman	5	5	133	26.6	20	44	.455	0	0	.000	6	10	.600	8	17	25	5.0	17	0	1	9	3	13	46	9.2	
Krista Cordes	5	2	98	19.6	13	35	.371	4	17	.235	4	7	.571	4	8	12	2.4	6	0	3	3	2	6	34	6.8	
Jana Benitz	3	0	38	12.7	5	10	.500	2	5	.400	5	7	.714	1	0	1	0.3	6	0	3	2	0	3	17	5.7	
Meghan Hunstock	5	0	32	6.4	7	11	.636	0	1	.000	1	3	.333	2	2	4	0.8	2	0	1	1	0	1	15	3.0	
Chisato Nakaïke	5	3	59	11.8	4	15	.267	3	8	.375	1	2	.500	1	3	4	0.8	4	0	1	1	1	0	12	2.4	
Kim Sorenson	5	0	115	23.0	4	16	.250	0	0	.000	2	7	.286	4	12	16	3.2	9	0	8	12	2	10	10	2.0	
Jodi Kauth	1	0	3	3.0	1	2	.500	0	0	.000	0	0	.000	0	0	0	0.0	0	0	0	1	0	0	2	2.0	
Caitlin Hunstock	5	0	38	7.6	3	8	.375	0	4	.000	2	2	1.000	0	6	6	1.2	3	0	4	5	0	0	8	1.6	
Ellyn Shun	2	0	4	2.0	0	4	.000	0	4	.000	0	0	.000	1	1	2	1.0	0	0	0	1	0	0	0	0.0	
Justine Speckel	1	0	1	1.0	0	0	.000	0	0	.000	0	0	.000	0	1	1	1.0	0	0	0	0	0	0	0	0.0	
TEAM														10	11	21	4.2				1					
Total	5					130	333	.390	25	94	.266	56	97	.577	82	120	202	40.4	93	3	77	90	11	68	341	68.2
Opponents	5					110	271	.406	34	99	.343	72	101	.713	57	143	200	40.0	93	3	65	126	18	38	326	65.2

2-3 overall, 0-0 WIAC Home 1-0, Away 0-3, Neutral 1-0

Date	W/L	Score	Opponent	Leading scorers	Leading rebounders
Nov. 18	W	95-61	Finlandia [^]	Lindman 18, Biteler 18	Reimann 16, Preiner 9
Nov. 19	L	63-54	Kalamazoo [^]	Reimann 17	Reimann 12, Preiner 7
Nov. 22	L	65-53	at Hamline	Cordes 12, Biteler 10	Reimann 8, Biteler 6
Nov. 26	W	75-71	Viterbo	Reimann 25, Preiner 16	Reimann 13
Nov. 27	L	66-64 (OT)	at St. Thomas	Biteler 16, Reimann 15	Reimann 11
Nov. 30			at Superior*		
Dec. 3			at Stevens Point*		
Dec. 7			Eau Claire*		
Dec. 10			at Platteville		
Dec. 11			at Winona		
Dec. 14			Macalester		
Dec. 16			Northwestern		
Jan. 2			St. Scholastica		
Jan. 7			Whitewater*		
Jan. 11			Stoutr*		
Jan. 14			at Oshkosh*		
Jan. 18			La Crosse*		
Jan. 21			Stevens Point*		
Jan. 25			Superior*		
Jan. 28			Oshkosh*		
Feb. 1			at Stout*		
Feb. 4			Platteville*		
Feb. 8			at Eau Claire*		
Feb. 11			at Whitewater*		
Feb. 15			at La Crosse*		

[^] at Kalamazoo Tournament

* WIAC Games

2005-06 UW-River Falls Women's Basketball Roster
as of Oct. 31 - Numerical

No	Name	Pos.	Hgt.	Yr.	Hometown/High School
12	Miranda Biteler	G	5-8	Sr.	Chanhassen, MN/Chaska
14	Chisato Nakaike	G	5-8	Sr.	Fukui, Japan/Shogyo
20	Melanie Preiner	G	5-6	Jr.	Stillwater, MN
21	Kim Sorenson	G	5-4	So.	Blaine, MN
23	Jana Benitz	G	5-7	So.	Plum City, WI
24	Justine Speckel	G	5-10	Fr.	Buffalo, MN
25	Traci Reimann	P	6-0	Jr.	North Branch, MN
33	Ellyn Shun	G	5-9	Jr.	Mounds View, MN/Irondale
34	Caitlin Hunstock	P	5-10	So.	Minneapolis, MN/South
40	Jodi Kauth	P	6-0	Fr.	Granton, WI
42	Meghan Hunstock	P	5-11	So.	Minneapolis, MN/South
43	Krista Cordes	G	5-9	Jr.	Farmington, MN
44	Megan Lindman	P	6-0	Jr.	Rochester, MN/Mayo

Head coach: Cindy Hovet

Assistant coaches: Kathy Holbrook, Mara Reif-Wenner

Mangers: Janelle Yang-Fellenz, Lori Klevem, Amanda Conrad

2005-06 UW-River Falls Women's Basketball Roster - Alphabetical

No	Name	Pos.	Hgt.	Yr.	Hometown/High School
23	Jana Benitz	G	5-7	So.	Plum City, WI
12	Miranda Biteler	G	5-8	Sr.	Chanhassen, MN/Chaska
43	Krista Cordes	G	5-9	Jr.	Farmington, MN
34	Caitlin Hunstock	P	5-10	So.	Minneapolis, MN/South
42	Meghan Hunstock	P	5-11	So.	Minneapolis, MN/South
40	Jodi Kauth	P	6-0	Fr.	Granton, WI
44	Megan Lindman	P	6-0	Jr.	Rochester, MN/Mayo
14	Chisato Nakaike	G	5-8	Sr.	Fukui, Japan/Shogyo
20	Melanie Preiner	G	5-6	Jr.	Stillwater, MN
25	Traci Reimann	P	6-0	Jr.	North Branch, MN
33	Ellyn Shun	G	5-9	Jr.	Mounds View, MN/Irondale
21	Kim Sorenson	G	5-4	So.	Blaine, MN
24	Justine Speckel	G	5-10	Fr.	Buffalo, MN

**UW-River Falls vs. UW-Superior -- Last Meeting
Feb. 1, 2005 at Superior -- Superior 60, River Falls 53**

The Falcon women's basketball team was defeated Tuesday night, 60-53, by Superior (2-10, 4-16). Superior came into the game at the bottom of the conference standings. The loss comes only three days after the Falcons defeated conference leader, Oshkosh, at home.

The Falcons and Yellowjackets traded baskets early in the first half and the Falcons took their largest lead of four with 9:50 to play. Moments after the Falcons took the lead, Superior's Shannon Johannes knocked down a three to bring the game within one. Late in the second half the Superior went on an 8-0 run and gained a five point advantage. The half ended with the Falcons down 21-18.

In the second half the Falcons pulled back ahead behind a two point shot by Melanie Preiner and a three by Miranda Biteler. The Falcons held a 23-21 lead. The Falcons were never able to hold a lead for the rest of the ball game. The Falcons came within three before Superior went on an 8-3 run to gain an eight point advantage. Every time after that, whenever the Falcons got close, Johannes knocked down a three to increase the Yellowjacket lead. Superior finished the game with a 60-53 win.

The Falcons were led by Erin Effle who finished the game with 11 points and seven rebounds. Megan Lindman came off the bench and scored eight points and picked up four rebounds, while Biteler and Preiner both finished with seven points and four rebounds. Preiner led the team with six assists and three steals.

The Falcons shot 34.5 percent from the field (19-55) while Superior shot 35.6 percent (16-45). The difference in the game was decided behind the three point line. The Falcons shot 21.7 percent from three (5-23) while Superior shot 46.2 percent on 5-13 shooting. The Falcons outrebounded Superior, grabbing 38 boards, while limiting the Yellowjackets to only 32. Superior scored 22 points from the free throw line. They shot 71 percent. The Falcons shot 77 percent on 10-13 shooting from the stripe.

**UW-River Falls vs. UW-Stevens Point -- Last Meeting
Feb. 15, 2005 at Stevens Point -- River Falls 75, Stevens Point 68**

Erin Effle scored a career high 29 points to help lead the Falcon women's basketball team to a 75-68 win at UW-Stevens Point on Feb. 15, 2005.

UWSP was in sole possession of first place in the WIAC going into the game with an 11-3 WIAC record. But with the Falcon win, the Pointers are now tied with Oshkosh and Stout for first place. UWRF is in fourth place.

Effle finished 11-18 from the field and 7-9 from the line for 29 points. She had six rebounds, three blocks and one assist. Krista Cordes came off the bench to score 13 points and Chantele Melgaard added 11. Megan Lindman, who scored seven points, also led the Falcons with eight rebounds. UWRF shot 25-48 (.521) from the field - it was the second best shooting night of the season for the Falcons. They were 4-9 (.444) from three-point range and 21-32 (.656) from the line.

The Falcons limited UWSP's leading scorer, Amanda Nechuta, to just 11 points. She entered the game leading the WIAC in scoring averaging 17 points a game. Cassandra Schultz led the Pointers with 20 points. Amy Scott was the game high rebounder with 13. UWSP held a 42-36 advantage in rebounds. UWSP shot 22-65 (.338) from the field, including 2-18 (.111) from behind the arc. They were 22-33 (.667) from the line.

**Superior 60
River Falls 53**

2/1/05

at Superior, Wis.

River Falls (fgm-fga, ftm-fta, pts.): Biteler 2-7, 2-2, 7, Preiner 2-8, 0-0, 5, Reimann 2-6, 3-4, 7, Melgaard 1-5, 1-2, 4, Effle 5-9, 1-1, 11, Astedt 0-2, 0-0, 0, Nakaike 0-0, 0-0, 0, Marquardt 1-6, 3-4, 6, Cordes 2-6, 0-0, 5, Lindman 4-6, 0-0, 8, Totals 19-55, 10-13, 53.

Superior (fgm-fga, ftm-fta, pts.): Moench 2-5, 7-10, 11, Laidley 2-6, 3-6, 7, Sh Johannes 6-9, 2-2, 19, Ray 1-9, 0-2, 3, Janigo 2-5, 3-4, 7, Galovich 1-2, 0-0, 2, Sh Johannes 1-1, 5-5, 7, Carlson 1-5, 2-2, 4, Gross 0-1, 0-0, 0, Higgins 0-1, 0-0, 0, Herzog 0-1, 0-0, 0, Totals 16-45, 22-31, 60.

Rebound Leader: S-Laidley, 11; RF-Effle, 7

Assist Leader: S-Moench, 4; RF-Preiner, 6

Halftime: S 21, RF 18

**River Falls 75
Stevens Point 68**

2/15/05

at Stevens Point, Wis.

River Falls (fgm-fga, ftm-fta, pts.): Reimann 2-4, 4-8, 8, Effle 11-18, 7-9, 29, Bitler 1-3, 2-2, 4, Preiner 0-2, 0-0, 0, Melgaard 3-6, 4-6, 11, Astedt 0-1, 0-2, 0, Nakaike 0-0, 0-0, 0, Marquardt 0-0, 0-0, 0, Zweifel 1-1, 0-0, 3, Sticha 0-0, 0-0, 0, Cordes 5-8, 1-1, 13, Lindman 2-5, 3-4, 7, Totals 25-48, 21-32, 75.

Stevens Point (fgm-fga, ftm-fta, pts.): Nechuta 4-12, 3-5, 11, Scott 3-11, 3-4, 9, Schultz 8-21, 4-4, 20, Houghton 0-5, 2-5, 2, Neunfeldt 3-8, 4-4, 12, Hawkins 0-0, 0-0, 0, Berry 0-0, 0-0, 0, Lechault 1-3, 6-9, 8, Kranz 3-5, 0-2, 6, Totals 22-65, 22-33, 68.

Rebound Leader: RF-Lindman, 8; SP-Scott, 13

Assist Leader: RF-Melgaard, 3; SP-Schultz, Neunfeldt, 2

Halftime: RF 34, SP 32