DEPARTMENT OF HEALTH AND HUMAN PERFORMANCE

CHECK LIST FOR ADMITTANCE INTO THE COMPREHENSIVE PHYSICAL EDUCATION (K-12) OPTION

_____1. Resume

_____2. Personal philosophy and reflection of how it has changed/developed

_____3. PE 108 completed

_____4. PE 161 completed

_____5. PPST results (optional)

_____6. A complete coursework plan through graduation

_____7. Current DARS

_____8. College of Education and Graduate Studies Handbook for Middle and Secondary Education Majors

_____9. Results of health-related fitness test and reflection of personal strengths and weaknesses. Must include a plan on how to improve areas that need improvement.

_____10. Results of skills testing (PE 161, 251, 252, 253, 257, 258) and reflection of personal strengths and weaknesses. Must include a plan on how to improve areas that need improvement.

_____11. One lesson plan

_____12. One unit plan (optional)

_____13. Proof of professional membership

_____14. A minimum of three written critiques from sessions attended at professional workshops and/or conventions and reflection of your experiences attending professional meetings

_____15. A record and reflection of extra-curricular activities which includes participation in intramurals, athletics, Life Fitness, or student organizations

_____16. A record and reflection of a minimum of 20 hours volunteer work

_____17. Evaluation form distributed and completed by faculty in the Department of Health and Human Performance

All work must be written using a word processor.

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SUGGESTED ORGANIZATION FOR PROFESSIONAL PORTFOLIO

RESUME

PERSONAL PHILOSOPHY

* A written statement of your teaching philosophy and why you're in education
* As you progress through your college career, a reflection of how your philosophy has changed as a result of your education and experiences

ACADEMIC PREPARATION

* Current DARS
* Course work plan through graduation
* PPST results (optional)
* College of Education and Graduate Studies Handbook for Middle School and Secondary Education Majors

PERSONAL FITNESS AND SKILL ASSESSMENTS

* Results and reflection of health-related fitness reflection and plan for improvement
* Results and reflection of skills assessments completed in courses and plan for improvement

SAMPLE COURSE WORK

* Lesson Plan
* Unit Plan (optional)
* Sample of written work from other classes (e.g. research paper, article reviews, etc...)

PROFESSIONAL INVOLVEMENT

* Proof of current professional membership (photocopy of membership card is O.K.)
* Critiques of sessions attended at professional workshops/conferences
* Reflective piece of how being professionally involved has helped you

EXTRA-CURRICULAR ACTIVITIES

* Athletics
* Intramurals
* Student organizations
* A reflective piece on how these experiences have helped you

VOLUNTEER EXPERIENCES

* Record and write a brief description of at least 20-hours of volunteer experiences
* A reflective piece on how these experiences have helped you