

# 2005-06 UW-River Falls Basketball

## General Information

**School:** UW - River Falls

**Location:** River Falls, Wis.

**Address:** 410 S. Third St.  
River Falls, WI 54022

**Founded:** 1874

**Enrollment:** 5,800

**Nickname:** Falcons

**School colors:** Red and White

**Home Court/capacity:** 2,000

**Affiliation:** NCAA Div. III

**Conference:** Wisconsin Intercollegiate Athletic Conference

**Athletic director:** Rick Bowen (715-425-3246)

**Athletic trainer:** Gary Eloranta (715-425-3130)

**Sports information director:** Jim Thies (715-425-3846)

## Basketball History

**First year of basketball:** Stats date back to 1976

**WIAC Championships:** (2) 1988, 1989

## Coaching Staff

**Head Coach:** Cindy Hovet

**Alma Mater:** UW-Stout

**Record at School:** 75-66

**Career Record:** 75-66

**Vs Whitewater:** 4-6

**Assistant Coaches:** Kathy Holbrook, Mara Reif-Wenner

## Team Information

**Overall 2004-05 Record:** 17-8

**2004-05 Record at Home:** 8-3

**2004-05 Record on Road:** 8-5

**WIAC record, finish:** 10-6, 4th

**Letter Winners returning, lost:** 7/9

**UW-River Falls (6-7, 2-2 WIAC)**

**vs.**

**UW-Whitewater (8-5, 2-2 WIAC)**

**Saturday, Jan. 7, 1 p.m.**

**Karges Center, River Falls, Wis.**

## The Game

- UW-River Falls returns to WIAC play when they host UW-Whitewater on Saturday at the Karges Center. Tip off is set for 1 p.m.

-This relatively early season WIAC game has meaning in the WIAC standings. Both teams are 2-2 in WIAC play and the winner will move over the .500 mark for the season in league play.

-The Falcons are coming off a 69-56 loss to St. Scholastica in a game on Jan. 2 at the Karges Center. The loss to CSS snapped a modest two-game winning streak. The Falcons have beat Superior (73-53) and Eau Claire (72-61) and lost to Stevens Point (71-60) and Platteville (63-61) in WIAC play. The Falcons are 1-0 at the Karges Center in WIAC play.

-Traci Reimann leads the Falcons in scoring (14.6) and rebounding (9.6). She is shooting .511 (71-139) from the field. Melanie Preiner is second in scoring with a 12.7 average and leads the team in assists (51). Preiner is second in rebounding (5.5).

-Whitewater is coming off an 85-71 win at Eau Claire on Tuesday. The Warhawks have won four of their last five games. UWW has lost to La Crosse (76-64) and Stevens Point (86-57) and beat Superior (79-63) and Eau Claire. Whitewater is 0-1 in WIAC play while playing on the road.

-Lindsey Buechner leads the Warhawks in scoring averaging 13.7 points a game. Amy Morris is second in scoring (11.2). Buechner also leads UWW in rebounding (7.) while Jessica Wendt is second (6.7).

-The Falcons play only WIAC games for the rest of the season. UWRF finished 4-5 against non-WIAC teams.

## Preseason SID Poll

1. Stout (8)	<b>04-05 Record</b> (24-7, 12-4)
2. Oshkosh (1)	(22-6, 11-5)
3. Stevens Point	(21-6, 12-4)
4. Eau Claire	(16-11, 8-8)
5. River Falls	(17-8, 10-6)
6. Whitewater	(14-12, 7-9)
7. La Crosse	(11-15, 4-12)
8. Platteville	(13-13, 6-10)
9. Superior	(5-20, 2-14)

**2006 WIAC Basketball Information****WIAC STANDINGS**

as of Jan. 5, 2006

	WIAC W-L	Overall W-L
La Crosse	4-1	13-1
Oshkosh	3-1	9-4
Platteville	3-1	7-5
Stevens Point	3-2	10-4
Stout	3-2	8-5
River Falls	2-2	6-7
Whitewater	2-2	8-5
Eau Claire	0-4	5-8
Superior	0-5	2-9

**Upcoming games:****Saturday, Jan 7**

Whitewater at River Falls, 1 p.m.

Oshkosh at Eau Claire, 5 p.m.

Stout at Stevens Point, 3 p.m.

Platteville at Superior, 1 p.m.

**Tuesday, Jan 10**

Finlandia at Superior, 5 p.m.

**Wednesday, Jan 11**

Stout at River Falls, 7 p.m.

Stevens Point at Eau Claire, 7 p.m.

Oshkosh at La Crosse, 7 p.m.

Platteville at Whitewater, 7 p.m.

**Saturday, Jan 14**

River Falls at Oshkosh, 3 p.m.

Superior at La Crosse, 3 p.m.

Whitewater at Stout, 3 p.m.

Eau Claire at Platteville, 5 p.m.

**Recent results:****Wednesday, Jan. 4**

Stout 68, La Crosse 55

Stevens Point 87, Superior 51

**Tuesday, Jan. 3**

Whitewater 85, Eau Claire 71

Platteville 50, Oshkosh 49

**Monday, Jan. 2**

St. Scholastica 69, River Falls 56

**UW-RF's Record When...**

	04-05	05-06
Ahead at the half	14-3	6-1
Behind at the half	3-5	0-5
Tied at the half	0-0	0-1
Better FG% than opponent	12-2	4-1
Worse FG% than opponent	5-6	2-6
Same FG% as opponent	0-0	0-0
Try more than 15 3FG's	8-5	3-6
Try less than 15 3FG's	9-3	3-1
Shoot more FT's than opp.	9-2	4-0
Shoot less FT's than opp.	8-6	1-7
Shoot same FT's than opp.	0-0	1-0
Outrebound opp.	9-3	5-2
Tied or outrebounded by opp.	8-5	1-5
More turnovers than opp.	5-5	0-3
Less turnovers than opp.	12-3	5-4
Same amount of TO's	0-0	1-0
Score less than 50 pts.	1-2	0-0
Score 50-59 pts.	2-2	0-4
Score 60-69 pts.	9-4	2-3
Score 70-79 pts.	4-0	3-0
score 80+ pts.	1-0	1-0
Allow less than 50 pts.	6-0	2-0
Allow 50-59 pts.	7-2	1-0
Allow 60-69 pts.	4-5	2-6
Allow 70-79 pts.	0-0	1-1
Allow 80+ pts.	0-1	0-0
Overtime	1-1	0-1
Home games	8-3	4-1
Road games	8-5	1-6
Neutral site games	1-0	1-0

**UWRF Sports Information****Director:** Jim Thies**Phone:** 715-425-3846**Home:** 715-386-9252**Cell:** 715-222-1455**Fax:** 715-425-4486**Email:** james.g.thies@uwrf.edu**Web:** www.uwrf.edu/sports**UW-Whitewater Sports Information****Director:** Tom Fick**Phone:** 262-472-1147**Fax:** 262-472-5656**Email:** fickt@uww.edu**Web:** http://www.uww.edu/athletics/

## Head Coach - Cindy Hovet

Cindy Hovet enters her sixth year as the head basketball coach at UW-River Falls with the 2005-06 season.

Hovet was inducted into the UW-Stout Athletic Hall of Fame in November. She is the only person who has been named a WIAC Coach of the Year (2001) and named a WIAC Player of the Year (1994).

The 2004-05 Falcons had another fine season finishing 17-8 overall and 10-6 and in fourth place in the highly competitive WIAC. The 17 wins and 10 WIAC victories were the second most by a Hovet coached team. She needs just six wins to reach 75 in her career. She has coached five players who have received All-WIAC honors; including Erin Effle who was the 2005 WIAC women's basketball Scholar-Athlete.

The 2003-04 season concluded with a 13-13 overall record, and 4-12 in the WIAC. Although the team didn't do as well in conference play as they had hoped, they managed to put together a perfect 9-0 non-conference record. That perfect record included impressive victories against two NCAA national tournament qualifiers, Lakeland College (22-6) and Maryville University (23-3). Both Lakeland and Maryville went undefeated and were champions of their respective conferences, which again highlights the strength and parity in the WIAC where the Falcons finished seventh in 2003-04.

The Falcons will take on another strong schedule in 2005-06. Besides facing each of the WIAC teams twice, the Falcons have nine non-conference games. The Falcons will play at St. Thomas on Nov. 27. The Tommies have won more MIAC titles (10) than any other institution. The Falcons also play a road game at NCAA Div. II Winona State (Dec. 11). In all the Falcons play six games against teams that were either ranked or earned votes in the D3hoops.com preseason Top 25 poll.

The two years prior to last season, the Falcons have finished in sixth place in the WIAC with a 10-15 overall record in 2002-03 and 11-15 in 2001-02. Hovet's first season at the helm for UWRF was the program's most successful since 1988-89. With an 18-8 overall record, they tied for third place in the conference. Hovet was named the WIAC Coach of the Year for the team's accomplishments that season.

Hovet was the UWRF head tennis coach and assistant basketball coach for five years before taking over the basketball program in 2000-01. Her playing career was also in the WIAC. As a student-athlete at UW-Stout she was a two-time All-WIAC first team selection in 1993 and 1994. Her senior season she was named the 1994 WIAC Player of the Year and earned All-American honors. She was named to the second All-WIAC team in 1992. She helped the Blue Devils to a 76-27 record and berths in both the NCAA Division III and NAIA National Tournaments for four seasons.

Hovet received her Psychology undergraduate degree and Coaching minor from UW-Stout. She completed here Master's Degree in Kinesiology with an emphasis in Sport Psychology and Sociology at the University of Minnesota. She currently teaches at UWRF in the health & human performance department along with her coaching duties.



Year	W	L	Pct	WIAC Place
2005-06	6	7	.461	2-2
2004-05	17	8	.680	10-6, 4th
2003-04	13	13	.500	4-12, tie 7th
2002-03	10	15	.400	4-12, tie 6th
2001-02	11	15	.423	5-11, tie 6th
2000-01	18	8	.692	11-5, tie 3rd
<b>Totals</b>	<b>75</b>	<b>66</b>	<b>.531</b>	<b>36-48, .428</b>



**2005-06 Statistics,  
2005-06 Schedule and Results**

Name	GP	GS	MIN	AVG	FG	FGA	PCT	3FG	FGA	PCT	FT	FTA	PCT	OR	DR	TR	AVG	PF	FO	A	TO	BK	ST	PTS	AVG	
Traci Reimann	13	13	399	30.7	71	139	.511	4	13	.308	44	80	.550	53	72	125	9.6	29	1	30	48	2	23	190	14.6	
Melanie Preiner	13	13	445	34.2	60	143	.420	28	78	.359	17	20	.850	28	44	72	5.5	38	1	51	33	4	43	165	12.7	
Miranda Biteler	13	13	397	30.5	46	147	.313	16	58	.276	14	21	.667	20	27	47	3.6	27	1	48	35	1	16	122	9.4	
Megan Lindman	12	12	295	24.6	46	97	.474	0	0	.000	12	18	.667	18	41	59	4.9	32	0	10	22	11	18	104	8.7	
Krista Cordes	13	10	325	25.0	42	114	.368	14	51	.275	9	13	.692	27	28	55	4.2	26	0	19	16	6	15	107	8.2	
Jana Benitz	11	0	178	16.2	18	44	.409	8	22	.364	18	23	.783	14	12	26	2.4	19	0	9	15	0	11	62	5.6	
Chisato Nakaike	13	3	142	10.9	8	34	.235	5	16	.313	3	7	.429	3	4	7	.5	8	0	8	6	1	3	24	1.8	
Jodi Kauth	5	0	25	5.0	4	8	.500	0	0	.000	1	5	.200	4	6	10	2.0	0	0	0	6	0	1	9	1.8	
Meghan Hunstock	11	0	66	6.0	9	23	.391	0	2	.000	1	3	.333	4	11	15	1.4	7	0	2	7	0	1	19	1.7	
Kim Sorenson	13	1	245	18.8	9	41	.220	1	5	.200	3	9	.333	12	17	29	2.2	20	0	19	24	3	17	22	1.7	
Caitlin Hunstock	12	0	90	7.5	8	21	.381	2	11	.182	2	3	.667	5	10	15	1.3	7	0	4	8	0	1	20	1.7	
Justine Speckel	5	0	14	2.8	1	3	.333	0	0	.000	0	0	.000	0	2	2	.4	3	0	0	1	0	2	2	.4	
Team														20	17	37	3.1				5					
<b>Totals</b>	<b>13</b>					<b>322</b>	<b>818</b>	<b>.394</b>	<b>78</b>	<b>260</b>	<b>.300</b>	<b>124</b>	<b>202</b>	<b>.614</b>	<b>209</b>	<b>292</b>	<b>501</b>	<b>38.5</b>	<b>216</b>	<b>3</b>	<b>200</b>	<b>227</b>	<b>28</b>	<b>151</b>	<b>846</b>	<b>65.1</b>
<b>Opponents</b>	<b>13</b>					<b>270</b>	<b>657</b>	<b>.411</b>	<b>83</b>	<b>222</b>	<b>.374</b>	<b>147</b>	<b>217</b>	<b>.677</b>	<b>130</b>	<b>328</b>	<b>458</b>	<b>35.2</b>	<b>213</b>	<b>4</b>	<b>167</b>	<b>292</b>	<b>28</b>	<b>95</b>	<b>770</b>	<b>59.2</b>

**6-7 overall, 2-2 WIAC  
Home 4-1, Away 1-6, Neutral 1-0**

Date	W/L	Score	Opponent	Leading scorers	Leading rebounders
Nov. 18	W	95-61	Finlandia <sup>^</sup>	Lindman 18, Biteler 18	Reimann 16, Preiner 9
Nov. 19	L	63-54	Kalamazoo <sup>^</sup>	Reimann 17	Reimann 12, Preiner 7
Nov. 22	L	53-65	at Hamline	Cordes 12, Biteler 10	Reimann 8, Biteler 6
Nov. 26	W	75-71	Viterbo	Reimann 25, Preiner 16	Reimann 13, three tied w/3
Nov. 27	L	64-66(OT)	at St. Thomas	Biteler 16, Reimann 15	Reimann 11, two tied w/6
Nov. 30	W	70-53	at Superior*	Preiner 20, Lindman 14	Reimann 7, Benitz 6
Dec. 3	L	71-60	at Stevens Point*	Preiner 15, two w/13	Reimann 6, three w/5
Dec. 7	W	72-61	Eau Claire*	Preiner 18, two w/13	Reimann 9, Cordes 7
Dec. 10	L	63-61	at Platteville	Reimann 23, Benitz 13	Reimann 12, Lindman 7
Dec. 11	L	66-59	at Winona	Reimann 16, Cordes 15	Reimann 7, two w/6
Dec. 14	W	65-29	Macalester	Preiner, Reimann 10	Kauth 10, Reimann 9
Dec. 16	W	62-32	Northwestern	Reimann 16, Preiner 14	Preiner, Cordes 8 each
Jan. 2	L	69-56	St. Scholastica	Reimann 15, Preiner 10	Preiner 14, Reimann 9
Jan. 7			Whitewater*		
Jan. 11			Stoutr*		
Jan. 14			at Oshkosh*		
Jan. 18			La Crosse*		
Jan. 21			Stevens Point*		
Jan. 25			Superior*		
Jan. 28			Oshkosh*		
Feb. 1			at Stout*		
Feb. 4			Platteville*		
Feb. 8			at Eau Claire*		
Feb. 11			at Whitewater*		
Feb. 15			at La Crosse*		

<sup>^</sup> at Kalamazoo Tournament

\* WIAC Games

2005-06 UW-River Falls Women's Basketball Roster  
as of Oct. 31 - Numerical

No	Name	Pos.	Hgt.	Yr.	Hometown/High School
12	Miranda Biteler	G	5-8	Sr.	Chanhassen, MN/Chaska
14	Chisato Nakaike	G	5-8	Sr.	Fukui, Japan/Shogyo
20	Melanie Preiner	G	5-6	Jr.	Stillwater, MN
21	Kim Sorenson	G	5-4	So.	Blaine, MN
23	Jana Benitz	G	5-7	So.	Plum City, WI
24	Justine Speckel	G	5-10	Fr.	Buffalo, MN
25	Traci Reimann	P	6-0	Jr.	North Branch, MN
34	Caitlin Hunstock	P	5-10	So.	Minneapolis, MN/South
40	Jodi Kauth	P	6-0	Fr.	Granton, WI
42	Meghan Hunstock	P	5-11	So.	Minneapolis, MN/South
43	Krista Cordes	G	5-9	Jr.	Farmington, MN
44	Megan Lindman	P	6-0	Jr.	Rochester, MN/Mayo

Head coach: Cindy Hovet

Assistant coaches: Kathy Holbrook, Mara Reif-Wenner

Mangers: Janelle Yang-Fellenz, Lori Klevem, Amanda Conrad

2005-06 UW-River Falls Women's Basketball Roster - Alphabetical

No	Name	Pos.	Hgt.	Yr.	Hometown/High School
23	Jana Benitz	G	5-7	So.	Plum City, WI
12	Miranda Biteler	G	5-8	Sr.	Chanhassen, MN/Chaska
43	Krista Cordes	G	5-9	Jr.	Farmington, MN
34	Caitlin Hunstock	P	5-10	So.	Minneapolis, MN/South
42	Meghan Hunstock	P	5-11	So.	Minneapolis, MN/South
40	Jodi Kauth	P	6-0	Fr.	Granton, WI
44	Megan Lindman	P	6-0	Jr.	Rochester, MN/Mayo
14	Chisato Nakaike	G	5-8	Sr.	Fukui, Japan/Shogyo
20	Melanie Preiner	G	5-6	Jr.	Stillwater, MN
25	Traci Reimann	P	6-0	Jr.	North Branch, MN
21	Kim Sorenson	G	5-4	So.	Blaine, MN
24	Justine Speckel	G	5-10	Fr.	Buffalo, MN

**UW-River Falls vs. Whitewater -- Last Meeting**  
**Jan. 22 at Williams Center, Whitewater, Wis.**  
**Whitewater 55, River Falls 52**

The River Falls women's basketball team (12-5, 5-4) lost, 55-52 in a WIAC matchup at UW-Whitewater (12-6, 5-4) on Saturday afternoon. The Falcons held a 29-27 lead going into halftime but were outscored by five points in the second half by the Warhawks.

It was a defensive game with Whitewater finishing with 17 total steals and River Falls ending up with 15. The Falcons turned the ball over 26 times while the Warhawks turned it over 24 times.

River Falls was 20-59 (33.9) from the field, 3-12 (25.0) from three point land and 9-17 (52.9) from the free throw line. Whitewater shot 17-53 (32.1) overall, 1-9 (11.1) from beyond the arc and 20-26 (76.9) from the line.

River Falls won the battle on the boards out rebounding the Warhawks 41-37 overall and 18-13 on the offensive glass.

Individually Falcon forward Traci Reimann led all scorers with 17. Chantele Melgaard was the only other RF player in double figures with 13 points. Jessica Wendt was the only Warhawk in double figures with 15 points.

**Game #17 1/22/05**  
**Whitewater 55**  
**River Falls 52**  
**at Whitewater, Wis.**

**River Falls (fgm-fga, ftm-fta, pts.):** Bitler 0-1, 0-0, 0, Preiner 1-3, 0-0, 2, Reinmann 6-15, 4-6, 17, Melgaard 4-14, 3-4, 13, Effle 4-9, 0-0, 8, Astedt 0-1, 0-0, 0, Nakaike 0-0, 0-1, 0, Marquardt 1-2, 1-2, 3, Zweifel 0-0, 0-0, 0, Sticha 0-1, 0-3, 0, Cordes 0-0, 0-0, 0, Totals

**Whitewater (fgm-fga, ftm-fta, pts.):** Thyne 1-9, 2-3, 4, Immel 2-8, 0-0, 5, Thill 2-6, 0-0, 4, Wendt 5-10, 5-5, 15, Geschke 3-4, 2-4, 8, Buechner 1-6, 7-8, 9, Nommensen 2-6, 0-0, 4, Morris 1-4, 4-6, 6, Carollo 0-0, 0-0, 0, Totals 20-59, 9-17, 52.

Rebound Leader: W-Wendt, Buechner, 8; RF-Effle, 8

Assist Leader: W-Thyne, Immel, 3; RF-Biteler, 3

Halftime: RF 29, W 27