

# GIRLS VOLLEYBALL CAMPS 2005

## SETTER/HITTER CAMP

The **SETTER/HITTER CAMP** is for the experienced volleyball athlete who wants to receive specialized training at the setter and hitter positions. Setters and hitters will benefit from this unique blend of individual and team development. Concentrated skill work will be done positionally with the focus on advanced skills that relate to specific positions on the court. Campers will also play volleyball games in a tournament format to improve their overall play. This camp is for those going into grades 10-12. **Register early. Enrollment is limited. 50 campers per session.**

- 2 sessions offered - June 27 to 29 and June 30 to July 2
- Girls grades 10 to 12
- \$195 for resident campers (includes room and board)
- \$125 (no meals)
- \$50 deposit required

## YOUTH INDIVIDUAL INSTRUCTION CAMP

The philosophy of the **INDIVIDUAL INSTRUCTION CAMP** is fundamentals build a strong foundation. The camp is designed to introduce beginning and intermediate players to the sport of power volleyball. Each athlete will receive great teaching on individual skills, specialty positions, and game concepts. This camp has a low player/coach ratio for more individualized instruction. **Register early. 60 campers. Enrollment is limited.**

- June 21 to June 23
- Girls grades 6 to 10
- \$195 for resident campers (includes room and board)
- \$125 (no meals)
- \$50 deposit required

## TEAM CAMP

The **TEAM CAMP** is designed for you and your team. It is an unique combination of team instruction and competition in a camp setting. Teams will be trained together by a coach provided by UWRF. Concepts implemented will include serve reception, transition, and free ball plays, hitter coverage, and rotational defense. **Camp will be limited to 14 teams. Each team must have a minimum of 6 players and a maximum of 8 players. All team camp registrations must be sent together in a single envelope as a team.**

- July 18 to July 20
- Grades 9 to 12, JV-Varsity divisions
- \$150 for resident campers
- \$75 for commuters (no meals)

## CAMP DIRECTOR

Patti Ford Camp Director, three time Wisconsin Intercollegiate Athletic Conference Coach of the Year, brings a wealth of knowledge and expertise to the camp scene. Her approach to volleyball appeals to the athlete's senses, blending the physical skills with the mental aspects of the game. Each camp provides great teaching, exposure to competition, and skill enhancement. All beginning, intermediate, and advanced players will benefit from this array of camps.

- Quality Staff
- Low Coach/Player Ratio
- Quality/Individualized Instruction
- Grouped by Age and Ability
- Position Specific Training
- Team Concepts/Tournament Play
- Complimentary tickets to a Falcon volleyball game in 2005

For more information: Patti Ford, 715-425-3244  
e-mail - patricia.kay.ford@uwrf.edu

## CAMPER APPLICATION

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Home phone \_\_\_\_\_

Grade (Sept. 2005) \_\_\_\_\_

Position \_\_\_\_\_

Roommate preference: \_\_\_\_\_

T Shirt Size **S M L XL**

Please send me \_\_\_\_\_ extra brochures.

### Girls Volleyball Camps 2005

Setter/Hitter Camp

Session I (June 27th - 29th)

Overnight \_\_\_\_\_ \$195

Commuters (no meals) \_\_\_\_\_ \$125

Session II (June 30th - July 2nd)

Overnight \_\_\_\_\_ \$195

Commuters (no meals) \_\_\_\_\_ \$125

Youth Individual Instruction Camp (June 21st - 23rd)

Overnight \_\_\_\_\_ \$195

Commuters (no meals) \_\_\_\_\_ \$125

Team Camp (July 18th - 20th)

Overnight \_\_\_\_\_ \$150

Commuters (no meals) \_\_\_\_\_ \$75

### Method of Payment:

MC    Visa   Exp Date: \_\_\_\_\_

Card # \_\_\_\_\_

Name of Card Holder: \_\_\_\_\_

Check payable and mailed to:

**UW-River Falls Girls Volleyball Camp**

Karges Center

410 S. Third Street

River Falls, WI 54022-5001

Total Fee            \$ \_\_\_\_\_

Deposit Enclosed   \$ \_\_\_\_\_ (required)

**Balance Due**        \$ \_\_\_\_\_

**CAMP AGREEMENT HOLD HARMLESS / NOTICE OF INSURANCE:** I hereby apply for a reservation at the UW-River Falls summer camp. You will find enclosed, the required deposit of \$50.00. I understand the camp procedures for applications, deposits, and refunds. I understand that UW-River Falls summer camps are not recreational camps, and I understand that they stress repetitious training in specific sports skills. I understand that any camper who does not abide by camp rules may be dismissed from camp with no refund. **PHOTO CLAUSE:** I understand that the University may take photographs of camp participants and activities. I agree that UW-River Falls shall be the owner of and may use such photographs relating to the promotion of future camps. I relinquish all rights that I may claim in relation to the use of said photographs. **INSURANCE INFO:** All UW-River Falls camp participants are required to be covered by personal medical insurance. The UW System insurance provides primary insurance coverage with limited accident coverage of \$1,000 only. **HOLD HARMLESS:** If your son, daughter or ward will be under the age of 18 years while at our camp, it is our policy to secure your consent for medical treatment. In case of illness or injury, permission is granted to treat the participant at an appropriate medical facility. By signing below, you are giving your consent in advance for medical treatment. Furthermore, as a participant in the camp, I hereby state that I am aware of and accept the risk inherent in the program activity. The undersigned does hereby agree to hold harmless and indemnify the State of Wisconsin, the Board of Regents of the University of Wisconsin System, and UW-River Falls, their officers, agents and employees, from any and all liability, loss, damages, costs or expenses which are sustained, incurred, or required arising out of the actions of my dependent in the course of camp.

Participant Name \_\_\_\_\_ Parent/Gaurdian \_\_\_\_\_ signature (required)

Insured By \_\_\_\_\_ Policy Number \_\_\_\_\_