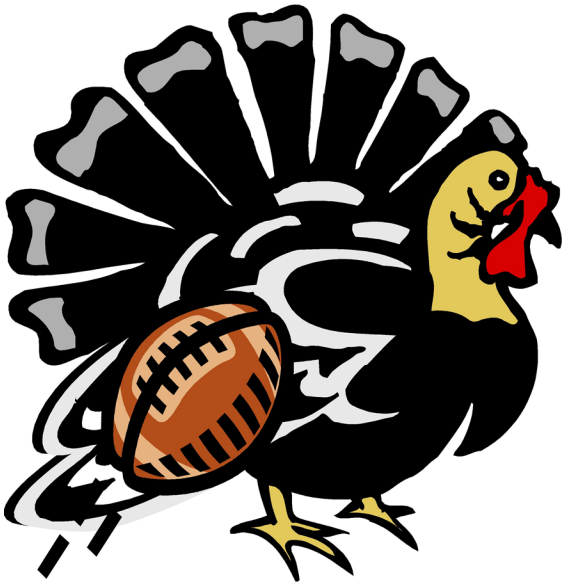
Wear your Turkey Trot shirt to the **Falcon Football game vs. Stout at 1pm** and your admission is free!



Make checks payable to HPE CLUB

Thank you for your support and participation!

- Health and Physical Education Club

Please send registration form and money to:

Attn. Alexis Campbell

Health & Human Performance

Karges Center, Room 111

UW-River Falls

410 S. 3rd Street

River Falls, WI 54022

15th Annual

Turkey Trot

5K Run/Walk

November 9th, 2013

Presented by the Health & Physical Education Club

Date: November 9, 2013

Check in: Pavilion inside the UWRF Track across from Concession Stand next to RAMER Field

Park in lot by Knowles/Ramer Field

7:00— Registration

8:00 — 5K Begins

Pre-registration Postmarked by October 25th

Make checks payable to HPE CLUB

$20 Entry Fee (T-shirt Included)

$25 Late Fee (after 10/25)

Registration form can be found online at

www.uwrf.edu/hhp

(linked provided)

The Trot Route:

Begins in front of the Zamboni door behind hunt arena and finishes on the track. You will enjoy a scenic tour of our beautiful campus!

Awards: Awards will be given to the top 3 in each division and door prizes will be given out at the end of the race.

Divisions: Men's & Women's

*Under 12	*30-45
*13-18	*46-59
*19-29	*60 & over

Questions Contact:

Dylan Greske
Phone: 651-795-9346
Dylan.greske@my.uwrf.edu

Alexis Campbell
Phone: 608-780-0917
Alexis.campbell@my.uwrf.edu

Registration

Name: _____

Address: _____

City_____ State ____Zip _____

Age _____

Female ___ Male ____

T-Shirt Size

Small ____ Medium ____

Large ____ X-Large _____

XX-Large ____

(All adult size shirts)

Race: 5k _____ Walk _____

Liability: In consideration for allowing me to run or walk in the Turkey Trot, I will not hold University of Wis River Falls, sponsors, or staff responsible for any personal injury or loss resulting from participation.

Signature:

_____

E-mail:

_____