

*Curriculum Vita*  
**Mark C. Gillen, Ph.D., NCC, LPC, CSC**

Mailing Address:  
257 North Piety Street  
Ellsworth, Wisconsin 54011

Home: (715) 410-1109  
E-Mail: mark.gillen@uwrf.edu

**Education**

- Ph.D. Counselor Education (CACREP)  
University of Arkansas, Fayetteville, Arkansas  
May 2004  
Cognate: Public Policy  
Dissertation Title: Correlates of Depression in Young Adult Caregivers
  
- M.S. Guidance and Counseling  
University of Wisconsin-Stout, Menomonie, Wisconsin  
August 1984
  
- B.S. Elementary Education  
University of Wisconsin-Madison, Madison, Wisconsin  
May 1980

**Licensure and Certifications**

National Certified Counselor  
Licensed Professional Counselor-State of Wisconsin  
School Counselor-Grades K-12, State of Wisconsin  
Teacher-Grades 1-8, State of Wisconsin, Lifetime License  
Licensed Independent Clinical Social Worker-State of Wisconsin  
Graduate Faculty Member-University of Wisconsin River Falls

**Professional Experience**

**Assistant Professor**-Department of Counseling and School Psychology  
University of Wisconsin River Falls  
River Falls, Wisconsin  
August 2005 to present

- Practicum Coordinator
- Teach graduate courses
- Advise school counseling students
- Participate on university committees and perform outreach to the community
- Maintain a research agenda

**Assistant Professor**-Graduate Studies Department, Counseling Program  
University of Tennessee-Chattanooga  
Chattanooga Tennessee  
August 2004 to August 2005

**Graduate Assistant**-Counselor Education Program  
University of Arkansas  
Fayetteville, Arkansas  
August 2001-May 2004

**Doctoral Internship**  
Ramay Junior High School  
January 2003-May 2003

**Supervisor of Master's Students in Counseling**  
University of Arkansas  
January 2003-May 2003

**Editorial Assistant**-Adultspan  
Journal for the Association of Adult Development and Aging (AADA)  
American Counselor Association  
June 2002-2003

**Research Assistant**  
Schmieding Center for Senior Health and Education  
Springdale, Arkansas  
February 2002 –May 2002

**Executive Director**  
On Belay Youth and Family Services  
Madison, Wisconsin  
October 1995 to September 1997

**Clinical Supervisor**  
On Belay Youth and Family Services  
Madison, Wisconsin  
February 1990 to October 1995

**Counselor**  
On Belay Youth and Family Services  
Madison, Wisconsin  
November 1987 to February 1990

**Elementary School Counselor**  
Dodgeville/Ridgeway School District  
Dodgeville, Wisconsin  
August 1984 to May 1985

**Middle School Teacher** (8<sup>th</sup> grade English and Math)  
TJ Walker Middle School  
Sturgeon Bay, Wisconsin  
August 1982 to May 1983

**Elementary School Teacher** (5<sup>th</sup> grade)  
West Side Elementary School  
Sturgeon Bay, Wisconsin  
August 1980 to May 1982

## **Related Experience**

**Outdoor Program Director**  
University of Wisconsin-Madison  
Madison, Wisconsin  
August 1999 to June 2001

**Coordinator of Outdoor Training and Leadership**  
St. Norbert College  
DePere, Wisconsin  
September 1997 to August 1999

**Wilderness Education Association Instructor**  
1985 to 2002

**Wilderness First Responder** (WMA certified)  
1991 to 2001

**Outdoor Program Director**  
On Belay Youth and Family Services  
Madison, Wisconsin  
November 1987 to September 1997

**Winter Camping Instructor**  
Northern Tier High Adventure Program  
Ely, Minnesota  
Winter 1985, 1986

**Maine Trip Leader/Instructor**

Maine High Adventure Program

Rockwood, Maine

Summer 1979, 1985, 1986, and 1987

**Red Cross First Aid/Lifeguard/CPR instructor**

1990 to 2001

**Teaching-University Courses**

K-12 Curriculum for School Counselors, Fall 2008, University of Wisconsin River Falls, River Falls, Wisconsin, Graduate Course

Seminar in School Counseling Practicum, Fall 2008, University of Wisconsin River Falls, River Falls, Wisconsin, Graduate Course (in conjunction with practicum courses)

Group Counseling, Fall 2008, University of Wisconsin River Falls, River Falls, Wisconsin, Graduate Course

Directed Research: Data Collection, Fall 2008, University of Wisconsin River Falls, Wisconsin, Graduate Course

Seminar in School Counseling: K-12 Curriculum for School Counselors, Spring 2008, University of Wisconsin River Falls, River Falls, Wisconsin, Graduate Course

Group Counseling, Spring 2008, University of Wisconsin River Falls, River Falls, Wisconsin, Graduate Course

Bullying and School Violence Prevention, Spring 2008, University of Wisconsin River Falls, River Falls, Wisconsin, On line Graduate Course

Supervision for School Counselors and School Psychologists, Spring 2008, University of Wisconsin River Falls, River Falls, Wisconsin, Graduate Course

Seminar in School Counseling Practicum, Spring 2008, University of Wisconsin River Falls, River Falls, Wisconsin, Graduate Course (in conjunction with practicum courses)

Bullying and School Violence Prevention, Fall 2007, University of Wisconsin River Falls, River Falls, Wisconsin, On line Graduate Course

Seminar in School Counseling: K-12 Curriculum for School Counselors, Fall 2007, University of Wisconsin River Falls, River Falls, Wisconsin, Graduate Course

Group Counseling, Fall 2007, University of Wisconsin River Falls, River Falls, Wisconsin, Graduate Course

Seminar in School Counseling Practicum, Fall 2007, University of Wisconsin River Falls, River Falls, Wisconsin, Graduate Course (in conjunction with practicum courses)

Methods of Research, Fall 2007, University of Wisconsin River Falls, River Falls, Wisconsin, Graduate Course

Directed Research: Data Collection, Fall 2007, University of Wisconsin River Falls, Wisconsin, Graduate Course

Bullying and School Violence Prevention, Spring 2007, University of Wisconsin River Falls, River Falls, Wisconsin, On line Graduate Course

Group Counseling, Spring 2007, University of Wisconsin River Falls, River Falls, Wisconsin, Graduate Course

Seminar in School Counseling Practicum, Spring 2007, University of Wisconsin River Falls, River Falls, Wisconsin, Graduate Course (in conjunction with practicum courses)

Bullying and School Violence Prevention, Fall 2006, University of Wisconsin River Falls, River Falls, Wisconsin, On line Graduate Course

Seminar in School Counseling: K-12 Curriculum for School Counselors, Fall 2006, University of Wisconsin River Falls, River Falls, Wisconsin, Graduate Course

Group Counseling, Fall 2006, University of Wisconsin River Falls, River Falls, Wisconsin, Graduate Course

Seminar in School Counseling Practicum, Fall 2006, University of Wisconsin River Falls, River Falls, Wisconsin, Graduate Course (in conjunction with practicum courses)

Group Counseling, Summer 2006, University of Wisconsin River Falls, River Falls, Wisconsin, Graduate Course

Group Counseling, Spring 2006, University of Wisconsin River Falls, River Falls, Wisconsin, Graduate Course

Seminar in School Counseling (two courses), Spring 2006, University of Wisconsin River Falls, River Falls, Wisconsin, Graduate Course

Seminar in School Counseling, Fall 2005, University of Wisconsin River Falls, River Falls, Wisconsin, Graduate Course

Counseling Practicum in Elementary, Middle and High School, Fall 2005, University of Wisconsin River Falls, River Falls, Wisconsin, Graduate Course

Multiculturalism, Spring 2004, University of Tennessee at Chattanooga, Chattanooga, Tennessee, Graduate Course

Group Counseling Techniques, Spring 2004, University of Tennessee at Chattanooga, Chattanooga, Tennessee, Graduate Course

Internship for secondary schools, Spring 2004, University of Tennessee at Chattanooga, Chattanooga, Tennessee, Graduate Course

Internship for elementary schools, Spring 2004, University of Tennessee at Chattanooga, Chattanooga, Tennessee, Graduate Course

Group Counseling Techniques, Fall 2004, University of Tennessee at Chattanooga, Chattanooga, Tennessee, Graduate Course

Internship for secondary schools, Fall 2004, University of Tennessee at Chattanooga, Chattanooga, Tennessee, Graduate Course

Internship for elementary schools, Fall 2004, University of Tennessee at Chattanooga, Chattanooga, Tennessee, Graduate Course

Introduction to school counseling, Fall 2004, University of Tennessee at Chattanooga, Chattanooga, Tennessee, Graduate Course

Foundations of the Counseling Profession, Spring 2004, University of Arkansas, Fayetteville, Arkansas, Graduate Course

Ethical and Legal Issues in Counseling, Fall 2003, University of Arkansas, Fayetteville, Arkansas, Graduate Course

The Helping Relationship, Spring 2003, University of Arkansas, Fayetteville, Arkansas, Undergraduate Course

The Helping Relationship, Fall 2002, University of Arkansas, Fayetteville, Arkansas, Undergraduate Course

The Helping Relationship, Spring 2002, University of Arkansas, Fayetteville, Arkansas, Undergraduate Course

The Helping Relationship, Fall 2001, University of Arkansas, Fayetteville, Arkansas, Undergraduate Course

Adventure Skills and Leadership Development, Summer 2001, Plymouth State College, Plymouth New Hampshire, Graduate Course

Counseling Skills for Outdoor Leaders, Wilderness Education Association, 1995, 1996, 1997, 1999, 2000, 2001, Undergraduate Course

### **Instructorship-University Courses**

Counseling and Sexuality, Summer 2003, University of Arkansas, Fayetteville, Arkansas, Graduate Course

Program Organization and Information Management, Spring 2003, University of Arkansas, Fayetteville, Arkansas, Graduate Course

Ethical and Legal Issues in Counseling, Fall 2002, University of Arkansas, Fayetteville, Arkansas, Graduate Course

Gender Issues in Counseling and Development, Summer 2002, University of Arkansas, Fayetteville, Arkansas, Graduate Course

Counseling Internship, Spring 2002, University of Arkansas, Fayetteville, Arkansas, Graduate Course

### **Publications**

#### **Peer Reviewed Journals**

Gillen, M. C., & Roland, C. (Under Review). Gender is not the issue: Care providers for aging family members. *The New York State School Counseling Journal*.

Gillen, M. (Under Review). The impact of caring for older adult family members on young adults' mental health and relationships. *The Alabama Journal of Counseling*.

Hunter, R., & Gillen, M. (in press). Stress Coping Mechanism in the Elderly: An Initial Study of Recreational and Other Coping Behaviors in Nursing Home Patients. *Adultspan*

Woitaszewski, S. A., & Gillen, M. C. (in press). An investigation of collaboration among school counselors and school psychologists in Wisconsin and Minnesota: Implications for practice. *The New York State School Counseling Journal*.

Gillen, M. (In Press). The promise of wilderness therapy. [Review of the book *The promise of wilderness therapy*]. *The Journal of the Wilderness Education Association*.

Chung, E., McLarney, C., & Gillen, M. (2008). Social Policy Recommendations to Alleviate Stress Among Informal Providers of Elder Care, *International Journal of Sociology and Social Policy*, 28(9/10), 340-350.

- Gillen, M. (2008). The promise of wilderness therapy. [Review of the book *The promise of wilderness therapy*]. *The Wisconsin Counseling Journal*, 22, 48.
- Gillen, M. (2007). [Review of the book *The accountable school counselor*]. *The Wisconsin Counseling Journal*, 21, 46-47.
- Hunter, I. R., & Gillen, M. (2006). Alcohol as a response to stress in older adults: A counseling perspective. *Adultspan*, 5, 114-126.
- Guess, P. E., Gillen, M. C., & Woitaszewski, S. E. (2006). Implications for collaboration: An investigation with school counselors and school psychologists. *Journal of School Counseling*, 4(24). Retrieved from <http://www.jsc.montana.edu/articles/v4n24.pdf>
- Gillen, M. C., & Balkin, R. S. (2006). Adventure counseling as an adjunct to group counseling in hospital and clinical settings. *Journal for Specialists in Group Work*, 31(2), 153-164.
- Gillen, M. (2005). Wind river redux. *The Journal of the Wilderness Education Association*, Vol. 17(3), 17-18. from [http://www.weainfo.org/Journal\\_WEA\\_Dec\\_05.pdf](http://www.weainfo.org/Journal_WEA_Dec_05.pdf)
- Gillen, M. C. (2005, May 3). Providing efficacy for solution-focused theory in school counseling programs. *Journal of School Counseling*, Vol. 3(2) from <http://www.jsc.montana.edu/articles/v3n2.pdf>
- Gillen, M., & Chung, E. (2005). An initial investigation of employee stress related to caring for elderly and dependent relatives at home. *International Journal of Sociology and Social Policy*, 25(9), 77-92
- Gillen, M. C. (2003). Pathway to efficacy: Recognizing cognitive behavioral therapy as an underlying theory for adventure therapy. *Journal of Adventure Education and Outdoor Learning*, 3, 93-102.
- Berman, D., Davis-Berman, J., & Gillen, M. (1998). Behavioral and emotional crisis management in adventure education. *Journal of Experiential Education*, 21, 200-204

### **Peer Reviewed Abstracts and Proceedings**

- Gillen, M., Chung, E., & McKay, R. (2006). Elder care and the pending employee shortage: Implications for retail productivity. In J. W. Wilson (Ed.), *Atlantic Marketing Association Conference: Vol. 22. Marketing: Southern roots... Global reach* (pp. 320-324). Statesboro GA: Georgia Southern University.
- Gillen, M., & Chung, E. (2005). *All we need is love? Caregiving and its impact on*

*a firms capital*. Proceedings of the Northeast Decision Sciences Institute, March 2005

Gillen, M. (2004). *Models of supervision and how to use them*. Collection of Papers and Abstracts from the 2004 Annual Association for Experiential Education International Conference.

Gillen, M., & Berman, D. (2004). *More lessons from the couch*, Collection of Papers and Abstracts from the 2004 Annual Association for Experiential Education International Conference.

## Newsletters

Gillen, M. (In publication). Be Proud and Be Loud: Musings from the President. *The Wisconsin Counseling Association Newsletter*,.

Gillen, M. (In publication). Legal and Ethical Considerations: 'Tis the season for giving, but what about gifts from clients?. *The Wisconsin Counseling Association Newsletter*,.

Gillen, M. (September 2008). President's Message. *The Wisconsin Counseling Association Newsletter*, 1.

Gillen, M. (September 2008). Ethically speaking: Two memberships really are better than one. *The Wisconsin Counseling Association Newsletter*, 4.

Gillen, M. (Fall 2007). An Avenue to Professional Growth. *Counselink*, Wisconsin School Counselor Association Newsletter

Gillen, M. (Spring 2008). News from the Wisconsin Counseling Association. *Counselink*, Wisconsin School Counselor Association Newsletter

Weiland-Hare, B. & Gillen, M. (Spring 2008). Transitions: A time to laugh, a time to week, a time to dance, a time to mourn. *Counselink*, Wisconsin School Counselor Association Newsletter

Gillen, M. (Summer 2008). Supporting your professional organizations. *Counselink*, Wisconsin School Counselor Association Newsletter

Gillen, M. (March 2008). Ethically speaking: Giving to the profession. *News and Notes: The Wisconsin Counseling Association Newsletter*

Gillen, M. (December 2007). Legal and ethical considerations: 'Tis the season for giving, but what about those gifts from clients? *News and Notes: The Wisconsin Counseling Association Newsletter*

Gillen, M. (Winter 2007). Wisconsin Counseling Association and WSCA: Similar in so many ways. *Counselink*, Wisconsin School Counselor Association Newsletter

- Gillen, M. & Weiland-Hare, B. (Winter 2007). Are you a traveler or a tourist? *Counselink*, Wisconsin School Counselor Association Newsletter
- Gillen, M. (October 2007). Embrace accountability: Not just another sports analogy, *Counselink*, Wisconsin School Counseling Newsletter.
- Gillen, M. (September 2007). Slippery Slopes and Other Thoughts. *News and Notes: The Wisconsin Counseling Association Newsletter*.
- Gillen, M. (June 2007). Spring has sprung: So what has this got to do with ethics? *Wisconsin Counseling Association Newsletter*.
- Saginak, K. & Gillen, M. (June 2007). The counselor's toolbox – Program evaluation: The proof is in the pudding, *Counselink*, Wisconsin School Counseling Newsletter.
- Gillen, M. (March 2007). *Ethically Speaking: Finding the Well Lit Room*. Wisconsin Counseling Association Newsletter
- Saginak, K. & Gillen, M. (Spring 2007). *The counselor's toolbox –program evaluation: Changes are afoot*. *Counselink*, Wisconsin School Counseling Newsletter
- Saginak, K. & Gillen, M. (Winter 2006). *The counselor's toolbox –program evaluation: what Are You Doing Now?* *Counselink*, Wisconsin School Counseling Newsletter
- Gillen, M. (December 2006). *Ethically speaking: Recertification*. Wisconsin Counseling Association Newsletter
- Gillen, M. (December 2006). *Collaboration in schools*. Wisconsin Counseling Association Newsletter
- Gillen, M (September 2006). *Ethically speaking*. Wisconsin Counseling Association Newsletter
- Saginak, K & Gillen, M. (Fall 2006). *The counselor's toolbox-Program evaluation*, *Counselink*, Wisconsin School Counseling Newsletter
- Gillen, M (June 2006). *Do the Right Thing?*, Wisconsin Counseling Association Newsletter,
- Gillen, M (March 2006). *WACES*, Wisconsin Counseling Association Newsletter

- Gillen, M. (2006). Have we got a deal for you: AADA sponsors research panel in Montreal. Association for Adult Development and Aging Newsletter, Winter 2006. from <http://www.aadaweb.org/convention%20newsletter.pdf>
- Gillen, M. (2006). Support your local AADA poster sessions at the ACA World Convention in Montreal. Association for Adult Development and Aging Newsletter, Winter 2006. from <http://www.aadaweb.org/convention%20newsletter.pdf>
- Gillen, M. (2004). *Adventure counseling in hospital and clinical settings*. Association for Specialists in Group Work Resources, <http://www.asgw.org/resource.htm>.
- Gillen, M. (2002, July). Are things really okay with an aging relative? *American Counseling Association-Counselors Corner*, Retrieved from <http://www.counseling.org/site/>.
- Gillen, M. (1999). One vote in support of competencies. *Insight: Newsletter of the Therapeutic Adventure Professional Group of the Association for Experiential Education*, 7, 1-3.

## **Refereed Presentations**

### **National/ International**

- Gillen, M. (September 2008). *Training school site supervisors*. North Atlantic Regional Association for Counselor Educators and Supervisors Conference, Portland ME.
- Gillen, M. (March 2008). *Caring for older adult family members: Young adults and relationships*. American Counseling Association National Conference, Honolulu, HI.
- Norem, K., Mangnuson, S., Davis, T., Grant, D., Gillen, M., Parsons, P., Leinbaugh, T., & Medina, S. (March 2008). *Successful publication in ACA branch journals: A publication venue awaits you!* American Counseling Association National Conference, Honolulu, HI.
- Various ACA National Journal Editors, (March 2008). *Publishing in ACA Refereed Journals: Suggestions From the Council of Editors*. American Counseling Association National Conference, Honolulu, HI.
- Woitaszewski, S., & Gillen, M. (February 2008). *Intervention assistance teams: Collaborative skills and effective practice*. National Association of School Psychologists National Conference, New Orleans, LA.
- Hunter, R. & Gillen, M. (November 2007). *Designing Program Evaluations: A Workshop*. Association for Experiential Education International Conference: Little Rock AR.

- Hunter, R. & Gillen, M. (November 2007). *The problems and benefits of psychiatrically-diverse-students in non-therapeutic outdoor programs*. Association for Experiential Education International Conference: Little Rock AR.
- Gillen, M. (October 2007). *Collaboration: Increasing Effectiveness among School Professionals*. Association of Counselor Educators and Supervisors National Conference, Columbus OH.
- Chung, E. & Gillen, M. (March 2007). *Caregiver Stress: Implications of and Responses to An Aging Population*, Eastern Sociological Society Conference, Philadelphia, PA.
- Hunter, R. & Gillen, M. (November 2006). *Beginning at the beginning: How qualitative research will guide your program evaluations*. Association for Experiential Education International Conference: Minneapolis MN
- Gillen, M. & Simic, C. (November 2006). *Supervision practices in adventure therapy*. Association for Experiential Education International Conference: Minneapolis MN
- Gillen, M., & Simic, C. (October 2006). *Nuts and bolts of adventure therapy supervision*, Association for Experiential Education International Conference, Minneapolis, MN.
- Hunter, R., & Gillen, M. (October 2006). *Beginning at the beginning: How qualitative research will guide your program*, Association for Experiential Education International Conference, Minneapolis, MN.
- Gillen, M., Chung, E., & McKay, R. (September 2006). *Elder care and the pending employee shortage implications for retail productivity*, Atlantic Marketing Conference, Charleston, S.C.
- Gillen, M. (April 2006). *An Interactive Discussion of Research on Aging and Development Across the Lifespan*, American Counseling Association National Conference, Montreal Canada
- Gillen, M. (April 2006). *Collaboration Efforts between School Psychologists and School Counselors: Ideas for Addressing Diverse Needs*, American Counseling Association National Conference, Montreal Canada
- Gillen, M. (April 2006). *Gender is not the issue: 18 to 40 year old care providers for aging family members*, American Counseling Association National Conference, Montreal Canada
- Hunter, R. & Gillen, M. (November 2005). *Improving outdoor experiential program evaluation: Measuring the unmeasurable*, Association for Experiential Education International Conference, Tucson, Arizona

- Gillen, M. (November 2005). *Supervision practices in adventure therapy*, Association for Experiential Education International Conference, Tucson, Arizona
- Gillen, M. & Balkin, R. (October 2005). *Preparing counselors to utilize adventure counseling in agency and hospital settings*, Association for Counselor Education and Supervision National Conference, Pittsburgh, Pennsylvania
- Gillen, M. (April 2005). *Depression and employment impact among young adult caregivers*. American Counseling Association National Conference, Atlanta Georgia
- Gillen, M. & Chung, E. (March 2005). *All we need is love? Caregiving and its impact on a firms capital*. Northeast Decision Sciences Institute, Philadelphia, Pennsylvania.
- Gillen, M. (November, 2004). *Models of supervision and how to use them*. Association for Experiential Education International Conference, Norfolk Virginia
- Gillen, M., & Berman, D. (November, 2004). *More lessons from the couch*, Association for Experiential Education International Conference, Norfolk Virginia
- Gillen, M., & Long, V. (April, 2004) *Counseling in the outdoors: A modality for change across generations*. American Counseling Association National Conference, Kansas City, Missouri.
- Gillen, M. (February, 2004). *Models of supervision and how to use them*. Wilderness Education Association National Conference, Bloomington, Indiana.
- Gillen, M. (February, 2004). *Counseling in the outdoors across the ages*. Wilderness Education Association National Conference, Bloomington, Indiana.
- Gillen, M. (November, 2003). *Models of supervision and how to use them*. Association for Experiential Education International Conference, Vancouver, Canada.
- Gillen, M., & Long, V. (August, 2003). *Counseling in the outdoors across the ages*. Association for Adult Development and Aging National Conference, Las Vegas, Nevada.
- Gillen, M., (April, 2003). *Lessons from the couch: Psychotherapy issues for adventure therapists*. Third International Adventure Therapy Conference, Victoria, Canada.
- Gillen, M., (April, 2003). *The Wilderness Education Association curriculum as a training model for adventure therapists*. Third International Adventure Therapy Conference, Victoria, Canada.
- Gillen, M., (March 2003). *Counseling groups in the outdoors. What is it all about?* Workshop American Counseling Association Annual Convention, Anaheim,

California.

- Gillen, M. (November 2002). *Therapeutic styles in the outdoor setting: Getting your mind right*. Association for Experiential Education International Conference, Minneapolis, Minnesota.
- Gillen, M. & Berman, D. (November 2000). *Intrinsic Motivation to Change: Noncoercive, Nonthreatening and Nonconfrontational Approaches to Client Resistance*. Association for Experiential Education International Conference, Tucson, Arizona.
- Gillen, M. (October 1999). *What Ever Happened to Outdoor Program Components in Working with Juveniles?* Keynote speaker at the Therapeutic Preconference, Association for Experiential Education International Conference, Rochester, New York.
- Gillen, M. & Berman, D. (October 1999). *Managing Eustress and Distress in Adventure Based Counseling*. Association for Experiential Education International Conference, Rochester, New York.
- Gillen, M. & Berman, D. (October 1999). *The Crisis is Over, Now What?* Association for Experiential Education International Conference, Rochester, New York.
- Gillen, M. & Berman, D. (November 1998). *The Interrelationship Between Group Process and Crisis Management*. Association for Experiential Education International Conference, Lake Tahoe, Nevada.
- Gillen, M. & Berman, D. (October 1996). *This May not be Caviar, but It's a Noncoercive Model for Adventure Therapy*. Association for Experiential Education International Conference, Spokane, Washington.
- Gillen, M. (November 1995). *Solutions Make Life Easier: An Introduction to Solution Focused Therapy and Its' Use*. Association for Experiential Education International Conference, Lake Geneva, Wisconsin.

## **Refereed Presentations**

### **Regional/ State**

- Gillen, M. (December 2008). *Keynote Speaker*, Central Minnesota School Counselor Association Winter Symposium/Willis Dugan Symposium, St. Joseph, MN
- Hipsher, M., & Gillen, M. (December 2008). *Solution Focused Therapy continued*, Central Minnesota School Counselor Association Winter Symposium/Willis Dugan Symposium, St. Joseph, MN

- Gillen, M. (November 2008). *WACES sectional*. Wisconsin Counseling Association Annual Summit, Wisconsin Rapids, WI.
- Gillen, M., & Saginak, K. (May 2008). *Five things you should know about assessment*. Minnesota School Counselor Association Annual Conference, Brainerd MN.
- Gillen, M., Kroenick, L., & Hare, B. (February 2008). *Hot topics for graduate students*. Wisconsin School Counselor Association Annual Conference, Stevens Point, WI.
- Manning, T., & Gillen, M. (February 2008). *How to get your ideas published*. Wisconsin School Counselor Association Annual Conference, Stevens Point, WI.
- Gillen, M., & Hare, B. (February 2008). *Post secondary sectional*. Wisconsin School Counselor Association Annual Conference, Stevens Point, WI.
- Gillen, M. (November 2007). *Solution focused therapy: Old school. Reminders of what set the stage and what works*. Wisconsin Counseling Association Conference: Wisconsin Rapids, WI.
- Gillen, M. (November 2007). *The Wisconsin Association of Counselor Education and Supervision meeting: Counselor educators unite*. Wisconsin Counseling Association Conference: Wisconsin Rapids, WI.
- Gillen, M. & Woitaszewski, S. (May, 2007). *Collaboration: Increasing effectiveness among school professionals*, Minnesota School Counselors Association Conference, Brainerd, MN.
- Gillen, M. (April, 2007). *Supervision Practices in Adventure Therapy*, Association for Experiential Education Heartland Regional Conference, Frankfort, IL.
- Gillen, M. (April, 2007). *Adventure Therapy: More lessons from the Couch*, Association for Experiential Education Heartland Regional Conference, Frankfort, IL.
- Gillen, M. (February 2007). *Collaboration: Increasing effectiveness among school professionals*, Wisconsin School Counselor Association Conference, Stevens Point, WI.
- Saginak, K., Gillen, M., & Weege, E (February, 2007). *Getting licensed and getting hired: Professional issues for graduate students*, Wisconsin School Counselor Association Conference, Stevens Point, WI.
- Spear, G., Saginak, K., & Gillen, M. (February, 2007). *Counselor educator issues meeting*, Wisconsin School Counselor Association Conference, Stevens Point, WI.

- Gillen, M., & Woitaszewski, S. (January, 2007). *Intervention teams: Collaborating effectively and efficiently*, Hudson High School, Hudson, WI.
- Woitaszewski, S. & Gillen, M (February 2006). *Collaboration Between School Psychologists & School Counselors*, Wisconsin School Psychologist Association Conference, Wisconsin Rapids, WI.
- Gillen, M. & Roland, C. (September 2003). *A Scholar Practitioner Model: Examining links between schools, agencies, and the community*. Southern Association for Counselor Education and Supervision, Chattanooga Tennessee.
- Gillen, M., (November 2002). *Counseling groups in the outdoors. What is it all about?* Arkansas Counseling Association State Conference, Hot Springs, Arkansas.
- Gillen, M., Matthews, P., & Moss, R. (November 2002). *Interested in returning to graduate school? Things to consider*. Arkansas Counseling Association State Conference, Hot Springs, Arkansas.
- Gillen, M. & Berman, D. (March 2001). *Counseling Skills for Outdoor Leaders*. Association for Experiential Education Heartland Region Conference, Bradford Woods, Martinsville, Indiana.
- Gillen, M. (October 1999). *Outside to Inside: Active Based Learning from Theory to Practice*. Congress 1999 Convention, DePere, Wisconsin
- Gillen, M. (October 1998). *Supporting Education: The Use of Ropes Course Activities in Your Curriculum*. Congress 1998 Convention, DePere, Wisconsin
- Gillen, M. (March 1997). *Solutions Make Life Easier: An Introduction to Solution Focused Therapy and Its' Use*. Association for Experiential Education International Conference, Pretty Lake, Michigan
- Gillen, M. (March 1995). *The Future of Outdoor Employment*. A panel discussion at the Association for Experiential Education Regional Conference, Bloomington, Indiana
- Gillen, M. (March 1995). *Solutions Make Life Easier: An introduction to Solution Focused Therapy and Its' Use*. Association for Experiential Education Regional Conference, Bloomington, Indiana
- Gillen M. (March 1992). *But I Hate Camping: Working with 11-14 year old Juveniles in the Outdoors*. Wisconsin School Counselor Association, Stevens Point, WI.
- Gillen, M. & Senarighi, R. (March 1991). *You Have to Know When to Hold Them and*

*Know When to Fold Them: Schools and Community Agencies Working Together.*  
Wisconsin School Counselor Association, Stevens Point, Wisconsin

### **Invited Workshops**

- Gillen, M. (October 2008). Research Options, COEPS 2<sup>nd</sup> and 3<sup>rd</sup> year tenure track faculty meeting.
- Gillen, M. (March 2008). *A roundtable discussion on life factors that influence caregivers.* Alzheimer's Awareness Group, Pierce County Department on Aging, River Falls, WI.
- Gillen, M. (November 2007). *Working with grieving parents,* NSSLHA local UWRF chapter, UWRF, WI.
- Gillen, M. (October 2006). *Communicating with parents when there are problems or concerns,* Shared inquiry: Menomonie WI.
- Gillen, M. (October 2006). *Communicating with parents when there are problems or concerns,* New teachers presentation University of Wisconsin River Falls
- Woitaszewski, S. & Gillen, M (September 2006). *The nuts and bolts of educational research: A real life example involving collaboration between school professionals,* River Falls and Wausau Learning Communities Autumn Conference, CESA 10
- Gillen, M (April 2006). *Dealing with parents on difficult topics.* Shared inquiry: New teachers presentation. Wausau, Wisconsin
- Woitaszewski, S. & Gillen, M (March 2006). *Collaboration Between School Psychologists & School Counselors,* Research in Progress Seminar University of Wisconsin River Falls
- Gillen, M. (February 2006). *Communicating with parents when there are problems or concerns,* Shared inquiry: New teachers presentation University of Wisconsin River Falls
- Guess, P. & Gillen, M. (February 2005). *Multicultural/ Diversity Training,* Collegedale Schools Staff Training, Collegedale Tennessee.
- Gillen, M., Gibbs, K., & Lee, R. (February 2005). *Navigating the Work of Internship Supervision,* University of Tennessee
- Gillen, M. (January 2005). *Teambuilding and training.* University of Tennessee at Chattanooga Non-Exempt Employees

Gillen, M. (February 2002). *Everything You Want to Know About Adventure Therapy*. Brown Bag Seminar for Chi Sigma Iota, University of Arkansas, Fayetteville, Arkansas

Gillen, M. (November 1996). *Effective Discipline and Redirective Strategies for Your Child*. Department of Human Services foster parents and county workers, Madison, Wisconsin.

Gillen, M. (October 1996). *Finding Ways to Live in the Valley*. Keynote speaker at the Wisconsin Society for Respiratory Care Fall Conference, Devil's Lake, Wisconsin

## **Grants**

LeCapitaine, J., & Gillen, M. (2008-2009) UWRF alumni grant (\$650)

Gillen, M. (2008-2009). Professional development grant-University of Wisconsin River Falls (\$1000)

Gillen, M. (2007-2008). Professional Development Grant-University of Wisconsin River Falls (\$1300)

Gillen, M. (2007-2008). College Alumni Grant-University of Wisconsin River Falls (\$350)

Gillen, M. (2006-2007) Professional Development Grant-University of Wisconsin River Falls (\$1000.00)

Gillen, M., & Woitaszewski, S. (2006-2007) UWRF Faculty Research Grant, *Collaboration Efforts between School Psychologists and School Counselors*, (\$1,483.00)

Gillen, M. (2005-2006) Professional Development Grant-University of Wisconsin River Falls (\$1000.00)

Guess, P., & Gillen, M. (2005). Faculty Research Grant, *Collaboration Efforts between School Psychologists and School Counselors*, (\$850.00)

Gibbs, K., Lee, R., & Gillen, M., (2005). Instructional Excellence Grant, Brock Counselor Training Center Play Therapy Room, (\$3000.00)

Lupton Grant Recipient for Presentation to AEE International Conference *Models of Supervision and How to Use Them*, Association of Experiential Education International Conference, Norfolk Virginia, November 4-7, 2004, (\$1000).

## **University Service Current**

UWRF Chancellor Search Committee-2008-present

Chair-Disability Advisory Committee- Faculty Senate Committee, 2008-present

Chair-COEPS Research and Scholarly Activity Committee, 2008-present

Graduate Council Ad hoc committee: Graduate Assistantships, 2008

*ad hoc* faculty senate committee charged with creating the initiatives and tasks for goal 4 (Develop Engaged Leaders), 2008-present

TED Comprehensive Examination Committee Member-October 2008

Learning Resources Committee- Faculty Senate Committee, 2007-2008

Disability Advisory Committee- Faculty Senate Committee, 2007-present

COEPS Cultural Diversity Committee, Spring 2007-present

NCATE committee member, Spring 2007-present

TED Comprehensive Examination Committee Member-December 2006

Graduate Council Representative, University of Wisconsin River Falls, 2006- present (reappointed 6/07)

Course Approval Committee, Graduate Council, UWRF 2006-present

Advisory Committee, Certificate in Alternative Education Settings, UWRF, 2006-present

Library Liaison, Counseling and School Psychology Department, UWRF, 2005- present (Reappointed 6/07)

Co-leader, Research in Progress Seminars, UWRF, 2005-2008

## **Previous**

Counseling and School Psychology Search and Screen committee, UWRF, Fall 06

Search Committee Member, Chair of Graduate School Programs, University of Tennessee at Chattanooga, Fall 2004

Member, Elementary and Secondary Graduate School Committee, University of Tennessee at Chattanooga, Fall 2004

Doctoral Panelist, Doctoral Open House, University of Arkansas, November 2003

All-University Judicial Board Member, University of Arkansas, August 2002-May 2004

Executive Board, Chi Sigma Iota, Rho Alpha Beta Chapter, University of Arkansas, June 2002- 2004

## **Professional Service**

### **National**

Guest Editor, *Adulthoodspan* Journal, Spring 2009

Wisconsin Counseling Association representative to Midwest American Counseling Association conference, Minneapolis MN, October 2007

International Conference Workshop Proposal Reviewer, Association of Experiential Education, 1997-present

Clinical Best Practices Steering Committee Member, Association for Experiential Education Therapeutic Adventure Professional Group, 2006-2007

National Conference Workshop Reviewer, Association for Adult Development and Aging, American Counseling Association, 2005-2006

National Conference Workshop Reviewer, American Counseling Association, 2005-2006

Wilderness Education Association Board Member, 2004 to 2006

### **State**

Board Member, Wisconsin Counseling Association, 2005 to present

- President 2008-2009
- President Elect 2007-2008
- Representative Wisconsin Association for Counselor Education and Supervision (2006-present)
- Ethics Chair, Wisconsin Counseling Association, (2006-present)
- Journal Editor, *The Wisconsin Counselor*, Wisconsin Counseling Association (Spring 2007-present)

Board Member, Wisconsin School Counseling Association, 2006 to present

- WCA representative (2007-present)
- Co-Chair Wisconsin School counseling Association Evaluation and Research Committee (2006-2008)
- Post Secondary Vice President (2007-2008)
- Post Secondary Vice President Elect (2006-2007)

Professional Development Plan Team Member Training, June 2007

Standard setting study panel, Praxis Series(tm) 0420: School Guidance & Counseling exam, Wisconsin Department of Public Instruction, March 2007

University and Colleges workgroup-Department of Public Instruction, 2005-present  
(meet twice a year: November and February)

Board of Directors, On Belay Youth and Family Services, August 1999-June 2000

Employee Health Committee, St. Norbert College, July 1997-August 1999

Friends of Fallen Timbers Board of Directors, December 1997- August 1999

Heartland Regional Board, Association of Experiential Education, March 1991-March 1995

North Country National Trail Committee, National Park Service, 1981-1983

### **Professional Affiliations**

American Counseling Association

American School Counseling Association

Association for Adult Development and Aging

Association for Counselor Education and Supervision

Association for Experiential Education

Chi Sigma Iota, Counseling and Academic Honor Society International

Minnesota School Counseling Association

Phi Kappa Phi Honor Society

Therapeutic Adventure Professional Group

Wilderness Education Association

Wisconsin Counseling Association

Wisconsin School Counseling Association

### **Professional Leadership Positions**

#### **Current**

President, Wisconsin Counseling Association, 2008-2009

President Elect, Wisconsin Counseling Association, 2007-2008

WCA Representative, Wisconsin School Counseling, 2006-present

*The Wisconsin Counseling Journal* Editor 2007-present

*Adultspan* Journal Associate Editor 2006-present

*Adultspan* Journal Editorial Board Member, 2005- present

Evaluation and Research Committee Co-Chair, Wisconsin School Counseling Association, 2006-2008

VP Post Secondary Education, Wisconsin School Counseling Association, 2006 to 2008

Ethics Chair, Wisconsin Counseling Association, 2006-present

Research Chair, Association for Adult Development and Aging, 2006-2007

Research and Grants Committee, Wilderness Education Association, 2005- 2006

## **Previous**

Wisconsin Association of Counseling Education and Supervision representative, 2005-06

Chair Membership and Professional Development Committee, Association for Adult Development and Aging, 2005-2006

Member Awards Committee, Association for Adult Development and Aging, 2005

Member Awards Committee, Wilderness Education Association, 2005- 2006

Chi Sigma Iota, University of Arkansas,

Secretary: Rho Alpha Beta Chapter, June 2003-present

Newsletter Editor, Rho Alpha Beta Chapter, June 2002-June 2003

Association of Experiential Education, Heartland Regional Board  
Secretary, 1991-1995

National Park Service, North Country National Trail Committee  
Representative for the State of Wisconsin, 1981-1983

## **Awards and Honors**

Nominated for the 2009 American Counseling Association Arthur A. Hitchcock Distinguished Professional Service Award by two faculty from UW Oshkosh.

Awarded University of Wisconsin-River Falls, College of Education and Professional Studies Outstanding Faculty Member Award 2008-2009

Nominated University of Wisconsin-River Falls, College of Education and Professional Studies Outstanding Faculty Member Award 2008-2009 by fellow faculty

Professional Development Grant- University of Wisconsin River Falls, 2008-2009

Professional Development Grant- University of Wisconsin River Falls, 2007-2008

Professional Development Grant- University of Wisconsin River Falls, 2006-2007

Professional Development Grant-University of Wisconsin River Falls, 2005-06

Lupton Faculty Professional Scholarship-University of Tennessee at Chattanooga, 2004

Outstanding Doctoral Student-University of Arkansas, Department of Counselor Education, 2003

Outstanding Chi Sigma Iota Member-Alpha Rho Beta Chapter, University of Arkansas, 2004

Emerging Leader, American Counseling Association, 2004

Doctoral Fellow-University of Arkansas, Department of Counselor Education, 2001-2004

Chi Sigma Iota, 2002-present

Phi Kappa Phi Academic Honor Society, 2004-present

Association for Experiential Education Annual Conference Scholarship-Association for Experiential Education International Conference, Vancouver, BC Canada, 2003.

Dean's List-University of Wisconsin-Stout, 1983-84

Dean's List-University of Wisconsin-Madison, 1978-80