

# GIRLS BASKETBALL CAMPS

## CAMP DIRECTOR

Cindy Hovet is in her fifth year as the Head Coach of the UW-River Falls Women's Basketball Team. Hovet was recognized as the 2000-01 WIAC Coach of the Year for the Falcon's 18-8 record and outstanding team performance. Prior to becoming the head coach for the Falcon's, Hovet served as UW-RF assistant basketball and head tennis coach for five years. She gained her collegiate playing experience at WIAC rival UW-Stout. As a player at Stout she was a two-time All-WIAC first team selection in 1993 and 1994 and earned the WIAC Player of the Year Award in 1994. She has directed and worked at several basketball camps and clinics throughout Wisconsin and Minnesota in the last twelve years.

- Excellent staff includes head coach Cindy Hovet and the UW-RF staff /players
- Each camper receives a camp basketball and camp t-shirt
- Complimentary tickets to a Falcon basketball game in 2005-06

## SKILLS & DRILLS CAMP

Our **SKILLS & DRILLS CAMP** is especially appropriate for girls still learning the basics of the game of basketball. The young players that need repetition at the fundamentals and require continuous feedback as they learn and experience different areas of the game will have a great experience at this camp. We believe it is important for girls to work with players of similar ability to promote enthusiasm, positiveness and challenge for each player without pushing them too far out of their comfort zone. We strive to create an environment that encourages trying new things! This camp will drive home the critical fundamental skills that every player needs to be successful on the court!

- Outstanding coaching staff • Current Falcon players at camp • Shooting drills
- Skill Breakdown by Positions • Individual/Team Defense • Falcon Basketball Camp T-Shirt
- UW-RF Camp Basketball • Campers grouped by age/skill

## HOOPS CHALLENGE/TEAM CAMP

Our **HOOPS CHALLENGE CAMP** is for girls a little more advanced in their basketball growth. The emphasis will still be on fundamental development, as that is the key to success at any level of the game. There will be an extra emphasis on becoming a better shooter. This camp will continue past the basics and teach offensive and defensive concepts of the game as an individual player and how these concepts determine team success. Along with extensive skill development, campers will participate in discussions covering topics such as strength training, goal setting, leadership and communication with teammates. If you are looking for a challenging camp with a balance of fundamentals, game/team concepts, and the psychological side of the game, this is the camp for you! It's designed to be for either individuals or TEAMS to attend! \$50 deposit required. Registration Deadline: July 2

- Outstanding Coaching Staff • Current Falcon players at camp
- Combination of fun and learning • Emphasis on proper form and footwork
- Daily 5-5 games and contests • Falcon Basketball Camp T-Shirt
- UW-RF Camp Basketball • Excellent for individuals and teams

## TEAM CHALLENGE

3rd Annual High School Team competition on the campus of UW-River Falls. Great tournament with Wisconsin and Minnesota High School teams. 18 teams entered last summer. Mark this weekend down for a great team experience.

- Saturday, June 25 and Sunday, June 26 • Pool play into championship bracket
- Four games guaranteed • Very competitive entry fee, \$200 per team
- Call Cindy Hovet at 715-425-3250 or email [cindy.hovet@uwrf.edu](mailto:cindy.hovet@uwrf.edu) for more information and entry forms.

## CAMPER APPLICATION

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Home phone \_\_\_\_\_

Grade (Sept. 2004) \_\_\_\_\_

Position \_\_\_\_\_

Roommate preference: \_\_\_\_\_

T Shirt Size **S M L XL**

Please send me \_\_\_\_\_ extra brochures.

Skills & Drills Camp (June 13th - 16th) \_\_\_\_\_ \$70  
 \_\_\_\_\_ 9:00 a.m. - Noon

Hoops Challenge Camp (July 10th - 13th) \_\_\_\_\_ \$235  
 Commuters \_\_\_\_\_ \$185

Team Challenge (June 25th - 26th) \_\_\_\_\_ \$200

Method of Payment:  
 MC  Visa Exp Date: \_\_\_\_\_  
 Card # \_\_\_\_\_  
 Name of Card Holder: \_\_\_\_\_

Check payable and mailed to:  
 • **UW-River Falls Girls Basketball Camp**  
 Karges Center  
 410 S. Third Street  
 River Falls, WI 54022-5001

Total Fee \$ \_\_\_\_\_  
 Deposit Enclosed \$ \_\_\_\_\_ (required)  
**Balance Due** \$ \_\_\_\_\_

**CAMP AGREEMENT HOLD HARMLESS / NOTICE OF INSURANCE:** I hereby apply for a reservation at the UW-River Falls summer camp. You will find enclosed, the required deposit of \$50.00. I understand the camp procedures for applications, deposits, and refunds. I understand that UW-River Falls summer camps are not recreational camps, and I understand that they stress repetitious training in specific sports skills. I understand that any camper who does not abide by camp rules may be dismissed from camp with no refund. **PHOTO CLAUSE:** I understand that the University may take photographs of camp participants and activities. I agree that UW-River Falls shall be the owner of and may use such photographs relating to the promotion of future camps. I relinquish all rights that I may claim in relation to the use of said photographs. **INSURANCE INFO:** All UW-River Falls camp participants are required to be covered by personal medical insurance. The UW System insurance provides primary insurance coverage with limited accident coverage of \$1,000 only. **HOLD HARMLESS:** If your son, daughter or ward will be under the age of 18 years while at our camp, it is our policy to secure your consent for medical treatment. In case of illness or injury, permission is granted to treat the participant at an appropriate medical facility. By signing below, you are giving your consent in advance for medical treatment. Furthermore, as a participant in the camp, I hereby state that I am aware of and accept the risk inherent in the program activity. The undersigned does hereby agree to hold harmless and indemnify the State of Wisconsin, the Board of Regents of the University of Wisconsin System, and UW-River Falls, their officers, agents and employees, from any and all liability, loss, damages, costs or expenses which are sustained, incurred, or required arising out of the actions of my dependent in the course of camp.

Participant Name \_\_\_\_\_ Parent/Guardian \_\_\_\_\_ *signature (required)*

Insured By \_\_\_\_\_ Policy Number \_\_\_\_\_